



Overlook Views

Summer 2016

Overlook Neighborhood Association, Portland, Oregon
www.overlookneighborhood.org



Interstate Lanes has been sold to a developer who plans to build an apartment complex. It will be 5 stories tall, 180 units, and is not currently designed to have any commercial/community spaces on the ground floor. As neighbors and concerned citizens, we urge the developers and architects to make it a mixed-use building. Adding commercial spaces will benefit local residents by providing spaces that could be used for small businesses, nonprofits, community gatherings, child care facilities, etc. This would increase the desirability of the building and the neighborhood as a whole, and help ensure that Arbor Lodge develops in an economically and socially responsible way.

Changes Are Coming to Beach Elementary & Ockley Green Schools

by Vanessa Martinez – Beach Principal

Ockley Green will become a middle school with Beach, Peninsula, Woodlawn, and Chief Joe feeding into it in the fall of 2016. This means that Beach will be a K-5 school next year and that our current 5th - 7th graders will attend Ockley Green next fall. Some of the middle school program

highlights are: Spanish Immersion Program; Dance; Music (choir and band); Library; PE; STEAM: Science, Technology, Engineering, Arts, Math; Advanced Math; World Language in Spanish & Mandarin; Reading Specialist; School Climate Coordinator; Restorative Justice Coordinator; SUN School.

As a K-5 program at Beach, we will offer a core program that includes literacy, science/social studies, math, writing, art, PE, and library. Our students will be receiving technology during their library specials time taught by our Media Specialist as well as integrated throughout instruction with their classroom teacher. We'll also be continuing our popular PTA sponsored Playworks program, where students learn to resolve recess conflicts before returning to the classroom. Our

Beach SUN School will continue to offer after-school enrichment courses, homework assistance, and a healthy snack.

All the schools that are part of this transition are following a process and timeline that is providing our teachers the opportunity to move to

Ockley Green with our students. This process is being guided by Portland Public School's Human Resources department and the Portland Public

Beach will be a K-5 starting this upcoming school year and our current 5th - 7th graders will attend Ockley Green in the Fall as 6th - 8th graders.

School's teacher's union and is based on a combined seniority list for the feeder schools.

During this time of transition, my focus will be on providing students with the best possible program for next year. I am also meeting with the principals of Ockley Green/Chief Joe, Peninsula, and Woodlawn twice every week to help with the transition and planning for the opening of Ockley Green as our new middle school. I know that together we can create a robust program that will best serve the needs of our students and families.

Don't Miss

COTTONWOOD IN THE FLOOD

Performed at IFCC
May 26 to June 12

by Cynthia Sulaski

The Interstate Firehouse Cultural Center (IFCC) has been chosen as the venue for the staging of *Cottonwood in the Flood*, a drama about the African American experience in Oregon in the 1940s and the rapid rise and fall of the short-lived city called Vanport. Written by Rich Rubin and directed by Damaris Webb, this play will be presented as part of the 2016 Vanport Mosaic Festival commemorating the 68th anniversary of the Memorial Day flood that destroyed Vanport.

Cottonwood in the Flood will be performed on Thursdays, Fridays and Saturdays at 7:30pm and Sundays at 3pm from May 26 through June 12. Tickets will be available through BoxOfficeTickets.com or at the IFCC box office on the day of performance. The cost will be \$10-\$25 for general admission and \$5 for students and seniors.

This award-winning play will feature Anthony Armstrong, Jeb Berrier, Joe Gibson, S. Renee Mitchell, Theresa Park, Josiah (JP) Phillips, Jocelyn Seid and Jonathan Thompson.

Other events during the 2016 Vanport Mosaic Festival will include:

- Film screenings: Lost City, Living Memories: Vanport Through the Voice of Its Residents
- Reunion: Community celebration with former residents, now in their 80s and 90s.
- Photo Exhibit: Vanport: The Surge of Social Change at IFCC
- Lecture: Vanport: A Symposium on History, Memory, and Community
- Self-guided Tours: Welcome Home to Vanport walk/bike tour



For more information about the festival and individual events visit:
<http://www.vanportmosaic.org>

Follow the "Yellow Line"...to Overlook Park

by Cynthia Sulaski

Right at the start, I'm going to ask you for a favor. Mentally leap forward to Sunday, September 4. Envision blue skies and warm temperatures - no rain the entire day. Now hold that thought for the next 5+ months. Because that's when we plan to partner with Portland Parks to show another movie in Overlook Park. And, contrary to last year, it will not rain and we will not cancel!

We've selected the classic *Wizard of Oz* movie to show on Sunday of Labor Day weekend this year. We initially requested *Finding Nemo*, but learned that Walt Disney Pictures' restricted viewing time period didn't match our preferred date. Maybe next year we can make it work out.

I'll need help organizing the event, so contact me if you've got some time and interest in working together. Write me at movie@Overlook-Neighborhood.org.



2016 Preparedness Summit a Big Success!

On Saturday, February 20 over 100 neighbors and other Portland residents gathered for the second annual Resilience Summit on the theme of Preparedness, sponsored by Sustainable Overlook (SO) and the Overlook Neighborhood Emergency Team (ONET). The morning began with a terrific keynote presentation: *Surviving a 9.0: Lessons from Chile and Japan*, given by Geotechnical Engineer Allison Pynch.

That excellent – and sobering – presentation was followed by four speakers: Captain Corey Wilson from our own Station 24 spoke about Portland Fire & Rescue’s response strategy after a big seismic event; Ernie Jones from the Portland Bureau of Emergency Preparedness spoke about PBEM’s NET and BEACON programs; Mitch Bixby (ONET Team Lead) reviewed our Overlook NET Team’s efforts; and Leslee Lewis (SO, ONET Asst Team Lead) spoke about the Map Your Neighborhood block preparedness program and preparing your own home.



Geotechnical Engineer Allison Pynch giving the Summit’s Keynote Presentation, *Surviving a 9.0 - Lessons from Chile and Japan*

After a delicious lunch catered by our neighbor, New American Restaurant, there was more information and conversation at tables for NET, Phlush (the 4-bucket Emergency Waste System), and Thrive (freeze-dried foods); and an area with some ideas for your emergency food and supply stash. The day wound up with four more presentations: Emergency Radio Communications by John Beaton (ONET); Staging Areas and How They Work by Mitch Bixby; Food Prep Using Freeze-Dried Foods by Angie Smith (THRIVE); and Knowing Your Neighbors and Mapping Your Block by Josh Cabot (SO). Lots of food for thought! And neighbors went home with some concrete ideas of ways to increase their preparedness. As they say, “Luck Favors the Prepared!”

PROJECT: N Overlook Park Manhole Replacement

Environmental Services is designing a project to replace a deteriorating manhole that accesses a 105-year-old, brick-stone sewer located between N Greeley Avenue and Overlook Park. Replacing the manhole will help prevent sanitary sewer overflows and protect public health and the environment. A project map is available on the web page at www.portlandoregon.gov/bes/overlookpark.

SCHEDULE
Construction is tentatively scheduled to begin July 2016 and last up to four months. We will notify you again before construction begins.

FOR MORE INFORMATION
With questions or comments, please contact Cheryl Kuck at Cheryl.Kuck@portlandoregon.gov or 503-823-7898. To sign up for emailed construction updates, email Cheryl with “Overlook Park” in the subject line. Updates will also be posted on the project web page at www.portlandoregon.gov/bes/overlookpark.

WHAT TO EXPECT DURING CONSTRUCTION

- The manhole is located at the toe of the steep west slope of Overlook Park and provides access to the public sewer. Construction will not interfere with access to or activities in Overlook Park because the manhole is not part of park land generally accessed by park visitors.
- Crews will access the manhole from a dirt road off of N Greeley Avenue. While the project will not close or restrict any travel lanes on Greeley, the traveling public should be alert to slow-moving construction vehicles entering and exiting the construction zone off of Greeley. The equipment staging area will be located completely off of Greeley.
- Regular construction hours will be 7:00 a.m. to 6:00 p.m. Monday through Friday. The contractor may schedule work during the same hours on Saturdays.

Help Save Our Bees!

By Leslee Lewis

Many of you have read or heard about the crisis facing our pollinators, and especially our honeybees. We at Sustainable Overlook are very concerned, as should be anyone who likes to garden, or even just eat food! My own concern has been heightened – over the last year and a half, I lost three quarters of my honeybees. It is so sad to open a hive and see it full of honey, without a single live honeybee.

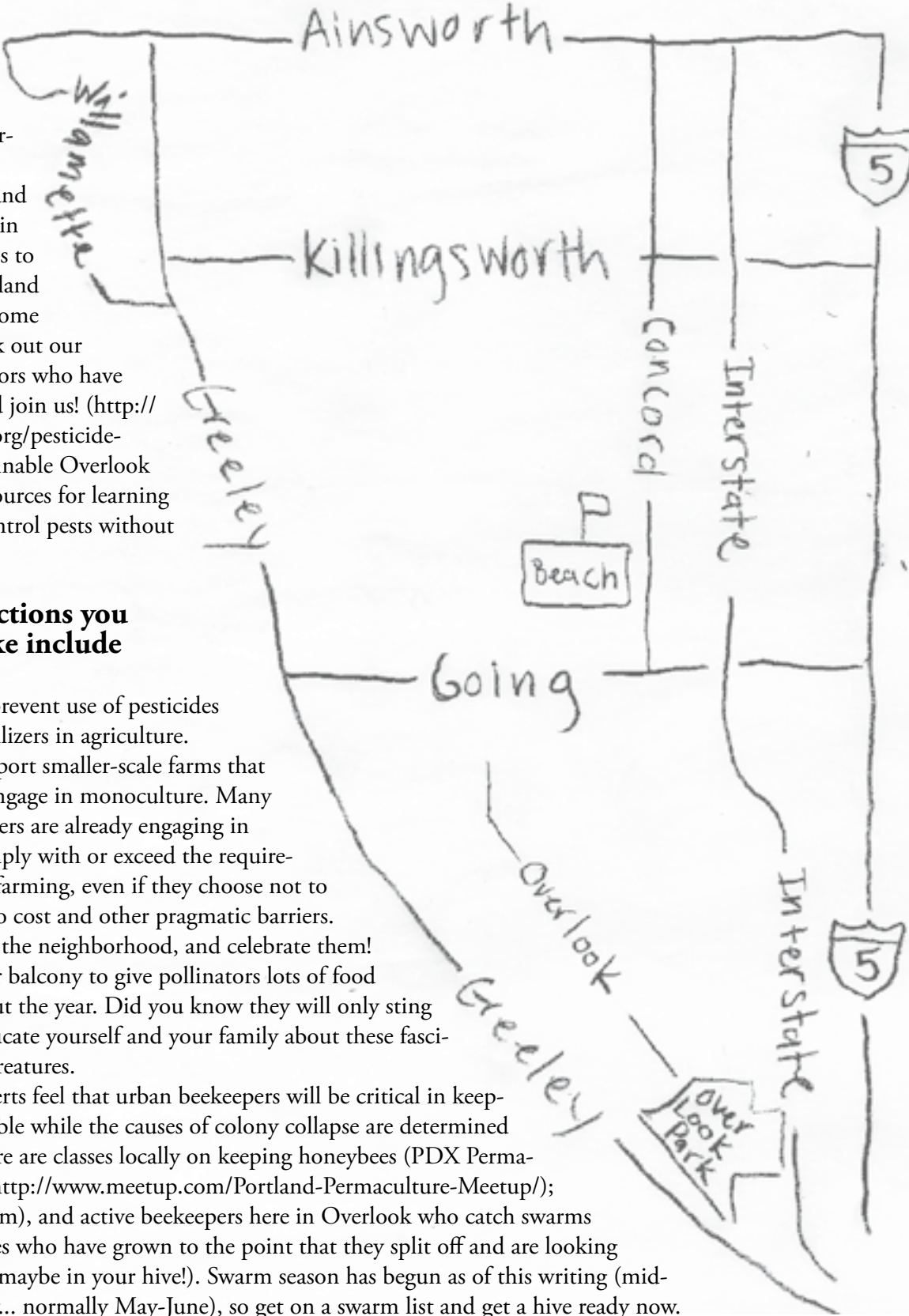
Pollinator insects, in their quest for their own food (nectar in the flowers of the plants) take pollen from one plant to another, providing the genetic material to cause fruit and seeds to develop. The past decade has seen a crisis developing in the unexplained deaths of millions of pollinators. The suspected causes include global warming (where their food sources bloom too early while pollinators are still hibernating), pesticide use, habitat loss and parasites. Since 2006, beekeepers have seen dramatic losses of honeybee colonies – 29% ANNUALLY. Pollination is necessary for 30 percent of the world’s crops and 90 percent of our wild plants to thrive. More than \$15 billion a year in U.S. crops are pollinated by bees, including apples, berries, cantaloupes, cucumbers, alfalfa (feed for meat and dairy animals), and almonds. Without bees to spread pollen, many plants—including food crops—would die off. U.S. honey bees also produce about \$150 million in honey annually.

Help Save Our Bees!!

Join Sustainable Overlook’s Pesticide Free Overlook initiative, and stop using pesticides in your yard. Our goal is to become the first Portland neighborhood to become pesticide-free. Check out our map showing neighbors who have taken the pledge, and join us! (<http://sustainableoverlook.org/pesticide-free-overlook/>) Sustainable Overlook can direct you to resources for learning the many ways to control pests without chemical pesticides.

Other actions you can take include

1. Buy Organic, to prevent use of pesticides and synthetic fertilizers in agriculture.
2. Buy Local, to support smaller-scale farms that are less likely to engage in monoculture. Many smaller-scale farmers are already engaging in practices that comply with or exceed the requirements of organic farming, even if they choose not to get certified due to cost and other pragmatic barriers.
3. Watch for bees in the neighborhood, and celebrate them! Plant your yard or balcony to give pollinators lots of food sources throughout the year. Did you know they will only sting if threatened? Educate yourself and your family about these fascinating, peaceful creatures.
4. Host a hive! Experts feel that urban beekeepers will be critical in keeping honeybees viable while the causes of colony collapse are determined and reversed. There are classes locally on keeping honeybees (PDX Permaculture Meetup (<http://www.meetup.com/Portland-Permaculture-Meetup/>); FriendlyHaven.com), and active beekeepers here in Overlook who catch swarms (honeybee colonies who have grown to the point that they split off and are looking for a new home - maybe in your hive!). Swarm season has begun as of this writing (mid-April, VERY early... normally May-June), so get on a swarm list and get a hive ready now.
5. Learn more about the importance of bees from Fox News (<http://www.foxnews.com/leisure/2012/07/19/crops-that-would-disappear-without-bees/>) and the Natural Resources Defence Council (<https://www.nrdc.org/sites/default/files/bees.pdf>). Please help save our bees!



Overlook Mural: Project Update!

by Dannielle Herman

The Overlook Mural Project has been making great progress in the last few months, we received another \$1,500 in funding from local business Miller Paint and have submitted two additional grant request. Our Youth Artist Team has been doing research on Overlooks history and starting to work on the first drafts of the mural design, expect to see the first drafts in mid to late June. OKNA is proud to be in partnership with Viva La Free providing paid internships for the three youths on the Youth Artist Team. Our goal is to develop strong leadership skills and a desire to continue on as community stewards. The Youth Artist Team experiences being supported as professionals and as valued community members providing a service and products that enrich our neighborhoods. Youth Team Quotes: Lola- “I am learning that there is so much more than just doing the art: the business aspect, learning how to be professional, approach a client. This project has made me gain confidence in my art.

The surplus of opportunities I have received from being a part of Overlook Mural Project will impact me for the rest of my life.”

Josefina- “I never thought I could be successful with my art, but this project has shown me that I can be. The Overlook Mural Project has proven to



Youth Artist Team

me that art is just as integral to society as engineering.”

Cheyenne- “The Overlook Mural Project is benefiting me by expanding my art field, making my art known, building my confidence, and possibly getting me more art projects to move me forward. People have always told me that “art is a hobby, not a living”, and as a result, I never

believed that I could make a living off of the style of art that I do. But this project has opened my eyes to the fact that my art can get me somewhere in life, has made my parents be more supportive, and has made me more confident in the art I do.”



Join Us! Friends of Patton Square Park Meeting

You’re invited to our next meeting to continue planning improvements to the playground. We’ll start at 5pm on Wednesday, May 25, at the Interstate Firehouse Cultural Center (next door to the park). Please RSVP to greenacres@OverlookNeighborhood.org.

Spring 2016 Real Estate Recap

Address	Sq Ft	Beds/Bath	List Price	Sold Price	Days on the Market
4931 N Denver Ave	960	3 / 1.1	\$350,000	\$345,000	11
4806 N Maryland Ave	876	2 / 1	\$339,950	\$350,000	1
4206 N Montana Ave	1810	3 / 1	\$379,900	\$365,000	16
1520 N Alberta St	1694	2 / 1.1	\$369,900	\$369,900	5
1521 N Humboldt St	1820	2 / 1	\$389,900	\$389,900	17
5004 N Montana Ave	1576	2 / 1	\$350,000	\$415,000	6
5651 N Boston Ave	1856	3 / 1	\$419,000	\$420,000	5
2426 N Webster St	1860	2 / 1	\$387,000	\$425,000	3
1225 N Emerson St		4 / 2	\$439,900	\$430,000	25
4914 N Maryland Ave	2440	3 / 1	\$360,000	\$430,000	4
5316 N Greeley Ave	2959	5 / 2.1	\$425,000	\$445,000	7
1726 N Willamette Blvd	1872	3 / 2	\$389,900	\$450,000	5
2436 N Humboldt St	1983	3 / 1	\$420,000	\$461,750	6
5523 N Denver Ave	1700	3 / 1	\$399,900	\$465,000	5
1618 N Prescott St	1637	3 / 2	\$445,000	\$470,000	6
5735 N Boston Ave	1753	3 / 1	\$429,000	\$482,000	7
2214 N Willamette Blvd	1980	3 / 2	\$485,000	\$485,000	7
2404 N Wygant St	2440	3 / 2	\$475,000	\$502,500	101
1712 N Church St	2939	3 / 3	\$529,000	\$529,000	15
4822 N Gay Ave	2604	4 / 2	\$499,000	\$570,000	4
2005 N Webster St	2401	4 / 2	\$499,000	\$575,000	4
4075 N Colonial Ave	1803	3 / 2	\$585,000	\$575,000	21
1632 N Webster St	2024	4 / 2	\$589,000	\$589,000	7
2105 N Skidmore Ter	2402	4 / 2	\$550,000	\$600,000	6
3022 N Ainsworth St	3076	3 / 2	\$499,500	\$605,000	4
5740 N Omaha Ave	2310	4 / 2.1	\$575,000	\$609,000	5
3966 N Overlook Ter	2678	5 / 3	\$619,000	\$640,000	10

Is Your Lawn & Garden Healthy?

As summertime weather arrives, our thoughts turn to planting gardens, weeding and feeding our soil and plants. Make sure your yard is safe for people, pets and wildlife by avoiding pesticide use. Join over 400 Overlook residents in quitting or reducing garden chemicals by taking Metro’s Healthy Lawn and Garden Pledge at www.sustainableoverlook.org and receive a free ladybug yard sign!

Steps to Healthy Gardening

- Drop off old pesticides at Metro’s Household hazardous waste site. It’s free with the coupon you get when you take the pledge.
- Choose pesticide-free (untreated) lumber for landscaping projects.
- Start from the ground up by feeding your soil with compost and mulch. If you need to fertilize, opt for organic products.
- Plant natives and provide habitat for pest-eating birds and beneficial insects.
- ‘Use tools not toxics’. Pull weeds and squish pest insects instead of spraying.
- Appreciate diversity. A few weeds in your lawn or a few nibbles on the leaves of your veggies are a sign of a healthy garden ecosystem.. and they won’t kill you.
- Make some gardener friends. Our neighborhood is lucky to have experienced gardeners on each block who are happy to share knowledge, seeds and plants.



Friday, May 20, 6-9pm

- Complimentary Appetizers
- No-host Wine & Beer
- Signature “Overlook” Cocktail

- Local Jazz Combo
- Raffle Drawing at 8pm
- Free Child Care, Ages 3 and Up

Historic Overlook House
www.historicoverlookhouse.org

3839 N. Melrose Avenue
www.facebook.com/historicoverlookhouse

Ten years – that’s how long the Friends of the Overlook House have been actively managing 3839 N. Melrose Ave.

Let’s back up for a short history: Just over ten years ago, Portland Parks & Recreation was in a budget crunch and planned to close some of their smaller properties like Overlook House. Alarmed neighbors recognized the unique place Overlook House holds in the life of this neighborhood and proposed to the City that a temporary committee of OKNA should manage Overlook House in order to keep it open.

That proposal was accepted and eventually transitioned into a separate 501(c)(3) registered nonprofit - Friends of the Overlook House. While PP&R still retains

ownership of Overlook House, the Friends of the Overlook House are responsible for all the day-to-day operations.

Our mission as the Friends of the Overlook House is to protect, promote and administer the historical Overlook House as a community center for the benefit of the neighborhood. The Friends of the Overlook House sponsor cultural, educational and social activities and provide space to honor life’s milestones.

Children’s events are special at Overlook House so the Friends hold an Easter egg hunt, a Halloween party, and a Santa party for our youngest neighbors. We also sponsor community events like our summer Ice Cream Social and an annual holiday bazaar.

Your neighbors on the board of the Friends of the Overlook House are Mary Ellen Baldauff, Nicole Boggs, Carl Brendan, Carol Cushman,

Greg DuFour, Jane Finch-Howell, Coleen Georgeff, Adelle Harris, Jay Hunt, Marcella McGee, Kathy Murphy and Jon Ulsh. Our part-time paid coordinator is also an Overlook neighbor, Michelle Emert.

But getting back to those ten successful years, the Friends of the Overlook House want to celebrate their milestone anniversary - and you’re invited! We’ll have complimentary appetizers from local restaurants, no-host wine and beer, our signature “Overlook” cocktail, anniversary cake and other sweets, music from a local jazz trio, and

free childcare for ages 3 and older.

Proceeds from the grand raffle drawing at 8 o’clock will benefit the neighborhood through improvements to the basement at Overlook House. Take a look

the space when you head down there for cake and sweets on Friday evening, then buy some raffle tickets to help us warm it up!

Raffle tickets are \$3 each, or 10 for \$20. Or buy a “Golden Ticket” for \$50 (only 30 will be sold!) and have first pick among the six prize packages when you win! Raffle tickets are available from any board member, and they will also be sold during the first half of the celebration evening.

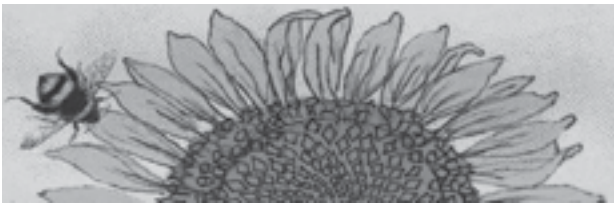
We have six fabulous raffle prize packages that cover a range of interests and experiences. For example, one package contains Blazers tickets, breakfast for 4 at the Nighthawk, a \$50 gift card to Hopworks and much more. The biggest prize is an amazing \$2000 value timeshare getaway to a Vacation Internationale property, with locations like Maui, Puerto Vallarta, Orlando, British Columbia, Las Vegas and more to choose from!

ly, of course). By yard sale-ing as a neighborhood on the same day with coordinated advertising we attract more visitors...and buyers!

The Free Share will happen the next day on Sunday the 24th. Set out any items that didn’t sell the day before, and offer up as free to neighbors. As in years past, we’ll only advertise the yard sale, this way the free share is preserved as more of an open exchange of used items between neighbors.

If you would like to sign up to participate in this year’s Yard Sale, and realize the benefits of being included on the map, please visit <http://sustainableoverlook.org/events/sale-and-share/> to fill out our quick online form.

This event is sponsored by Sustainable Overlook, a group of neighborhood volunteers interested in building community and resilience. Reach us at sustainable@overlookneighborhood.org



2016 Sustainable Overlook and Arbor Lodge Garden Tour

Saturday, July 16 from 10 am - 2 pm

Visit an organic rooftop school garden and three neighborhood gardens that showcase different aspects of sustainability including edible gardening, native plants, pollinator habitat, rain water use and community building. Tour starts at Trillium Charter School, 5420 N. Interstate Ave. Register at www.sustainableoverlook.org

Organize and Prepare On Your Block!

From both the community building and the emergency preparedness standpoint, knowing your neighbors and knowing that you can rely on them is a key factor in a community’s resilience.

To that end, Sustainable Overlook and our Overlook Neighborhood Emergency Team (ONET) would like to invite neighbors to schedule Block Parties on either of the week-ends before and after National Night Out, a nationwide community-building event. We are encouraging neighbors to “Map Your Block”, using materials we have developed that are similar to the city-sponsored Map Your Neighborhood program.

These are completely voluntary programs where neighbors exchange information that may be critical in the event of a major disaster – such as the locally anticipated Cascadia Subduction Zone earthquake. Neighbors exchange information like locations of shutoffs for natural gas and other utilities, tools they have and are willing to share, skills they have that may be needed, and names of vulnerable family members (child, elderly or pet, etc.). Most of all, it’s really enjoyable to get to know your neighbors little better.

Contact us at sustainable@overlookneighborhood.org if you’d like materials for logging and sharing these kinds of information. We’ll get them right to you! And we’ll put your block on the map we are keeping of organized blocks in Overlook – our goal is to get every block to participate!



Save the date for the Little Children’s Halloween Party!

The fun happens this year from 4-6pm on Saturday, October 31st at Overlook House. This not-too-scary party for five-and-under children is sponsored by Friends of Overlook House and includes dancing, games, crafts, snacks and lots of fun on Halloween.

The Portland Community Equality Act

by Collene Swenson

The Portland Community Equality Act is a proposed ballot measure to amend the City of Portland’s Charter. It came from a group of residents who felt the city had failed to be responsive to their concerns. They watched a decline in the quality of life and

livability in their neighborhood and throughout Portland. Portland is the only large city that uses the commissioner model of governance where five council members, one of them mayor, run bureaus and create policy. The question arose; when does council have time to represent us?

Portland is also the only city, with more than 500,000 residents that has an at-large council system. An at-large system does not have specific geographic council districts. Instead. all council members represent the whole of Portland. Combine a conflict between representing citizens with having to run several bureaus and be accountable to your other boss, the mayor, and you have a recipe for disaster. There is a reason no other large cities use these forms of council.

visit: <http://www.portlandcommunityequalityact.com> Or call Collene Swenson 503-284-4424

“Portland is the only large city that uses the commissioner model of governance where five council members, one of them mayor, run bureaus and create policy.”

The Portland Community Equality Act creates a system in which the mayor acts as administrator, carries out policy and makes recommendations. Council members would make policy and legislation. There would be seven representatives per district who would be elected by residents in the district and have an office in that district.

The council would no longer run bureaus so, supporters of the act argue, infighting over what department gets the money would stop. Council would have input into the budget process, but it would not write the budget.

The act also would retain two at-large council members who could focus on the entire city. Supporters believe that would allow them to be objective and to think of the city holistically. They also could act as tie breakers during council votes. The mayor would no longer attend council meetings, would no longer vote in council, nor make legislation. He or she would only forward legislation or recommendations to council. The mayor’s time and effort would be freed to administrate city business, overseeing the administrative side of the city, they would make balanced, fair decisions for all departments and the outcomes will be their responsibility. For more information,



Adopt-a-Neighbor Emergency Food Closet

Overlook Neighborhood Association members are strong supporters of REACH Community Development’s Adopt-a – Neighbor Program. Last year Overlook Neighbors, Humbolt Neighbors, community members and Patton Park residents showered love on 15 families and 44 individuals who live amongst four of the REACH properties!

While the holidays are a giving season, I wanted to extend the reminder that REACH residents, www.reachcdc.org. We make these donations available to residents through our Emergency Food Closet, which they have access to once a month. Many Overlook Neighbors have donated to our closet in the past, which was greatly appreciated.

To drop off items please connect with Patricia Haggerty, Resident Services Coordinator, who is on site Mondays, Wednesday and Fridays. Her contact information is phaggerty@reachcdc.org / 503-546-1662. Patricia Haggerty Resident Services Coordinator



City of Portland’s Crime Prevention Program

Do you know your neighbors? When neighbors know each other and look out for one another, their neighborhoods are less vulnerable to crime. National Night Out (NNO) is a great way to connect with your neighbors. Celebrated in cities in the U.S. and abroad, NNO is an annual celebration where the community gathers at small block parties or neighborhood events to strengthen their relationships with one another in the spirit of creating safer neighborhoods. Plan your own block party or attend a neighborhood event. Meet a local fire fighter or police officer at your party.

August 2nd? it’s a date.



by Mary Notti

Most of us have plenty of healthy food for three meals a day, making it easy to take food for granted. However, for our neighbors struggling with food insecurity, food is a precious commodity.

For the past four years the Portland Food Project has been coordinating an effort to make sure local food pantries have an adequate year-round supply of non-perishable food to help our hungry neighbors.

The model is simple: Neighborhood Coordinators agree to organize a small group of neighbors, friends and/or co-workers to become food donors. The food project delivers a reusable green bag, and every two months food donors agree to fill the bag with non-perishable foods and place the bag on their porch to be picked up by their Neighborhood Coordinator.

On the second Saturday of EVEN numbered months- February, April, and so on – coordinators pick up the food, and leave in its place another reusable, bright green bag and a thank you card with the date of the next pickup. The food is then transported, weighed and distributed to pantries that same day.

The Food Project started in 2009 with 12 donors contributing 234 pounds of food to two local pantries. Today there are over 1300 donors contributing 14-18,000 pounds of food to 20 local pantries every two months. The pantry’s primary source of food is the Oregon Food Bank but the Portland Food Project is a dependable second source, providing high protein options and a lot of healthy variety.

Food most needed are tuna, nut butters, cooking oil, canned meat, rice, pasta, dried beans, soups and vegetables. Needed non-food items include toothpaste, toothbrushes, toilet paper and personal hygiene products. For a complete list go online to: www.portlandfoodproject.org

The PFP is an Oregon grown, grass roots, 100% volunteer run organization. The enthusiasm and commitment of our volunteers is helping the organization to grow. There are additional volunteer opportunities for people who choose to pick up green bags, work at a pantry, speak before community groups, or do a tabling event at local street fairs. There are many volunteer opportunities for our ALL VOLUNTEER organization. To donate or volunteer, email info@portlandfoodproject.org or call 503-775-2110

Business Directory

Want your business included? Send us your contact info, a few words about your company, and you'll be listed. It's that easy!

Have you always wanted to try Acupuncture? Now you can. Acu Pop-Up comes to you.
jenward@beingelemental.com

Bellmoore Realty LLC - 5520 N. Interstate Avenue - 503-922-2206 - BellmooreRealty.com - Sandy@BellmooreRealty.com

Katie Guinn is an artist and apparel designer. She specializes in bespoke garments and commissioned portraits. She creates hand painted textiles and original prints for the eclectic artistic dressers of the world. www.katieguinn.com-infokatieguinn@gmail.com-@katie_guinn_studio

Firelight Yoga - 1475 N Killingsworth St - 503-972-1987 - www.firelightyogapdx.com - holly@firelightyogapdx.com

inspiration, exploration and mess making for young artists. www.smartypantspdx.com

Get It Straight Organizing & Events 971-258-2050 www.getitstraightorganizing.com

GreenSky Collective - 4027 N Interstate Ave - 503-208-9775 - greenskycollective.com

Interstate Dental Clinic - 5835 N Interstate Ave 503-285-5307 Drwardinterstatedental.com

Investments for Developing Communities - lisa@idcempowers.org - 971-400-2181 - idcempowers.org. Lisa Whitridge's non-profit provides education assistance and enrichment to local under served school children.

Chris Lazarus Associates LLC - 503-867-1370 - chris@chrislazarus.com. Chris Lazarus is a writer, publicist, photographer and marketing consultant.

Tamara Maher - 503-285-1294 - www.tamara-maherlaw.com - tamara@tamaramaherlaw.com

Metropolitan Design Studio - 503-867-5615 - www.mds-architecture.com - jeremy@mds-architecture.com.

New American Restaurant - 2103 N Killingsworth St-971-229-0570 - newamericanpdx.com.

Emily Ordas - PDX Urban Real Estate - 503-267-4946 - www.emilyordas.com

Sirena Pictures - dreamscopepix@hotmail.com - 503-890-9304.

United Advantage NW FCU - 1430 N Killingsworth St - uanw.org as a local credit union that recently become open to the public.

Young Design Studio LLC, Architecture and Interiors - youngdesignstudio@gmail.com - 971-222-5629 - www.youngdesignstudio.com

Crows Foot Construction LLC. CCB# 202888 Matthew Boe crowsfootconstruction@gmail.com

Rick Willworth, new owner since sept. 1 of Hobbies Unlimited. We have many hobby products and parts such as R/C Planes, cars, 4x4's, dirt racers, boats, and a good selection of quadcopter drones. 4503 N. Interstate, 503-287-4090.

Living Stages and Right 2 Survive have teamed up with the Oregon Humanities to offer Portlanders this summer and fall a special format called Theater of the Oppressed styled conversation about houselessness in our neighborhoods. The Overlook community has been struggling with this issue since City Council approved of Hazelnut Grove as the first sanctioned houseless space since Dignity Village. It has caused much concern and frustration for everyone. We hope to enliven and bring out the honest concerns of everyone involved in this embodied process unique to this style of theater where you get to step into the subject at hand and act out your solutions! Find out more:<http://www.teatrocambio.org/>

Summer Is Ice Cream Social Season

It's time again for the Overlook House's end of summer treat...the Ice Cream Social! This year's social is taking place on Sunday, August 7, 2016 from 6:00-8:00 pm. Mark your calendars because you won't want to miss this!

Extra helping hands are always needed for this event and if you can volunteer please contact the events committee: OverlookHouseEvents@gmail.com with "Ice Cream Social" in the subject line. We need all sorts of help and every event is unique.

Yoga Classes At Overlook House

Hatha yoga classes are offered at the Overlook House on Mondays & Wednesdays from 5:30 - 6:30pm. Beginner to experienced, all are welcome. Outdoor classes when weather permits! Want more information? Email instructor Ruth Oclander directly at ruth.oclander@gmail.com.



2015-2016 Board Members

Mitch Bixby, Alan Cranna (Vice-Chair), Dannielle Herman (Chair), Kent Hoddick (Secretary), Leslee Lewis, Tamara Maher (Treasurer), Mike Shea, George Spaulding, Cynthia Sulaski. Chris Trejbal, **Layout design & editing** -Merideth Boe

where to go?

OKNA Board Meetings

1st Tuesday Monthly
6:30 - 8:30pm
Overlook House
3839 N Melrose Dr

OKNA General Meetings

No December Meeting
3rd Tuesday Monthly 6:30-8:30pm
Kaiser Town Hall
Corner of Interstate
& Overlook Blvd

who to call?

Police Non-Emergency

503-823-3333

Abandoned Auto

24hr Hotline

503-823-7309

Crime Prevention Coordinator

Mary Tompkins, 503-823-4764, mary.tompkins@portlandoregon.gov

Mark Wells, Neighborhood Watch and Foot Patrol

503-823-5532

mark.wells@portlandoregon.gov

Stay Connected!

For up-to-the-minute information about the Overlook Neighborhood happenings, go to www.overlookneighborhood.org and enter your email address on the home page to join our mailing list.

Have something to say? Submit a short item to info@OverlookNeighborhood.org with 'Post to List' in the subject line. All submissions subject to review/editing.

Can't wait? 'Like' us on Facebook: OKNA in PDX and share your thoughts immediately.

Business neighbors:
your commercial postings are welcome.

Overlook Neighborhood Association (OKNA)
2209 N Schofield St Portland, OR 97217
info@overlookneighborhood.org

chair@overlookneighborhood.org reaches the Board Chair, or you may leave a message at North Portland Neighborhood Services:
503-823-4524



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