

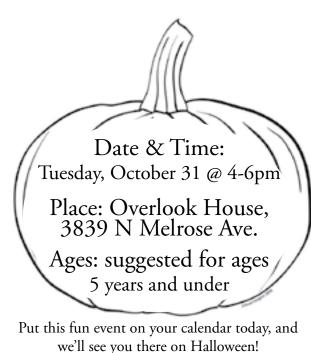
Join the Overlook Neighborhood Association Board - Elections in September

The Overlook Neighborhood Association is hosting board elections in September and we welcome your voice! Help make positive and inclusive changes in our neighborhood. Run for a Board Seat September 19, 2017 6:30 PM – 8:30 PM Location TBD. We hope you'll join us! Board Votes to Change Bylaws At our August General Meeting (Tuesday, August 15 at 6:30 PM at Lucky Lab), we will put to a public vote Bylaws amendments that affect our membership definition and elections. You can find details on our website, OverlookNeighborhood.org, no later than August 8.

Don't miss The Annual Little Children's Halloween Party at Overlook House

Wee butterflies, watermelons, magicians, superheroes and princesses will love playing games and creating crafts. We'll have healthy snacks, and who can resist dancing under the disco ball? We'll have self-serve prizes and spooky toddler fun galore!

Can you volunteer a few hours to make this popular event even more fun? Extra helpers are always needed for setup, activities during the event, and clean up afterward. Please email OverlookHouseEvents@gmail.com for more info, or to let us know your availability.





Up North Surf Club 1229 N Killingsworth St October 11 at 6:00PM

Connecting Local Businesses

After a brief hiatus, the Overlook Business Speakeasy has returned to connect small business owners in the Overlook Neighborhood. This next meeting will be held at Up North Surf Club @ October 11th at 6:00 pm. Feel free to e-mail Jeremy@mds-architecture.com if you would like to be included on the reminder list.

Summer in Overlook, A Message from our OKNA Chair By Chris Trejbal

Your Overlook Neighborhood Association has been busy this summer working on quality of life and public safety issues. Foremost among them have been ongoing mediation sessions with the Hazelnut Grove homeless camp and discussions with Adidas about parking around their North American headquarters.





Are You New to Overlook?

Welcome to the neighborhood! We're excited to get to know you and share what's happening in your backyard. We'd love to meet and get to know you at one of our events or monthly board meetings, which are always open to the public. You can also stay connected by subscribing to our weekly emails at **info@overlookneighborhood.org**. We hope to see you soon!



Help Us Deliver Our Neighborhood Newsletter

We're looking for volunteers to help deliver our newsletter four times a year.

Benefits?

- Easy volunteer opportunity (It's about one hour, just four times a year.)
- Learn your neighborhood
- Meet some neighbors and buisness owners!

Contact: Alan Cranna at ascran3@hotmail.com or views@overlookneighborhood.org

Interstate Lanes RIP

"Food, Fun & Libations. We never forget that you come here for fun. Keeping the spirit of bowling alive at Allen's Crosley Lanes!" the end of an era 1962 - 2017



Photo by Merideth Boe taken June 23 2017



By Leslee Lewis, Sustainability Chair Hot enough for you?! Ok, I'll admit I'm enjoying the string of low 80's July days (thankfully, it's cooling off at night!), while knowing deep down that these temperatures are deeply wrong for July in Oregon. All the news - of ice shelves, coral reefs, and wildfires – is confirming that the climate is changing, and fast. So being a non-'denier' and

the trained designer that I am, I can think of this

as a problem that 'just' needs a design solution to get us out of this mess. And knowing that our (my) lifestyle choices determine what kind of 'carbon load' we (I) contribute to the atmosphere, and feeling responsible in our (my) first-world privilege for at least some of the situation we are in, I wonder, what can we (I)

personally do to reduce our (my) negative effect on the carbon load in our atmosphere?

Okay, I'll drop the we/I and just talk about me. Sound good? I've wondered what would it take to bring my carbon footprint down to the point where it's actually sustainable...and what that level would be. I'd looked for this piece of information a few times over the years, without much success. Then I found it. Three tons of carbon per person per year is what at least one group considers a sustainable level for the first world. So now I know. And I've done it. So WE can do it.

Along with wanting to bring down my carbon footprint to minimize my contribution to the carbon in the atmosphere, I've had some parallel motivations, the first change being this: I wanted OUT of my car. I was hating my commute: Get out of the house and into my metal box. Drive to work, park that damn box, come back to it after the workday, and drive home with all the other folks alone in their metal boxes. Such a stupid reason to burn hydrocarbons, regardless of how common it is in our culture. So in 2008 when my lease was up, I found a space closer to the MAX line and moved my business so I could take MAX instead of driving. The new commute: a 5 minute walk to the station—seeing the dawn, hearing the birdsong, saying hello to a neighbor on the platform—a quick ride downtown and a 15 min ute walk to work. Do it all in reverse at the end of the day. Way cheaper (we gave up car #2), I'm out among people, under the sky, in the elements, and getting in two miles of walking every day. So, better health for me AND I'm dumping less carbon into the air! THAT'S a win/win.

After a few months of walking those 2 miles a day, I realized it wouldn't be hard to walk all the way if I wanted to, so I started walking 4-5 miles some days. Occasionally 6 (all the way in and back by foot). I loved being outdoors more, and didn't miss being in the car at all. I hadn't liked how isolating the car felt, and I started looking forward to riding the train with other neighbors, and walking through the city in all its lively energy. Errands? If I can't carry what I need, that's what weekends are for. And there's always Car2Go in a pinch.

A year or two later a friend told me that we can

Sustainable Overlook wants to hear and share neighbors' stories of their efforts to move to more sustainable habits and lifestyles. Email us at **sustainable@overlookneighborhood.com** - let's talk and write up your story for the Views.

make the biggest changes in our carbon footprint by 1) reducing the square footage of our home (thereby reducing the energy needed by our living space) and 2) reducing our commute. The commute was handled, so I started thinking about home energy usage. I didn't want to move away from my garden so a move to a smaller house was out. But I wondered if I could make big improvements in the energy we used in our drafty old 1909 foursquare. In cold weather, it sometimes felt like the furnace was running all the time, and it drove me crazy to think that the heat was coming out of the registers and going straight out the walls and windows. So we insulated the walls first (the attic had some old insulation already). Sev-

"In cold weather, it sometimes felt like the furnace was running all the time, and it drove me crazy to think that the heat was coming out of the registers and going straight out the walls and windows."

eral years later, when a group purchase was happening in NE Portland, we installed rooftop pho-

tovoltaic panels. It was great timing: incentives were still high but panel prices had come down. Three years later, we had Energy Trust of Oregon do an energy audit of the house. The subsequent project buttoned up the house by sealing leaks, replacing a few windows, and adding some (locally designed and made) interior storm windows. We also added insulation in the attic. The whole project was financed

through our utility bills.

At each step we could immediately see the difference in our electricity and gas usage, not

to mention the house being noticeably warmer and less drafty in cold weather and cooler in hot weather. The solar panels, though I haven't calculated the carbon footprint for their manufacture, have substantially reduced the amount of electricity we buy from PG&E – at first we produced

about half of the electricity we used, but after the insulating project we are now producing 65 to 70% of the electricity we use per year.

Next came what is for many of us the most difficult piece of bringing down our personal carbon footprint – travel. As child of the 50's in America, born into a life of tremendous privilege, I was used to the assumption that I had an unassailable right to travel the globe as much and as often as I wanted to and could afford. But if I'm honest, I know now that air travel has a HUGE carbon footprint. Each long haul trip-coast to coast or across an ocean—is at least 3 tons! I've already visited Europe five times in my life, and it feels like I've already used up (or rather, polluted) more than my fair share of the clean air of this fragile planet.

Whereas before, I flew across the country or to Europe whenever I had the urge and when low air fares and breaks from work converged, I now limit air travel pretty substantially. So instead of trips to the other coast, or quick jaunts 'across the pond', I stay home and spend time in my garden, or take the Bolt Bus to Seattle to visit family and friends. Maybe an occasional flight to LA, also to see family and friends. But mostly I've kept close to home—staycations.

Last summer, when Sustainable Overlook and Trillium School sponsored a workshop to calculate a household carbon footprint, I jumped at the chance. Neighbor Mike O'Brien (Portland's

longtime green

building expert)

took my one-year

estimated air and

vehicle travel

miles, and my

gas usage, and

actual electricity

usage and natural

"At each step we could immediately see the difference in our electricity and gas usage, not to mention the house being noticeably warmer and less drafty in cold weather and cooler in hot weather."

> calculated my rough carbon footprint from those major sources. The result? Six tons of carbon produced by my husband and me. Three tons apiece. We actually hit the suggested sustainable level for the first world.

Wow! Mike and I were both surprised. Actu-

continued pg 3

Attic Insulation Insulation savings \$150 year Cost Recovery: 2-6 years

Double Pane Windows Replacement savings \$80 yea Cost Recovery: 5-6 years

Lighting Replacement savings \$50 yea Cost Recovery: 6 months

Hot Water Heater Insulation Insulation savings \$20 year Cost Recovery: 1 year

Heat / Air System (HVAC) Replacement savings \$300 year Cost Recovery: 4-6 years

ally, Mike (who has much more knowledge than me, and a sense of what to expect) was REALLY surprised. Admittedly, this was a fairly crude run at a total household carbon footprint—if you really want to drill down into details, you look at the amount of meat you eat, and perhaps the carbon footprint of manufacture of your car, or appliances, etc. But for a quick sense of it, those four pieces of data will suffice: a one year total of air travel miles, vehicle miles, electricity usage, and natural gas or heating oil usage.

Now I know it's not only possible, but highly doable. Because I've done it. It's no hardship-life is really good, I'm healthier, and my community is







a bit healthier as well. It took some easy steps leading to more steps that seemed easy as well...a bit of imagination, willingness to try something new (or old, like walking!) and questioning the assumptions you held to be true. What's stopping us?

According to Union of Concerned Scientists: In 2011 US per capita carbon footprint =17.62 tons per year. 2011 US responsible for 17% of world's carbon emissions from the consumption of energy. http://www.ucsusa.org/global_warming/ science_and_impacts/science/each-countrys-shareof-co2.html#.WW1VmDOZN0I



Yoga Classes At **Overlook House**

Hatha yoga classes are offered at the Overlook House on Mondays & Wednesdays from 5:30 - 6:30pm. Beginner to experienced, all are welcome. Outdoor classes when whether permits! Want more information? Email instructor Ruth Oclander directly at ruth.oclander@ gmail.com.

Overlook House Neighborhood Discount!

Overlook House is a great location for celebrat ing that special birthday, family reunion, memorial gathering,

anniversary, or other lifetime event! Are you getting ready to celebrate a graduation, business or social meeting? Did you know neighborhood residents receive discounts on Overlook House rentals? There are a few limitations: One application per household per year and proof of your Overlook residency. Not available May-October weekends and other limitations may apply.

OKNA Elections Sept. 19 at 6:30PM

The Overlook Neighborhood Association will hold its annual meeting on Sept. 19 at 6:30 PM. (location to be announced). At that meeting, members will elect the OKNA board for the next year. We seek people interested in helping to lead our neighborhood, to take on the issues we confront as a community, and to organize fun events for neighbors. If you're interested in running for the board or have questions, send an email to me at chair@overlookneighborhood.org.

Hazelnut Grove Mediation

After Mayor Ted Wheeler visited the Overlook Neighborhood in March, the city asked OKNA to enter into a facilitated discussion with Hazelnut Grove to develop a good neighbor agreement. The goal

is to find mutually agreeable rules and principles that could improve relations between the neighborhood and the homeless camp.

Despite some initial delays in starting the process, the conversation between the camp and OKNA representatives has

been taking place this summer. These are challenging discussions with several fundamental differences emerging, but we continue to have

productive discussions and learn more about each other.

I'm pleased to report that we are making slow progress toward an agreement that will

improve safety, especially fire safety, for Overlook. As part of the discussions, we are also working with the city to develop a plan for relocation of the camp. We still have a ways to go, but as of this writing, a path forward remains possible. That said, before the neigh-

borhood signs any agreement,

we will bring it to the full OKNA membership for discussion and a vote. If things progress well, that could be as soon as the fall.

Neighbors who live near the Adidas campus in recent months have experienced a dramatic increase in the amount of parking on residential streets. Adidas employees and guests were filling spaces, leaving trash, and generally causing headaches for neighbors who wanted to park near their homes. A delegation of OKNA board members and neighbors met with Adidas to share our concerns and look for solutions.

The meeting went very well. Adidas committed to reducing traffic and parking on the streets. They will encourage employees to use available parking and other means of transportation than cars.

They also will move five divisions to other sites in Portland to reduce the parking demand.

All of the changes will take a few months, but after the meeting the delegation was optimistic that we are on a path to resolving the parking problems and developing better relations between neighborhood residents and one of Overlook's largest employers.

In the meantime, if anyone has concerns or compliments for Adidas, they have set up an email specifically for us. Send your comments to overlook@adidas.com. Company officials have pledged to reply within a few days.

Section





Overlook Neighborhood Sold Listings | April - June, 2017

Address	Sq Ft	Beds / Baths	List Price	Sold Price	Days on the Market
1480 N Jarrett St #102	387	0/1	\$187,000	\$187,000	22
1480 N Jarrett St #101	387	0/1	\$187,000	\$187,000	20
1480 N Jarrett St #203	477	0/1	\$195,000	\$195,000	7
1480 N Jarrett St #304	477	0/1	\$196,800	\$196,800	7
1480 N Jarrett St #303	477	0/1	\$199,000	\$199,000	3
1480 N Jarrett St #204	477	0/1	\$200,000	\$200,000	2
1480 N Jarrett St #104	556	1/1	\$230,000	\$230,000	32
1480 N Jarrett St #103	556	1/1	\$230,000	\$230,000	6
1480 N Jarrett St #201	556	1/1	\$247,000	\$247,000	9
1480 N Jarrett St #202	556	1/1	\$247,000	\$247,000	6
1480 N Jarrett St #301	556	1/1	\$252,000	\$252,000	4
3970 N Interstate Ave #104	822	1/1	\$282,000	\$274,000	5
2104 N Sumner St	720	2/1	\$333,000	\$320,000	4
1551 N Webster St	972	2/1	\$370,750	\$350,000	5
1614 N Webster St	9683	1.1	\$395,000	\$375,000	8
1223 N Alberta St	1968	2/2	\$399,999	\$390,000	43
5717 N Greeley	2377	3/2	\$425,000	\$519,900	282
5706 N Boston Ave	2000	3/1	\$426,500	\$400,000	20
1218 N Simpson St	1288	2/2	\$450,000	\$389,900	5
5835 N Burrage	1734	3/2	\$426,500	\$450,000	6
2315 N Emerson St	2960	4/1.1	\$453,000	\$475,000	22
5603 N Minnesota	2080	4/3	\$475,500	\$425,000	6
1541 N Prescott Ave	1874	3/2.1	\$482,500	\$482,500	10
5834 N Maryland Ave	1822	3/1	\$488,500	\$449,500	4
3945 N Montana Ave	2299	3/3	\$554,000	\$559,000	143
2433 N Humbolt St	2472	4/2	\$555,000	\$525,000	4
5006 N Denver Ave	2322	3/1.1	\$556,000	\$479,900	5
1533 N Prescott St	2410	3/2.1	\$575,000	\$575,000	8
5915 N Boston Ave	2607	4/2.1	\$615,000	\$625,000	25
1533 N Jarrett St	3040	4/3	\$823,000	\$825,000	86



Information generously provided by your Overlook neighborhood realtor: Sandy Moore - Broker / Founder of Bellmoore Realty * 503.683.2626 Sandy@PortlandHomeGuy.com & BellmooreRealty.com



Did you know that The Alibi Restaurant and Lounge is one of the oldest continuously running tiki bars in the country? Opened in 1947, it is a beloved, transcending, and iconic institution in Portland. The Alibi Restaurant & Lounge in the Overlook Neighborhood in North Portland is hitting a milestone next month. We are celebrating our 70th year in business with an outdoor event located in our transformed tiki parking lot oasis!

This event will be from 12pm to 7pm and host local and regional tiki vendors, an outdoor Polynesian luau feast, shaved ice cart, and outdoor beer garden. We will have surf rock bands Don and the Quixotes, The Apollo Four, and live band karaoke featuring Karaoke from Hell. You can also ride the mechanical shark, and there will be games and activities for kids. In addition, we will be hosting a charity dunk tank, featuring local celebrities, to benefit the Boys and Girls club of Portland. We look forward to seeing you there!

Youth Study of Overlook: A Great Neighborhood for Families

By Kay Kennett

Kay is the Community Liaison at Trillium Charter School, working to build and maintain school-community partnerships that help students make meaningful connections between academic content and the real world.

What is a neighborhood? Houses. Families. Friends. Pets. Trees. Flowers. Shops. These were the most common responses by the 2nd and 3rd grade students of Trillium Charter School, at the beginning of an 8-week Geography unit centered on this question.

W4.

When I was their age, my teachers posed more straightforward questions like "What are the 50 states and their capitals?" AL-Montgomery, AK-Juneau, AZ-Phoenix. Yet, I did not have the frame of reference to comprehend the totality of a city, let alone a whole state or nation.

Kids these days aren't much different, because comprehension of size, scale, and spatial relations is more developmental than generational. At ages 7-9, our world's center is the place where we live, while its outermost limit is about a 1 mile radius, or the length of the route from home to school.

By centering our curriculum on the neighborhood, I was able to teach concepts rather than facts, guiding students into the weeds of new urbanism. Examples of transit-oriented development, mixed-use development, creative placemaking, and urban farming lay just outside our doors, and so we went. Enter-the Overlook neighborhood. The best case study we could have asked for.

What made the unit all the more appropriate was the coincidence of its timing with Bike/Walk to School

Month. Each of three classes took five walking field trips in Overlook, themed on Infrastructure, Green Space, Goods, Services, and Arts & Entertainment. At the end of the unit, students had identified 30 points of interest within walking distance of Trillium.

During the Infrastructure themed week, I instructed students to keep a tally of hazards specific to heavy congestion areas, such as cars obstructing the sidewalk. Ultimately, the most noted offenders were broken glass and cigarette butts.

From our Green Space themed week, emerged the distinction between public and private land, thanks to Overlook residents Marci Macfarlane and Jan-Marc Baker. Marci described the process of transforming Portland Water Bureau property to park space, through a commitment to stewardship by artists in residence; which planted seeds of a Patton Square HydoPark in our minds. Jan Marc explained why he puts as much effort into tending the right of way as his front yard-because it provides public and environmental benefits, inviting hungry passersby and pollinators rather than let it lay dormant.

Next, we learned about land for commercial use, spending Gerle two weeks surveying Overlook businesses, separating them into goods and services, and categories within each. Students identified Hobbies Unlimited and Patton Maryland as the best businesses for families. Gree, who lives in the neighborhood, goes to Hobbies Unlimited all the time. In his final reflection, he wrote: "I once got an agate rock that is from the Columbia River. It is really big and has flat parts."

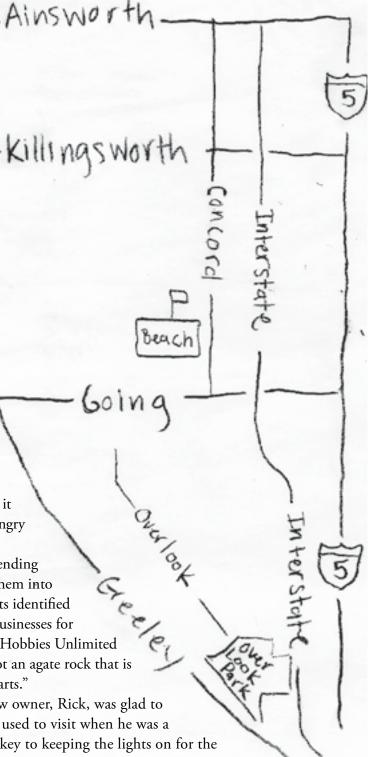
After a long career driving for Trimet, Hobbies' new owner, Rick, was glad to step in at a critical moment in its 80 year history. He used to visit when he was a child, and understands that youth engagement is the key to keeping the lights on for the decades to come.

Molly, Irma, and Mihai wrote about Patton Maryland. "It is not one of those big restaurants like McDonald's. They have food for all eaters, vegans and vegetarians. The menu is inspired by foods the manager's mom made when he was a kid. He gave us each a pork sandwich and chocolate milk to try. We rated it five stars."

In the absence of theaters and music venues, our Arts & Entertainment-themed week focused on public art. Pascale, who lives in the neighborhood, reflected "My neighborhood has a lot of public art, which is great, because it brings community together. People sometimes need a reason to come together."

I sent one group North on Interstate, to view pieces in the Trimet Public Art Program. On their way, the construction at Interstate Lanes stopped everyone in their tracks. Many had made family memories at the lanes. We looked at the NO TRESPASSING signs and couldn't help but chuckle at where someone had written I LOVE BOWLING. Back in class, a debate on the differences between graffiti and public art would ensue.

At the end of the unit, students designed their own "great" neighborhoods in groups. Just like real neighborhood associations, they were asked to strike a balance between what their residents would need and what they would want. Ultimately, there were still a few candy stores. What makes a great neighborhood? Tiny House. Biketown Station. Community Square. Weird Stuff. Can you tell they go to school in Overlook? To pre-order a copy of our Guide to the Overlook Neighborhood for Youth & Families, contact me at kayk@trilliumcharterschool.org.



"On their way, the construction at Interstate Lanes stopped everyone in their tracks. Many had made family memories at the lanes. We looked at the NO TRESPASSING signs and couldn't help but chuckle. Someone had written I LOVE BOWLING"



"This neighborhood is beautiful. There are so many flowers!" exclaims Cecilia, as Berlin and Esme head for the Little Free Library. Overlook is a pollinator and literacy friendly neighborhood.



Phil Yien, owner of Blend Coffee, shows Abe and Colton how to work the Jelly Belly dispenser. This is just one of many amenities for children that he has incorporated, including books and chocolate milk.



Sarah Fuller, owner of NoPo Paws, explains her commitment to community to Scarlet. Proceeds from "In Our America" signs are donated to local organizations who support the values on the flag.



Lana's class celebrating their trip to the Going Street pedestrian bridge. That's a 1 mile round trip! They used tally sheets to note the number of different types of businesses they saw along the way.

I Found Tiny Kittens! Now What?

Now appearing in a backyard, shed, or crawl space near you: a crop of kittens born to outdoor-living cats. Often, the first instinct is to grab the kittens, take them inside, and start making phone calls for help. But before you do this, remember that unless

you are absolutely sure the mother is dead or removed from the area, she will probably be back shortly to care for her kittens. She may be eating, hunting, or hiding, hoping you'll leave so she can come back to her nest.

Kittens need their mother until at least six weeks of age. She feeds them exactly the

right food, keeps them clean, and teaches them valuable feline life skills. If the momcat senses you intend to move them, she'll probably do it herself and you may not find them again. So don't disturb the kittens, no matter how irresistible they look. Leave food in the area of the nest but not right next to it, so predators aren't drawn to the babies

by the food.

Keep an eye on the kittens from a distance. If the momcat hasn't returned and the food is still untouched in 24 hours, give the Feral Cat Coalition of Oregon a call and they'll help you through the next steps. It's expensive, tiring, and time-consuming to bottle feed a litter, so you don't want

> to take that on unless the kittens are truly orphaned. If the momcat does come back, give her plenty of high-quality food and fresh water. If she seems friendly, you may be able to bring her and the litter inside. If the mother isn't approachable, continue to provide food

and water and contact the Feral Cat Coalition of Oregon for advice on capturing and caring for her and the kittens.

If you don't have time to help or can't decide what to do, please call Animal Rescue & Care Fund at 503-402-8692.



Overlook NET Joins Forces

By Mitch Bixby

Overlook Neighborhood Emergency Team, or NET, joined forces with Arbor Lodge NET on Saturday, July 15th for their first ever combined callup exercise. Callup exercises allow the team to test and to practice our skills, review our plans, and meet the neighborhood. Eight NET-trained team members took part from Overlook, as did several of our neighbors, meeting at Beach Elementary and the intersection of N. Omaha and Jessup Streets.

For Overlook NET, 'going through our paces' means testing our radio plan, collaborating with the fire station on N. Maryland, and looking for gaps in our current plan. As expected, we learned a great deal about our process, and had a good time doing it! Watch for our 'after action report,' or AAR, online at www.portlandprepares.org/overlook or stop by our next meeting at Lucky Lab on Killingsworth (August 14th, 6:30 PM - 8 PM). Overlook NET can be found on Facebook at www.facebook.com/ OverlookNET.



Join us for our next Neighborhood Emergency Team (NET) meeting! Monday, August 14 at Lucky Lab on Killingsworth from 6:30 PM - 8 PM



Why Not Have a Block Party? Get To Know Your Neighbors! By Michelle Thompson

It's summertime, and the living is easy and outdoors—a great time to get to know your neighbors! Getting together can be as simple as gathering in one neighbor's garden or as elaborate as your street-closing. The benefits are innumerable, but one good reason to plan a gathering now is for your own safety. Neighbors who know each

other by name can more easily look out for each other, develop relationships, share resources and, in the case of a disaster, will help each other survive and thrive before first responders arrive.

Your Neighborhood Emergency Team dreams of the day when every block has had at least one gathering to get acquainted; your strong ties will make search/rescue and fire-fighting easier. This first meeting is a great time to trade names, local contact information, and important information about your house, like where the gas and water shut off valves are. Many neighbors are actually mapping this info on a paper map to share with first responders.

If safety is your focus, knowing each other, each 6 others' pets, and general schedules is helpful for

preventing or interrupting burglaries, package theft, and car creeping.

If your block neighbors already know each other, consider making an emergency plan together: Where will you meet, which home can be a child/elder/injured care site? Who are the out of area contacts who'll need to know you are OK (or

"Neighbors who know each other by name can more easily look out for each other, develop relationships & share resources."

not OK)? What equipment und skills do you all possess that will benefit your collective survival? Your Overlook NETs will be happy to help organize this information sharing with pre-made forms to com-

plete and ideas to make it a productive meeting.

My block has been having summer block parties for at least 30 years and it's been great to watch the kids who were little grow up and return to party as adults with us. We went through a period of years with no little children, and now we've got a block full of them again, which means games and a whole new vibe to our gatherings! It feels great to know I will know who to help, and who will be there to help me, should it ever come to that.



Summer is almost over but there is still an opportunity to get outside and get to know your neighbors! Block parties are a great way to bring a bunch of neighbors together and not only have some fun, but also stay coordinated about a whole range of neighborhood issues including safety and crime prevention, disaster preparedness, and more.

Overlook has a long tradition of hosting annual block parties. If your block or street isn't one of them and you'd like to get one going with your street or block, here are some quick tips and resources to help you on your way:

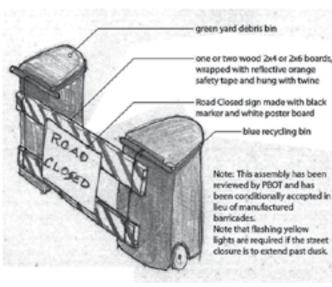
Portland's Office of Neighborhood Involvement (ONI) has some great online resources that give really helpful step-by-step instructions for organizing a block party: www.portlandoregon.gov/oni/33907

Organizing the event is especially easy if you can also get a couple of other people on your block to do a task or two. The biggest task of all is to secure the street closure permit, which is issued through the Portland Bureau of Transportation (PBOT) here: www.portlandoregon.gov/transportation/66080

In order to secure the permit, you will need to get approval from the majority of your street's neighbors by having them sign a form that gets turned in with the permit application (usually the city is looking for a neighbor acceptance rate of at least 80%). Street closure permits are a modest \$10 and noise permits are typically \$58.

One other big task is to secure or create the proper barricades for closing off your street. PBOT requires three Type I barricades at each end of the closed street. These barricades are the small foldout type and can be bought or rented at a variety of locations around town; the City keeps a list of vendors on the PBOT website listed above. Typically these barricades cost about \$50 to rent.

Another option that has been reviewed and approved with PBOT is to make your own! The diagram shown here explains how you can easily make a barricade for each end of your street by using your recycling and yard debris bins as ballast for hanging wooden 2x4 or 2x6's that are wrapped in reflective orange safety tape. You only have to cut and wrap tape around these boards once, and then you can reuse them year to year. Do note that if your block party will extend past dusk, you will need a yellow light, in which case the rented or purchased barricades may be a better option.



More than 25 adults and one child pitched in to make this year's cleanup event on May 20 a success. Convening at Bethel Lutheran Church, the volunteers spread out in all directions to pick up trash and remove graffiti along Killingsworth Street, Interstate Avenue, and Greeley Avenue. We very much appreciated the support that the church gave by allowing us to use their parking lot as our staging area. Big enough to accommodate the dumpster, the lot also gave us plenty of room to spread out and also allowed people to drive

in to deposit their bulky waste. Although this was the first time the cleanup event was held there, we hope it won't be the last! Thank you to the pastor, staff, and volunteers at Bethel Lutheran Church for all your help.

Volunteers received a beautiful organic



saving-time

This year, Sustainable Overlook organized its 7th consecutive neighborhood-wide Yard Sale on Saturday, July 22, with the corresponding Free Share following on Sunday, July 23. More than 35 households signed up to host yard sales, with the idea that it's always easier to attract potential buyers when many houses all band together to entice bargain hunters and treasure seekers. Any items not sold on Saturday were set out curbside the next day as a free offering to those who might need it; thus, it's called the Free Share. Beyond being a great way to advertise for all



Overlook Neighborhood 2017 Cleanup – a Success

By Alan Cranna and Cynthia Sulaski

tomato start grown by Overlook neighbor and Resilience Design owner, Mulysa Melco, and enjoyed tasty pastries from Grand Central Bakery and hot coffee from Blend. Thank you to our generous neighborhood businesses for those donations.

Thank you to our following sponsors: the Bureau of Planning and Sustainability, Metro, North Portland Neighborhood Services, the Graffiti Abatement Program, and the Overlook Neighborhood Association. We couldn't have produced such results without their financial, technical, and promotional assistance.



DLS ends at 2:00 AM on Sunday, November 5

Daylight saving time in the United States was not intended to benefit farmers, as many people think. Contrary to popular belief, American farmers did not lobby for daylight saving to have more time to work in the fields; in fact, the agriculture industry was deeply opposed to the time switch when it was first implemented on March 31, 1918, as a wartime measure. The sun, not the clock, dictated farmers' schedules, so daylight saving was very disruptive. Farmers had to wait an extra hour for dew to evaporate to harvest hay, hired hands worked less since they still left at the same time for dinner and cows weren't ready to be milked an hour earlier to meet shipping schedules. Agrarian interests led the fight for the 1919 repeal of national daylight saving time, which passed after Congress voted to override President Woodrow Wilson's veto. Rather than rural interests, it has been urban entities such as retail outlets and recreational businesses that have championed daylight saving over the decades. http://www.history.com/news/8-things-you-may-not-know-about-daylight-

Yard Sale Free Share Reveals Neighborhood Treasures

By Josh Cabot of Sustainable Overlook

of the sales at once via a free map showing the participating homes, this event encouraged all of us to get out there, meet our neighbors, and hope fully create new life cycles for items that may have run their useful course in one particular home. Creating new life cycles for unused materials spares our landfill and frequently fulfills a need (or maybe just a "want") for another neighbor in the process, which contributes toward building a more sustainable Overlook.

Sustainable Overlook is a volunteer group that has been organizing events and educational

Back-Jo-School Safety Tips

by Merideth Boe

It's back to school time and a great opportunity to talk to your kids (again and again) about keeping their bodies safe. Here are some updated tips I found at http://safelyeverafter. com/tips.html

- Remind your children: safe grownups don't ask kids for help (a parent with kids is safe grownup)
- Never leave young children unsupervised
- Replace the word "stranger" with "tricky person" It's not what someone looks like, it's what they say or want to do with a child that makes them unsafe or "tricky".
- A tricky person can be someone you know well, don't know at all, or know just a little bit... like your mail carrier or the ice cream man. Anyone who tries to get a child to break their safety rules or hurt their body is not okay.
- Listen to your child. If they don't want to be around a particular person, such as a babysitter, relative, or family friend, don't force them. They may be getting a "red flag" signal that you are unaware of.
- Be mindful of settings where older children have a lot of privacy with younger children. Keep doors open, especially during playdates.
- Practice personal safety strategies with your kids: what would they do if they were lost in a store? What would they say if someone asked them for directions or assistance?
- Do not write your child's name on the outside of any personal belongings such as a backpack or jacket.
- Older children should always use the buddy system whenever and wherever possible.
- "The uh-oh feeling": trust your instincts and let your child know it's okay for them to trust theirs.
- Establish a straightforward family rule: No secrets allowed, especially if it involves "private parts" or "uh-oh" touches. It's always okay to
- Let children decide for themselves how they want to express affection. Do not force them to hug or kiss another person.
- Spend time with your kids. Children who are starved for attention can be especially vulnerable to a predator's tricks.
- Volunteer at your child's school or other activities. Know who the people are who are interacting with your children.
- Develop strong communication skills with your child so that they will feel safe coming to you if something is bothering them.

opportunities in the neighborhood for the past 7 years. We are a small band of neighbors that are always looking for other folks interested in building the ecologic, economic, and social dimensions of sustainability here in Overlook. Although our efforts ebb and flow according to our own busy lives, we're committed to this effort and we're always looking for more neighbors to join. If you have an idea in mind or would just like to jump in and contribute in a limited volunteer capacity, please send us a quick note to sustainable@ overlookneighborhood.org.

Connecting Local Businesses

Want your business included? Send us your contact info, a few words about your company, and you'll be listed. It's that easy!

Have you always wanted to try Acupuncture? Now you can. Acu Pop-Up comes to you.

Bellmoore Realty LLC - 5520 N. Interstate Avenue - 503-922-2206 - BellmooreRealty.com - Sandy@BellmooreRealty.com

Katie Guinn is an artist and apparel designer. She specializes in bespoke garments and commissioned portraits. She creates hand painted textiles and original prints for the eclectic artistic dressers of the world. www.katieguinn.com-infokatieguinn@gmail.com-@katie_guinn_studio

Firelight Yoga - 1475 N Killingsworth St - 503-972-1987 - www.firelightyogapdx.com - holly@firelightyogapdx.com

inspiration, exploration and mess making for young artists. www.smartypantspdx.com

Get It Straight Organizing & Events 971-258-2050 www.getitstraightorganizing.com

Interstate Dental Clinic - 5835 N Interstate Ave 503-285-5307 Drwardinterstatedental.com

Investments for Developing Communities lisa@idcempowers.org - 971-400-2181 - idcempowers.org. Lisa Whitridge's non-profit provides education assistance and enrichment to local under served school children.

Tamara Maher – 503-285-1294 - www.tamaramaherlaw.com - tamara@tamaramaherlaw.com

MDS+Architecture, LLC: Contact: Jeremy Miller | Jeremy@mds-architecture.com | 503-867-5615

Emily Ordas - PDX Urban Real Estate - 503-267-4946 - www.emilyordas.com

Sirena Pictures – dreamscopepix@hotmail.com

United Advantage NW FCU – 1430 N Killingsworth St – uanw.org as a local credit union *Atomic Pizza*: More information at www. atomic-pizza.com.

Christina Arthur - Portraits for the Individual & Family: Contact: Christina Arthur | hello. christinaarthur@gmail.com | 503.473.7974 | www.christinaarthur.com

Living Room Realty: Contact: Jennifer Johnston Principal Broker, Oregon & Washington | jennifer@livingroomre.com | 503-784-2204 | www.livingroomre.com

ResQ Animal Massage: Visit us at www. resqam.com, Contact: Quimby Lombardozzi, CSAMP | quimby@resqam.com | 503-320-3857 | http://www.resqam.com

Spitz Mediterranean Street Food: Spitzpdx.com

Local businesses who have connected through Speakeasy Events





2016-2017 Board Members

Christian Trejbal – Chair, Digital Communications Alan Cranna – Vice Chair Tamara Maher – Treasurer Do you ever go outside in the morning and smell an oily, or chemical smell? It's pollution and it is not okay.





complaints/dcomplaint.aspx

Where to go?

OKNA Board Meetings 1st Tuesday Monthly 6:30 – 8:30pm Overlook House 3839 N Melrose Dr

OKNA General Meetings *No December Meeting* 3rd Tuesday Monthly 6:30-8:30pm Kaiser Town Hall Corner of Interstate & Overlook Blvd

Who to call?

Police Non-Emergency 503-823-3333 Abandoned Auto 24hr Hotline 503-823-7309

Crime Prevention Coordinator Sofia Chavier, 503-823-4094 sofia.chavier@portlandoregon.gov

Mark Wells, Neighborhood Watch and Foot Patrol 503-823-5532 mark.wells@portlandoregon.gov

Stay Connected!

For up-to-the-minute information about the Overlook Neighborhood happenings, go to www.overlookneighborhood.org and enter your email address on the home page to join our mailing list.

Have something to say? Submit a short item to OverlookNeighborhood.org with 'Post to List' in the subject line. All submissions sub-

that recently become open to the public.

Young Design Studio LLC, Architecture and Interiors - youngdesignstudio@gmail.com -971-222-5629 - www.youngdesignstudio.com

Crows Foot Construction LLC. CCB# 202888 Matthew Boe crowsfootconstruction@gmail.com

Rick Willworth, new owner since Sept. 1 of Hobbies Unlimited. We have many hobby products and parts such as R/C Planes, cars, 4x4's, dirt racers, boats, and a good selection of quadcopter drones. 4503 N. Interstate, 503-287-4090. Kent Hoddick – Secretary Cynthia Sulaski – Parks, Greenspaces & Trails George Spaulding – Public Safety Mike Shea – Land Use Leslee Lewis – Sustainability Mitch Bixby – At Large, NET Team Lead Noelle Smith – Editor, Overlook Views Merideth Boe - Overlook Views Layout Design



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Can't wait? 'Like" us on Facebook: OKNA in PDX and share your thoughts immediately.

Business neighbors: your commercial postings are welcome.

Overlook Neighborhood Association (OKNA) 2209 N Schofield St Portland, OR 97217 info@overlookneighborhood.org

chair@overlookneighborhood.org reaches the Board Chair, or you may leave a message at North Portland Neighborhood Services: 503-823-4524



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