

# Overlook Views

your neighborhood newsletter

Vol 8 No 3  
Spring 2012

Overlook Neighborhood Association, Portland Oregon  
www.OverlookNeighborhood.org

## Madrona Plaza: From Streetcars to Community Space

by Alan DeLaTorre  
OKNA Board Member

Overlook's emerging business district has some new additions, including recently completed changes that alter a vestige of our neighborhood's past. At the western end of the Overlook Village Business Association (OVBA) – spanning the section of North Killingsworth Street from I-5 to North Greeley Avenue – a new community space named Madrona Plaza has been completed with funding from the Portland Development Commission's (PDC) Interstate Corridor Urban Renewal Area and design by local business owner and landscape architect Steven Koch.



A 'before' view of the corner, looking East.  
*photo courtesy Dan Haneckow*

The Madrona Plaza name is a reference to Madrona Hill, the historic survey plat name for the area that covers the nearby Willamette River bluff that had a preponderance of native Madrone trees (*arbutus menziesii*), which are broadleaf evergreens with rich orange-red bark. While the plaza honors the neighborhood's past, it also

represents a change to a unique feature of the street that dates back around 100 years. In the early 20<sup>th</sup> century, Portland's streetcar ran down Killingsworth Street and turned right onto Greeley Avenue on its way to St. Johns. The curving right turn led to the building's similarly-shaped front façade. After the rise of the automobile contributed to the end of Portland's first streetcar era, the former path of the streetcar was maintained as a right-turn slip lane for motor vehicles (see photo).

In 2003, the curving building that is adjacent to the street was purchased and renovated. Current owners Steven Koch and Miguel Barragan had long envisioned a plaza at the location that would give neighbors a place to engage each other, safely sit outside, grab a newspaper or a cup of coffee, and perhaps even become a "landmark entry into the north Portland peninsula." Overlook Neighborhood Association Board member Tom Kilbane has been facilitating support for the project by acting as a liaison between the PDC, local businesses, and Overlook residents.



The 'after' shot from the same view shows the new corner.  
*photo courtesy Alan DeLaTorre*

In addition to the vision for a neighborhood plaza, safety issues with the right-turn lane were a major factor in the funding that was dedicated for the project; according to PDC project manager Susan Kuhn, the project's primary outcome was to "improve safety for pedestrians, bicyclists and autos by eliminating the right-turn slip lane." Mr. Koch explained that the final design will improve safety as it allows for "greater sight distances for people exiting the parking lots and for pedestrians crossing Greeley and Killingsworth," whereas before, pedestrians were forced to cross two paths of vehicle travel.

So what comes next? As Overlook neighbors wait for winter to end and sunnier days to arrive, we can start thinking about using our new closed street/community plaza. Planting of trees, shrubs, and bioswale vegetation has yet to be completed, but the two local businesses abutting the plaza have permits for sidewalk tables ready to go. The end result should be a safer area for all modes of transportation and a public space that further activates one of Overlook's commercial intersections.

## OKNA Holiday Potluck Gratitude

We at OKNA want to take a moment to again thank our great neighborhood businesses for their support of our neighborhood activities with their generous donations. As you are making choices this year about where to use your resources, please consider patronizing one of our neighborhood businesses. Long-time residents will surely agree that it's much nicer to have a developing business district than none at all.

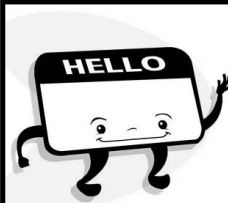
A special shout out to the following, for their donations to the OKNA Holiday Potluck Dinner. A great time was had by all, as usual!

**Daybreak Cohousing**, thank you for hosting us in your beautiful communal dining/relaxation area! Neighbors, thank YOU for coming out to make a party worth partying for.

The following businesses donated gift certificates for discounts on their great stuff; thank you!

**Atomic Pizza**  
**Beaterville Cafe**  
**Blue Buddha Bodywork**  
**Greeley Avenue Bar & Grill**  
**Kenny & Zukes Delicatessen**

**Mextiza**  
**Miho Izakaya**  
**The Naked Sheep Knit Shop**  
**NoPo Paws**  
**Overlook Family Restaurant**



## Hi, Neighbor!

Make a point to attend the  
OKNA General Meeting

**7:00-9:00pm**

**@ Kaiser Town Hall**

Corner of Interstate and Overlook Blvd

### On the Agenda in February:

- ♦ Senator Chip Shields
- ♦ Portland Harbor Superfund Update
- ♦ Public Safety Report: What's Happening?

**Tuesday February 21**

**The 3rd Tuesday of Every Month!**

## OKNA Board Election Results

The September 2011 OKNA General Membership meeting was the occasion for the annual OKNA elections. Individuals are elected to the board to serve for one year and generally take on one or more special 'chairs' as they lead a committee of interest to them. This year, as in the recent past, interested candidates were elected as a slate instead of vying for individual positions. Participants have found this to be a less-stressful and more collaborative way to conduct business.

Board members are your contact point in the neighborhood association. They support neighbor interest groups and help them get started, or qualify for funding. They monitor local government activity and pass the information along to you. They have standing to comment to city government on your behalf. They monitor land use notices, liquor license applications, complaints and praise. They work to build a sense of community and give residents the tools they need to impact their local government all with a mission to let neighbors create the kind of community they crave.

Please take a moment to thank the following members of your volunteer 2011/2012 OKNA Board of Directors:

Kent Hoddick, Chair  
Alan Cranna, Vice-Chair  
Tammy Maher, Treasurer  
Leslee Lewis, Secretary, Sustainability Chair (O•NeST)

Alan DeLaTorre, Diversity & Aging  
Cynthia Sulaski, Parks & Green Spaces  
George Spaulding, Public Safety  
Jenna Forzley, Business/Membership  
Michelle Thompson, Communications Chair  
Tom Kilbane, Representative to ICU-RAC (Urban Renewal)

You might notice that we are missing a few titles here. There are several interesting positions open on the board, and members can join at any time. If you

would like to know more about the following positions, please contact any one of the board; we'd love to fill you in and show how rewarding your volunteer participation can be.

Land Use: Be a point of contact for the city, and for neighbors

Transportation: Monitor area plans including traffic changes, bike issues, public transit etc

NET: Coordinate with city and neighborhood representatives in planning for a natural or other disaster.

Area Representatives: This open-ended position is yours for the making. A great way to learn about the board and the work we do without a huge time commitment.

If these or any other special interest appeal to you, please contact us at [info@OverlookNeighborhood.org](mailto:info@OverlookNeighborhood.org) or leave a message at 503.823.4524.

Neighborhood businesses are part of what makes living in Overlook so wonderful. Take a moment to find out what they have to offer...

**The Anchoress** - Intuitive Energy Healing Arts @ Blue Buddha Bodywork, 1901 N Killingsworth St. KK Han-negan provides Intuitive Energy Healing, Medical Qigong, Chakra Meditation classes, and East/West spiritual traditions for health and wholeness. 503-953-5250 [www.anchoress.net](http://www.anchoress.net)

**STAY WARM! Arciform's Carpenter on Call** team perform home performance audits, install storm windows, caulk & weather-strip windows and doors, insulate basement ceilings & more! Buy 8 hrs - 1ST HR FREE! (\$65 value) 503.493.7344 Expires 3/31/12

Investment Review - When was the last time you had a 2nd opinion on your investments? Call **Dave Trabucco Financial Advisor**, AAMS®, CRPC®, Edward Jones, 503-247-7374, St. Johns, 97203

**Copy Pilot:** Your Mom & Poppy - Ship & Copy. 4784 N. Lombard St 503-283-7767. e-mail your projects to us [copy@copypilot.com](mailto:copy@copypilot.com). Owned by 20 year Overlook residents.

**The Lucky Labrador Tap Room**, located on Killingsworth one block west of Interstate. Visit us for great beer, with discounted prices Monday through Fridays 3-6. Free wifi, and private event space available.

Stop by **The Naked Sheep Knit Shop**, and get inspired this winter! Classes - Supplies - Fun and Friendly Service...We Are Here For You! 2142 N Killingsworth St. 503 283-2004 [www.thenakedsheepknitshop.com](http://www.thenakedsheepknitshop.com)

**Erez Russo Architect P.C.**, a full service architecture firm designs modern, organic buildings that are site and client specific. Projects include Residential, Commercial and Mixed-Use buildings with an emphasis on quality and sustainability. [ErezRussoArchitect.com](http://ErezRussoArchitect.com)

**Blooming Moon Spa:** Check out our Happy Hour and Monthly Specials. Enjoy a first time 10% Overlook Neighborhood discount! We offer gift certificates and packages to fit all of your pampering needs! 971-279-2757. 1920 N Killingsworth Street. [www.bloomingmoonspa.com](http://www.bloomingmoonspa.com)

**DiPrima Dolci Trattoria & Bakery**, 1936 N. Killingsworth, 503-283-5936. Same great pastry and bread with a new menu of Italian home cooking. Homemade pasta, polenta, sausage, calamari, shrimp, chicken, and savory vegetable dishes. Now open for dinner. [www.diprimadolci.com](http://www.diprimadolci.com)

**EDGE Fitness** announces KIDS KORE Camps & Classes, offered weekly (including mid-morning options for home-schooled children), on school vacation days, & throughout summer for ages 6-13. Contact Scott for info: 503-265-8685 [scott@edgeperformancefitness.com](mailto:scott@edgeperformancefitness.com), or visit [www.edgefitnesspdx.com](http://www.edgefitnesspdx.com)

**INTO EDEN** 'a garden of skincare indulgences', your own private retreat offers Facials, Peels, Body Scrubs/ Wraps, Waxing utilizing pure Organic and sustainable ingredients. Situated in the residential Overlook neighborhood. By appointment only 503-752-3508 [www.intoedenskincare.com](http://www.intoedenskincare.com)

Bring new customers to your business. Do your potential customers know about your products/services? Direct Mailing is still more effective than other advertising. It's vital to advertise. Marketing consulting. Call **Vrla Mailing Services** 503-289-7158.

## Basement Gets New Wall Mural

by Marsha Hoffman Parks  
Friends of the Overlook House Board

The Overlook House basement now sports a beautiful mural on its west wall. **Carol Padden** spearheaded the idea of sprucing up the Overlook House basement, and contacted Miller Paint to secure a donation. Carol contacted **Nicole DeMango Goldman** to ask her if she would design and paint a wall mural. Nicole agreed to the project and created a beautiful star de-



The new & improved basement wall at the OH.

sign for the wall. But, the wall needed to be prepped before the design could be painted.

A big Thank You! to **Greg duFour, Jessica Coolidge, Marsha Parks and Allan Padden** for their efforts in repairing and prepping the wall. Nicole's beautiful mural really improves the atmosphere in the Overlook House basement. This project could not have been accomplished without a generous donation from **Miller Paint**, thank you Paul Sawyer, Miller Paint's Vice President of Sales & Marketing.

## The Storyteller

will be at the historic Overlook House Community Center every Monday afternoon from 3:30 to 4:30 PM for a free hour of children's stories, songs and games around a make believe campfire in an imaginary northwest forest.

Jerry Cowan (The Storyteller) is a long time Overlook resident and has a current approval by the State of Oregon Child Care Division background registry to work with children. Some stories (for older children) will be offered and are based on ancient Native American legends and myths handed down for generations.

Some stories are crafted for preschool age children and may be traditional (storybook) tales more compatible with younger children. The Storyteller's intent is to host a story hour where families can meet get to know each other and share some quality time with their children. There will be a full sized electronic keyboard and an extra full sized acoustic guitar available (with some music books for each) for any adults or older children who want to practice or share their talent and entertain the audience.

As always, guest storytellers and entertainers are welcome to perform anytime. All children must be accompanied by a parent or adult guardian.

## YOGA

The Overlook House offers ongoing yoga classes on Monday and Wednesday evening from 5:30 pm - 6:30 pm Ruth Oclander and Maneena Douglas.

Please contact Ruth with questions or for more information at [ruth.oclander@gmail.com](mailto:ruth.oclander@gmail.com), or simply stop by for class.

## Dragon's Breath of Fire Qi Gong Classes

Master Qi Gong instructor and long-time Overlook resident James H Bloom offers Qi Gong classes for all ages at the Overlook House. Bring your own yoga mat and join us twice a week plus a special kid's program!

Dragon's Breath of Fire was developed from 36 years of studying Soaring Crane Qi Gong, Swimming Dragon, Ba-guan Xun Doa Gong, Ti-chi Yang style, Wudang and Shaolin styles.

The history of Qi Gong dates back about 5000 years old. *Qi* is the energy that flows through our bodies and connects us with the world around us. *Gong* refers to the power to produce an accomplishment with steady practice. Loosely, Qi Gong (aka chi - kung) can be translated as the study and cultivation of Qi.

**Mondays:** 10:00 am and 6:45 pm (Adults)  
**Thursdays:** 10:00 am and 6:45 pm (Adults)  
\$35 per month for 2 classes a week

**Saturdays:** 10:00 am (Kids)  
Free!

information and registration: contact James 503-285-8331  
[www.dragonsbreathoffireqigong.com](http://www.dragonsbreathoffireqigong.com)



## New Family Yoga Class Starts Wednesday Mornings Off Right

*"Happiness is a butterfly, which, when pursued, is always just beyond your grasp, but which, if you will sit down quietly, may alight upon you"*  
-Nathaniel Hawthorne

Heather Hallett offers a new yoga group at Overlook House, one for parents and their kids. This program is scheduled through the middle of April. Hatha yoga, meditation, song, games, music, art, and storytelling will be explored throughout the classes. An emphasis on love, peace, compassion for the natural world and healthy life styles will be woven into class themes.

Bring your yoga mats and the whole family and together strengthen family bonds, play, relax and create peace and calmness to your day.

**Wednesday mornings at 9:30 am • \$5 per family**

If you have ideas for classes or events, please let Jessica know; she would love to hear from you: 503-823-3188 [coordinator@historicoverlookhouse.org](mailto:coordinator@historicoverlookhouse.org) [www.facebook.com/historicoverlookhouse](http://www.facebook.com/historicoverlookhouse)

Also check [www.historicoverlookhouse.org](http://www.historicoverlookhouse.org) for current event details.

To sign up or for further information contact Heather: 503.367.7821 or [hallett.h@gmail.com](mailto:hallett.h@gmail.com)

### Heather's Yoga Bio

With a Masters of Arts in teaching and 10 years experience teaching kindergarten and second grade I would like to make a greater difference in the lives of children and through yoga I believe this is possible. I began taking yoga classes while acquiring my undergraduate degree at University of Oregon. Since then I have taken years of classes, workshops and most recently acquired my 200-hour yoga teacher training certificate at the bahaktishop. I love sharing what I have learned with my three year old son and look forward to share it with a community of children and families. Namaste, Heather Hallett

## Hip Hop... Hippy Hop

Do you believe in the Easter Bunny? Well, he believes in Easter and he sure hopes you'll come to his Egg-stravaganza, the special Easter Egg Hunt for young children at Overlook House!

Join your neighborhood friends to look for over one thousand colorful eggs holding treats and toys that are hidden on the grounds of Overlook House. Find one of the 10 Golden Eggs and win a special prize!

The hunt begins promptly at 10:30 a.m., Saturday April 7, rain or shine.

It's popular and the hunt is over very quickly, so don't be late! This event is sponsored by the Friends of Overlook House for the children of Overlook. Free, with contributions gratefully accepted.



## Open House Nights

Stop by any Tuesday evening from 5:30-7pm to view the house for the first time, check details for your event, or simply wander around the wonderful gardens. Please email or call ahead so we know to expect you.

# Overlook's Got Talent!

## What Can You Share With Your Neighbors?

by Leslee Lewis  
OKNA Board Member

I'll be honest - I LOVE our neighborhood association meetings. I get to hang out with some good neighbors (I haven't met a stinker, yet!), learn about things that affect us in Overlook, and get out of the house on a dull Third Tuesday! So how, I wonder, can I entice other neighbors to come out and discover the joys of involvement in OKNA? ... Food? Drink? Entertainment? Information? Discounts?? *Bribes?!?*



Well, Ken (the other half) and I were talking about all our great, talented neighbors who we'd like to see telling us about something they are passionate about, or super skilled at, something that all of us could do, or use, or profit from knowing.

Some ideas: Ken (the same other half, and he of Kenny & Zuke's fame) showing how in 10 minutes he makes a chicken dish that is soooo simple and about the best thing I've ever eaten (with recipe provided to all in attendance). Or our neighbor John talking about wild edibles we can find in our very own neighborhood (and perhaps leading a neighborhood walk the next weekend). Or Pete, who can fix *anything*, talking about a great squirrel-spinning (i.e. squirrel-proof) bird feeder he designed and made.

### Real Estate Recap

Here is a round up of recent real estate sales completed in the past few months in the Overlook neighborhood. Thanks to neighbor **Dawn Barry-Griffin** of Paris Group Realty (503-381-7035) for sourcing this information for you!



SO, here is my call for folks willing to get up at a neighborhood meeting and give a 10 to 15 minute presentation on something they love - and think their neighbors will love, too! We want to develop a list of folks we can call on to help us put on a GREAT, edifying, *entertaining* OKNA meeting! And be aware (beware!?) we will be asking our own talented neighbors - in person, making it MUCH harder to say 'No!') to bring their talents forward for the edification - and entertainment! - of our neighborhood. Who knows, this could be the start of some performing careers!!

Send your ideas to [info@overlookneighborhood.org](mailto:info@overlookneighborhood.org). Please, no overt business development efforts. The board will vet applicants for appeal and appropriateness!

### For Local Businesses!

In a related vein, we'd like to offer coupons or discounts at the OKNA meetings (*more* enticements!!). So we're asking interested neighborhood businesses to give either a coupon or a discount for folks who come to the meeting. What a great way to expand your businesses' reach in the neighborhood! Let us know what you'd like to contribute, and we will develop a list of participating business. We'll announce them in our meeting announcements, and thank them at the meeting... a little publicity and good will all around!



# Overlook Views' Dedicated Delivery Corps

by Michelle Thompson  
Overlook Views Coordinator

The paper you hold in your hands is one of the largest volunteer projects of the Overlook Neighborhood Association. It's probably never occurred to you to wonder about how it gets to you, we get so much unsolicited mail and advertising these days, but it's really quite a feat of neighbor-power and I am compelled to call out and thank the people who make this happen for you.

The newsletter *Overlook Views* is a production of the OKNA board of directors. Each board member volunteers each issue to shepherd certain stories to us, and they connect with our school and business neighbors and the active individuals and groups who are doing interesting things in Overlook that benefit us all. The most frequent question I get from other neighborhood associations is "How do you get all those people to write for you?" but we find it quite simple. It's your neighborhood, and you all like to talk! We appreciate the submissions from our contributors, who are always listed on page 8, whether it's a one-time story or an ongoing column.

3200 copies of *Overlook Views* are published 4 times per year and delivered by a corps of 35+ volunteers to every home and business in the neighborhood. It accepts no advertising and is funded through grants and donations.

After the newsletter is composed and sent to the printer, it's delivered to the co-captains of our delivery team. **Alan Cranna** and **Carol Cushman** have worked out a system of short routes that make it easy and fun to volunteer as a delivery person. By visiting a few blocks of the neighborhood to make those door-to-door deliveries, neighbors tell us they feel engaged, enjoy observing Overlook from the street level and don't mind the little extra exercise. It's a great way to contribute your help when you don't have much free time to spare.

Please take a moment with me to thank the following delivery volunteers. I wish they could hear, as often as I do, how much people appreciate *Overlook Views* and having it land on their front stoop every quarter. Thank you!

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- Adelle Harris

Amy Altenberger

Andrew Manning

Barb Brooks

Carl Brenden

Christine Quigley

Christy Zabo

Courtney Olive

Dan Haneckow

David Chott

David Klosterman

Debbie Omey
- Deborah Kalapsa

George Spaulding

Jane Finch-Howell

Jay Hunt

Jeff Berrier

Jerry Cowan

Jerry Lindsay

Jim Heiman

Kathryn Beamer

Kathy Murphy

Lelio Montagnol

Maggie Byrkit
- Mark Schuford

Marlo McClure-Porter

Matthew Scoggin

Mike Murphy

Molly Brady

Nancy Bishop

Patrick Huston

Stephen Jackson-Clark

Steve Lanigan

Sunny Petit

Ted Ernest

Valerie Campbell



Patronize the growing business district in Overlook and keep your dollars close to home.

Handcrafted soap. Made in Overlook from oils/butters, milk and essential oils. Soap for sensitive skin, too dry, too oily. Custom orders, vegan, gluten free available. Professionally made. **Gayle & Laurie's Handcrafted Soap.** 503-289-7158

**Rose City House Cleaning** offers friendly, high quality housekeeping services using only the best cruelty-free and green cleaning supplies. Two hour free cleaning with contract! Contact Sarah at 503-481-9056 for a free estimate.

**Palace of Industry** - your neighborhood watering hole & treasure trove. Happy hour Tuesday-Friday 5-7, afternoon teatime, music at night, plus an array of new & vintage delights. Come see us! 5426 N Gay Ave @ Denver

**Daybreak Cohousing** at N. Killingsworth St. and N. Delaware is a multi-generational condominium community with sustainable and supportive values. One, two and three bedroom homes are for sale now. Visit our website at [www.daybreakcohousing.org](http://www.daybreakcohousing.org)

**Atomic Pizza** turns 3! Annual anniversary fundraiser benefits LOCAL non-profits; support your entire community! Find us at N Killingsworth & Gay and stop in for a scoop of Ruby Jewel ice cream. [facebook.com/atomicpizza](https://facebook.com/atomicpizza)

**Email Michelle** to include your Overlook business in the next issue. [views@OverlookNeighborhood.org](mailto:views@OverlookNeighborhood.org)



## FREE Tax Preparation Help

It's tax time again, and again the AARP/ TaxAide will be doing tax returns at the North Portland Library, 512 N Killingsworth. Find them there on Thursdays from 12:00 pm (noon) to 4:00 pm.

Tax preparers will also be at Peace Lutheran Church, 2201 N Rosa Parks, on Tuesdays from 10:00 am to 2:00 pm.

There is no charge and the service is for seniors and/or low to middle income people. All returns are electronically filed and both the federal and state forms will be completed.

**Please bring all your W-2s, 1099s etc and last year's tax return.** For other sites and times please call 1-888-227-7669

Clean Up, Clear Out  
with the Overlook Yard  
Sale & Free Share!  
details coming soon... plan ahead now!



# Greenacres: parks, open spaces & other green things

## 2012 Overlook Tree Planting & Tree News

from Garrett Phillips & the Overlook Tree Team  
trees@OverlookNeighborhood.org

Overlook residents came out in force again to plant trees this year, putting over 105 trees in the ground over a single Saturday morning. Over one hundred volunteers contributed by bringing lunch dishes, driving their pickup trucks, registering and greeting other volunteers, and going out in teams to plant trees.

We met at Kaiser Town Hall on Saturday, January 28 for the annual neighborhood tree planting. As in previous years, we teamed up with Arbor Lodge neighbors to host the Friends of Trees planting. After teams went out for the morning to plant all those trees, they returned to an abundant lunch prepared by other Overlook neighbors. What a great day! And it



would not have been possible without everyone of you who attended!

Many thanks to all our contributors, especially including Kaiser Perma-

nente for hosting us. Additional thanks to PGE/Portland General Electric for sponsoring the event through Friends of Trees!

Check out the newly planted trees as you walk the neighborhood. In a couple months they will be budding and will start their new lives with all of the other trees; shading hot summer streets, soaking up storm water, cleaning the air, and pleasing our eyes.

I'd like to thank every volunteer I've worked with over the past couple of years. Hundreds of you have taken a little time to help out in really important ways. I'd also like to thank other Tree Team organizers for their commitment and energy to planting trees and building community in our neighborhood, especially to Cynthia Sulaski who mentored me through my first year as a tree planting coordinator. This has been a truly rewarding experience for me. Thank you all!

Have a great Spring and a better Summer!  
Garrett.B.Phillips@gmail.com or 503.422.5070

## Tree Planting Coordinator Needed



from Garrett Phillips and the Overlook Tree Team  
trees@OverlookNeighborhood.org

You read about our awesome 2012 Overlook Tree Planting event, and what a rewarding experience it has been to work with so many motivated neighbors and volunteers. While I've enjoyed this work immensely over the past two years, I am moving out of the neighborhood and we are looking for a new Tree Planting Coordinator.

Some of the benefits I've experienced as coordinator include getting to know a lot of neighbors in Overlook, I've built some skills in communication and putting things together to get stuff done, and I've seen how with not too much effort, you can bring together hundreds of people to make great things happen. These were my first two years living in the neighborhood, and this experience made me feel at home and connected with the community. Its amazing how much other cool stuff you learn from talking with people about other stuff.

**So what does the tree planting organizer do?**  
Well its sort of up to you. There are some basic things that I'll go over here, and if you want there is room for extra ideas and effort. Friends of Trees helps organize the event. Actually they do most of it, and support you in everything that you do. I also will support you throughout the process.

### Here are the basics:

- Work with Kaiser Permanente to set up the annual event at their place. **4 hours, Winter**
- Call people who are interested in ordering trees to help them do it. **6 hours, Fall to December**
- Call volunteers before the planting day to help them choose roles for the event. **6 hours, January**
- Come to the planting event and coordinate volunteers. **6 hours, in January**
- Attend a few community events to promote tree planting. **8 hours, Summer and Fall**
- Attend a few meetings with Friends of Trees to stay on the same page. **4 hours, Summer to January**

### Here are extras:

- Work with the Overlook Tree Team to coordinate neighborhood planting and tree maintenance.
- Canvass the neighborhood to encourage more people to get trees.
- Start a native plant and tree planting initiative for the parking strips/pollinator pathways
- Mentor an aspiring youth environmental organizer
- You probably have better ideas than I do, so go for it!

Please call or email me to let me know if you are interested. I can answer questions, and tell you more about how it all goes down and the kind of help I can give you. Then you can decide if you want to get involved.

Garrett.B.Phillips@gmail.com or 503.422.5070

## Tree Challenges: The Other Side of the Leaf

### Overlook Tree Team reaches out to solve care and maintenance issues with neighbors

by Tamara Maher and Cynthia Sulaski  
OKNA Board Members

Street trees have wonderful benefits to give to our community, but these gifts come with some interesting dilemmas. The City of Portland encourages planting of street trees with enthusiasm for a number of excellent reasons. Trees are capable of substantially reducing the cost of storm water treatment by conserving water and reducing erosion, reducing urban temperatures in the summer and fight greenhouse effects, reducing air and noise pollution, increasing wildlife habitat, and saving energy costs.

The lovely spring blossoms and full-leafed beauty of our street trees in summer, which shade us from the hot sun and brighten the look of our inner city, give way every year in the blustery autumn when their leaves wave goodbye and become yard debris and compost. However, while many of our neighbors are diligent composters, not everyone is willing or able to use leaves in this way. For many, the leaves can pose difficult challenges. They can be hard to rake and dispose of, slippery to walk, bike or drive on, and can cause backed up storm drains. And, as these trees grow and mature, they must be maintained to

allow them to remain healthy and to age gracefully without causing damage. They must be removed at the end of their healthy lives, as trees will eventually reach their lifespan and need to be "re-purposed" by removal.

While street trees are the city's property, the burden of maintaining them has long been ours as homeowners. Several community members raised the challenges posed by this obligation on property owners as a topic of discussion at our November neighborhood general meeting last year.

Our community has many lovers of trees who dearly value the urban forest here in Portland, and especially in Overlook. And these neighbors also recognize the maintenance challenges faced by homeowners and property owners. So, a group of us hope to formulate some methods to help address these issues as a neighborhood, possibly pooling resources and purchasing services as a group to obtain tree maintenance discounts. We have also begun to approach the City's Urban Forestry Board in hopes of raising the visibility of these issues city-wide.

We would value working with other neighbors who are interested in this topic and willing to participate. If that's you, please contact us at trees@OverlookNeighborhood.org.

## Overlook Street Tree Inventory Results

by Vinny Parisi  
Overlook Tree Steward

Last summer, volunteers worked with Portland Parks & Recreation's Urban Forestry division to conduct a street tree inventory in the Overlook Neighborhood. Only street trees were inventoried, those trees between the street curb and the sidewalk in the planting strip. Over the course of three monthly workshops, 31 volunteers contributed 175 hours collecting data on 3,575 trees. Data collected included tree type (species or genus), condition, size (diameter at breast height), planting strip width, and presence of overhead high voltage lines. Data was supplemented with available planting space data collected by the Bureau of Environmental Services. Data analysis and recommendations were completed by PP&R Urban Forestry staff.

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www.OverlookNeighborhood.org

### Environmental & Aesthetic Benefits:

Overlook's street tree population was assessed to quantify the dollar value of annual environmental services and aesthetic benefits provided by trees: energy conservation, air quality improvement, carbon dioxide reduction, stormwater control, and property value increase. The model relies on tree size and species, as well as current pricing for electricity rates, median home resale value, regional stormwater interception costs, and costs of tree maintenance. Overlook's street trees provide nearly \$295,000 annually in environmental services and aesthetic benefits. Each tree provides an average of \$82 worth of benefits annually. The replacement cost of Overlook's tree population is valued at \$11,104,640.

### Urban Forestry Recommendations:

Overlook's street tree stocking level

is 64%, which means that 64% of possible planting spaces are filled, a pretty decent number. There still remains, however, 1,681 spaces for planting street trees. Of this available planting space 407 spaces are greater than 6 feet, without overhead wires and could support larger, more valuable trees.

Broadleaved evergreens are under-represented at less than 1% of all trees in Overlook. As these trees hold onto leaves through the winter, they provide year round benefits to the neighborhood and mean less leaves to clean up. There are many beautiful broadleaved evergreens to chose from, including Southern Magnolia and Pacific Madrone, just to mention two of my favorites. Planting in the smallest planting strips is not a priority, as they provide very little return on investment. However, all plantings help contribute to a neighborhood "tree ethic" and encourage others to plant.

Plantings should continue to include a diverse array of species, genera, and families, particularly those other than maple (Acer) and in the rose (Rosaceae) family, which make up a large portion of Overlook's trees. Take advantage of existing planting programs, such as low cost trees through Friends of Trees.

For more assistance with choosing the right tree for the right place contact Urban Forestry, Friends of Trees, or a Neighborhood Tree Steward. To see the full final report for Overlook or other neighborhoods visit Urban Forestry's website: <http://www.portlandonline.com/parks/index.cfm?c=38294>

Contact me at [vinnyparisi@gmail.com](mailto:vinnyparisi@gmail.com), the Overlook Tree Team at [trees@OverlookNeighborhood.org](mailto:trees@OverlookNeighborhood.org) or find us at an OKNA event near you.



## O•Nest Meetings

### 1st Mondays

Write these on your calendar and come on over... O•NeST general meetings are on the first Monday of every month. There's a potluck meal at 6:00pm, meeting follows at 6:30. Come for one or both! Planning, idea sharing, discussion, action.  
Daybreak CoHousing Community Room  
2525 N Killingsworth St.

## Film Series

### 3rd Mondays

#### The O•NeST 3rd Mondays

**Film Series** kicked off January 16 with *Vanishing of the Bees*, a documentary about American beekeepers and their responses to Colony Collapse Disorder.

We'll continue on February 20<sup>th</sup> with *The Farmer and the Horse*, the story of three young people in New Jersey who've made the decision to farm with draft animals, and cut their dependence on petroleum.

March 19 we'll screen *In Transition 2.0*, highlighting communities around the world that are gaining resilience by printing their own money, growing food everywhere, localizing their economies and setting up community power stations... stories of hope, ingenuity and the power of growing salads in unexpected places!

We'll continue the film series through October. Let us know if you have a film recommendation!

Potluck meal at 6:00 pm, film follows at 6:30. Come for one or both! Daybreak CoHousing Community Room, 2525 N Killingsworth St.

## Courses

"Discovering a Sense of Place" is a seven-session discussion course book for the workplace, university, community or faith center, or home focusing on knowing and protecting our place. O•NeST would like to organize a local discussion group, offered through the northwest Earth Institute. We will meet locally. Please contact us to join this discussion group!

#### Discussion Course Goals:

- To understand the meaning of a bioregional perspective, and what it would mean to develop one.
- To consider the benefits of consciously developing an intimate relationship with your place.
- To explore what it might mean to protect the place where you live.



**You Like Us,  
You Really  
Like Us!**

In our ongoing efforts to best connect with you, Overlook, we've gone Facebook! Find our page at [www.facebook.com/OKNAinPDX](http://www.facebook.com/OKNAinPDX) and 'like' us to get OKNA added to your news feed.

OKNA's Facebook page is open, which means anyone can share neighborhood news, links, stories, funny cat photos (ok, maybe not) AND our Overlook businesses are invited to post their offers and happenings as well. The page has already proved a good way to share

*The purpose of O•NeST is to support neighbors in implementing projects for our community that enhance livability through sustainable action and know-your-neighbor.*

O•NeST hosts several on-going events and activities; you are welcome to join any or all of them. Please feel free to drop in on a film series or show up for one of our special events. If you have any questions, please contact Leslee at an OKNA meeting, by email or Facebook.

## Special Events

participate in one or more of these planned activities



### April: Rain Gardens 101 Workshop

Sunday, April 29<sup>th</sup>, 1:00—5:00 pm  
at Overlook House (with Metro) Free.

### May: Earthquake Home Retrofit Workshop

In partnership with North Portland Tool Library

### June: Home Ecotour

Neighbors opening their homes to share information about their installations: solar, bees, chickens, grey water, vermiculture, compost, wind power, insulation/energy efficiency, greenhouses, etc.

If you'd like to show your 'site', please contact us!

### July: Yard Sale/Free Share

Last summer's neighborhood-wide yard sale was a big success! We'll repeat it in July, so start laying aside your sale items! Details to follow in the next Overlook Views.

### August: Garden Tour

With a focus on food production. If you have a garden you'd like to show, please contact us!



## Farmers Market Closed

"Lack of participation" means no Wednesday Overlook Park market.

We are sorry to report that the Interstate Farmers Market volunteer-run board of directors has disbanded and the market is cancelled due to lack of participation.

Community organizers in the Kenton neighborhood are still working to see if a neighborhood market is viable in their area. The Interstate Farmers Market had a short run of a market at the De La Salle High School campus on N Lombard.

If you are interested in organizing or volunteering for another North Portland farmers market, please contact Tom Griffin-Valade, Director of North Portland Neighborhood Services: 503-823-4524

The St Johns Farmers Market opens their season in June:

Saturdays, 9 am to 2 pm  
June 2 – October 13  
St. Johns Plaza, N Lombard & N Philadelphia  
[www.sjfarmersmarket.com](http://www.sjfarmersmarket.com)

public safety information in a casual 'hey me too!' sort of way.

You can also find us on the web: [www.OverlookNeighborhood.org](http://www.OverlookNeighborhood.org) and your email inbox. Join our mailing list today and stay connected with your neighborhood.



Should we know?  
Email Michelle with your neighborhood info and funny cat photos:  
[views@OverlookNeighborhood.org](mailto:views@OverlookNeighborhood.org)

## Reading Circle

### 4th Mondays

#### *The Transition Handbook*

"What if the best responses to peak oil and climate change don't come from government, but from you and me and the people around us?" –Rob Hopkins, author.

The film *In Transition 2.0*, shows communities around the world that are engaging in the Transition Towns process, which in many cases began with groups of neighbors reading *The Transition Handbook*.

Three meetings, all on 4<sup>th</sup> Mondays: March 26, April 23, June 25. Let us know if you'd like to borrow a book – we have a few circulating. Contact Josh at [josh.cabot@gmail.com](mailto:josh.cabot@gmail.com) by Feb. 29 if you want to join us or get in the next group.



Email: [ONeST@overlookneighborhood.org](mailto:ONeST@overlookneighborhood.org)

Webpage: [sites.google.com/site/overlooksustainability](http://sites.google.com/site/overlooksustainability)

Facebook: [www.facebook.com/pages/ONest/215745721771268](http://www.facebook.com/pages/ONest/215745721771268)

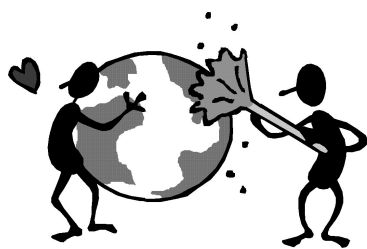
Join our email list & watch our website!



## OKNA ANNUAL EARTH DAY CLEAN UP

Please join us for our annual clean up day in the neighborhood. This year we will focus on our soon-to-be-adorned Pittman Addition HydroPark and the north side of the Going Street Pedestrian Overpass. Watch for exciting new art installations coming soon.

Bring work gloves and dress in layers; we'll supply the refreshments.



Please contact Alan Cranna, 503-285-7944 or [ascran3@hotmail.com](mailto:ascran3@hotmail.com) with your questions or RSVP.

This event is sponsored by:

**Portland Water Bureau**

**Bureau of Planning and Sustainability**

**Metro**

**Overlook Neighborhood Association (OKNA)**

## Beach School Campus Cared For By All

by Thomas Breuckman  
Beach School Principal

Beach Elementary has a thriving and vibrant community of strong individuals and families that believe that with a little extra effort, the school can shine. These individuals show up religiously every Saturday in the months of October and April to help the school campus look its best. There is no reason why our schools should not have well kept lawns, blooming flower beds and new trees and bulbs planted in the Spring. One such individual who believes this with a passion is Jocelyn Bourgault, a mother of a 2nd grade immersion student, Rémy, and who happens to be a Program Manager with a knack for getting things done.

With a lot of convincing, communication, Stump-town coffee and the Voodoo Doughnuts or pastries,

Jocelyn has marshaled the Beach community each October and April to weed, trim, prune, sweep, and do what it takes to make the campus look appealing for passersby, parents, visitors but most of all for the kids. “I truly believe that if our school looks cared for, our kids will care for it too. If we show the neighborhood that the school has life, people will respect it. People will pick up after their dogs, instances of graffiti will drop and our lawns won’t be treated as garbage drop-off sites.”

In the three years since the Grounds Clean-Up have been running the school campus has improved so much - and yet there is so much to do every year to keep the vegetation looking great. There is no budget from the District for routine campus clean-ups and weed control, so what the volunteers accomplish in those two months has to stretch out for the year. Although the support has been strong, Beach Elementary would love to **welcome more volunteers** whether they have kids in the school or not.

If you are a neighbor reading this and would like to be part of this great group of dedicated volunteers all you have to do is show up.

The April 2012 dates are as follows: 4/7, 4/14, 4/21 and 4/28 from 10-noon. See you there!



Jocelyn Bourgault, Guy Bourgault, Joe Hoffman and PTA President Bryn Dearborn rest for a moment with 2<sup>nd</sup> grade kids Carmen, Alex and Rémy. Photo by Kristen Meyer.

## Beach Student Writing

Jan Pauley’s K/1st graders’ recent homework assignment was to bring back an imaginative or narrative story. Quincy knocked this one out of the park; enjoy! Thank you again to Assistant Principal Kristen Meyer for promoting her students’ efforts at improving their writing skills.



### The Snow Furniture

by Quincy

**I went to a cabin in the snow with my family and my friends, Mason, Saylor and Baxter. Mason, Saylor and I made an ice chair. It was not hard. It was made of soft, soft snow. We almost made a snow couch. The snow chair was a really big snowball with a back. It was comfortable to sit in. We didn’t make a snow couch because we didn’t have enough time. We went inside for lunch. After lunch we had a sale. We had snow balls for 5¢. We had snowman parts. The bottoms were \$1. The middles were 50¢. The heads were 25¢. We tried to sell the snow chair, but we didn’t. We sold two whole snowmen! We sold six snow balls to Ed, mason’s daddy. (Not the Mason in my class.) Ed tried to get people with the snowballs but he missed. It was fun!**

### Jefferson & Ockley Green Students:

We’d love to hear from you, too. Please contact us with your news!

[views@overlookneighborhood.org](mailto:views@overlookneighborhood.org)

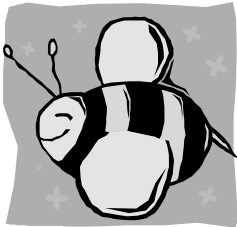
## How to Help Honeybees

1. Grow flowers, plants and herbs to help provide food for bees.
2. Eliminate pesticides in your garden and lawn.
3. Bees are thirsty. Provide a continuous shallow basin with clean water in your garden.
4. Buy directly from a local beekeeper who avoids chemicals and produces raw honey.
5. Eat organic and pesticide-free food.
6. Become a beekeeper with sustainable practices.

–from the movie, *Queen of the Sun*

## Overlook Views Page 6

[www.OverlookNeighborhood.org](http://www.OverlookNeighborhood.org)



## Get Smart and Volunteer for SMART

by Jim Heiman  
Overlook Neighbor

Our neighborhood school, Beach Elementary, still needs volunteers for the SMART (Start Making a Reader Today) program, which takes place on Tuesdays and Thursdays. They have available times in the morning and afternoons for new SMART volunteers. They also need substitutes when scheduled readers cancel because of illness or other reasons. You can get more information by contacting Lynette Yasuda (see below). This is a very rewarding way to help a youngster get started on the right path in school. We are all aware that classroom size has increased and teachers have become very stretched. I know your help will be really appreciated.

SMART is a nonprofit book and reading program that envisions an Oregon where all children can read and are empowered to succeed. SMART partners with hundreds of schools statewide to



## Walking With Words

by Ruth Lewellen-Dix  
poetry post #4

Two years ago, my daughters gave me a poetry post as a surprise birthday gift. It stands next to my front steps for passersby to pause and read the month’s message. It has prompted friendly interaction with neighbors near and far and has inspired me to do more with poetry in my own life.

This year daughter Christine Truszkowski put up her own poetry post and suggested we create a loop walk with the five other posts in the Overlook and Arbor Lodge communities. As we walked from post to post we noted other N Portland points of interest and thought they should be included too (Adidas campus, the bluff, community gardens to name a few). After describing how to navigate the loop we called on daughter, Stephani Onisko, a GIS Analyst to design a map.

Our hope is that folks will enjoy the walk and share their ideas about each poem as they view our interesting North Portland neighborhoods.

**Michelle sez:** I think it would make a neat project for someone to document the other poetry posts in Overlook. If you can think of a low-tech/easy/low-effort way to accomplish this, let’s talk! Poetry posts, sharing boxes and other interactive community projects spring up all around Overlook. With the City Repair Placemaking project time approaching soon, there will be even more: <http://cityrepair.org> I have heard of one Overlook project (still a secret!). If you have thoughts, drop me a note: [views@OverlookNeighborhood.org](mailto:views@OverlookNeighborhood.org)

deliver literacy support to children in Pre-K through 3<sup>rd</sup> grade. Teachers recommend students for participation in the program, which complements the school's curriculum.

SMART Site Coordinators recruit and train community volunteers to read with children once a week from October to May. SMART volunteers are paired with the same children throughout the program year allowing for a consistent, one-on-one caring relationship that gives them the extra attention, self-confidence and necessary skills to succeed in school and beyond. Participating children also receive new books each month to keep and read with their families. To make a difference at Beach Elementary and in the Overlook neighborhood, please visit [www.getsmartoregon.org](http://www.getsmartoregon.org) to apply online.

Volunteer applications take approximately 5-10 business days to process. If you have any questions, please contact Lynette Yasuda at 971-634-1609 or [lyasuda@getsmartoregon.org](mailto:lyasuda@getsmartoregon.org).



Download a full page version of the map here: <http://www.overlookneighborhood.org/images/PoetryPostWalk8x11.pdf>

## Become one of the Friends of Patton Square Park

We’re dedicated to taking care of our beautifully remodeled park and keeping it healthy for everyone! Email us to join in: [greenacres@OverlookNeighborhood.org](mailto:greenacres@OverlookNeighborhood.org)





# Overlook Neighborhood Public Safety Forum

by Julie Rawls  
Overlook Neighbor

On the evening of October 19, 2011, approximately 150 Overlook neighbors and special guests gathered at the Kaiser Town Hall ballroom for a public safety forum. The event was organized by and for neighbors as a way to share information and introduce everyone to key people in our community who work (and volunteer) to make Overlook a safe place to live and work.

Those attending were first able to visit information tables and chat with agency representatives that included the Bureau of Emergency Communication (911), Office of Neighborhood Involvement (Graffiti Abatement), Portland Police, Portland Parks and Recreation Parks Rangers, as well as representatives from our own Beach Foot Patrol, Overlook Neighborhood Association, and Overlook Livability Team.

After the open house portion of the evening, attendees were seated and Overlook Crime Prevention Coordinator Mark Wells emcee'd a panel discussion that featured North Police Precinct Commander Mike Leloff, the Portland Police Gang Enforcement Team, Multnomah County District Attorney Jim Hayden, Lt. Tony Silva of the Transit Police, Capt. Greg Wong from the Portland Fire Bureau, and Kaiser's head of security, Bob Smith – to name a few of the participants. At the time of the event, parts of Overlook were experiencing a number of suspicious home fires, but luckily that activity has died down. Neighbors also worked with police to close down a drug house in Overlook (south of Going) in a very dramatic and effective early morning police raid, so that was also discussed at the forum.

Speakers at the event stressed the importance of filling out a police report if neighbors see or experience crime in Overlook. Filling out a police report is important because the Police Bureau assigns patrols based on where crime is occurring. If neighbors do not report crime, then the police assume Overlook is a safe place and they assign officers elsewhere. Filling out a report is easy and only takes a few minutes; you can do it online at [www.portlandonline.com/police](http://www.portlandonline.com/police). The forum may have been responsible for one very positive outcome: Mark Wells reports that Overlook has recently been assigned a dayshift district officer – so we now have officers assigned to Overlook for all three shifts.



Overlook neighbors and Public Safety personnel mix at this year's forum.  
*photo credit: Steve Lanigan*

After the forum, neighbors started a Facebook community page to share safety information as well as other musings about the neighborhood. Recently two neighbors reported garage break-ins; one in broad daylight with the neighbor home! You can “like” this site (Overlook Neighborhood Community) and join in the conversation. Mark Wells also maintains an email distribution list that was started at the forum and he shares safety information and announcements with Overlook residents.

We hope to make the safety forum an annual event, but in the meantime, if you have any safety questions or concerns, or would like to be added to Mark's email list, please contact him (see box).

## Crime Prevention Update

by Mark Wells  
City of Portland, Crime Prevention Program

Greetings, Overlook residents, I hope you all have had a safe few months and a happy holiday season. We are into 2012 and I wanted to update you all on several crime trends we are seeing in the Overlook area and some basic crime prevention practices to help minimize your chances of becoming a victim

### Car Prowls

A constant crime issue for the Overlook area is continual car break-ins or car prowls. These are the number one crime in the City. Please keep your parked car locked at all times and remove ALL VALUABLE ITEMS. The vast majority of car prowl victims I speak to admit to leaving valuable items in plain view. This simple step can really help prevent this too common crime.

### Tresspass

Of particular note is an increase in reported trespassing on private residential property and property theft from residential yards and garages. Residents are finding backyard gates left open in the morning and there have been reports of property and especially recycling stored in backyards being stolen. Here are some tips to help prevent these crimes:

- ★ Lock and secure all gates and fences leading to backyard areas.
- ★ Add motion lighting to side entrances and gate areas.
- ★ Do not keep valuable items like tools and ladders in plain view.
- ★ Lock and add lighting to any garages or outdoor sheds.

Please call or email me and I can send you a Do-It-Yourself security assessment for your property.

### Budget Cuts Are Coming—

I would like to make you all aware of the upcoming City of Portland budget cuts and ask you all to get involved and participate in the budget process. At the writing of this article all City Bureaus including Police and Fire, are looking at substantial cuts. We are facing the potential loss of 50 sworn police officers with the current forecasted budget of approximately a 4% cut to the Police Bureau's Budget. Please contact your City Council and speak up for the services and programs you feel are the most important.

### Crime Reporting—

While North Portland continues to have the highest rate of under-reporting, Overlook appears to be do-

## Live Safe

### Public Safety & Crime Prevention



### Unwanted Soliciting & Trash/Recycling

I receive constant calls regarding soliciting at residential front doors and also regarding individuals going through garbage and recycling. Here are some tips and my advice on how to minimize problems with both.

For unwanted solicitation:

- ★ Install a clearly visible “No Soliciting” sign by your front door.
- ★ Politely tell any solicitors who disregard your sign to leave.
- ★ We have criminals in Overlook posing as solicitors so remain vigilant.
- ★ Call the police if the person does not immediately leave your property.

For trash and recycling issues:

- ★ Do not put your trash and/or recycling out on the street until the morning (if able).
- ★ Do not leave or accumulate cans and bottles in plain view anywhere on your property.
- ★ If you see an individual on your property obviously looking for cans/bottles, politely ask them to leave and inform them they are not to be on your property. I've had multiple reports of individuals going through backyards and on front and rear porches claiming to be just looking for cans/bottles. If you see anyone in your yard, especially at night or in a rear or gated area of your property please call 911 and do not confront the individual.

ing a much better job. Our overall crime is up from 2010 compared to 2011. There were 607 total reported crimes in Overlook in 2010 versus 712 reported crimes for 2011. I believe this is due to much more accurate and timely crime reporting along with an uptick in property crimes such as car prowls and property theft most North Portland neighborhoods are currently experiencing. Please keep helping me spread the work about on-line crime reporting and why it's so important. For the first time in over a year, Overlook now enjoys a dedicated District Police Officer for all three shifts. Crime victims filing those reports are a huge part to getting the police coverage Overlook requires and deserves....so THANK YOU!

### Crime Prevention Coordinator Mark Wells

8134 N Denver in Kenton  
503.823.4098 Monday – Thursday  
[Mark.Wells@portlandoregon.gov](mailto:Mark.Wells@portlandoregon.gov)

## Mark Wells’ Handy Dandy Ways to Be Involved with Public Safety in Overlook

- 1) **Get involved in the North Portland Public Safety Action Committee (PSAC).** This public group meets the 4th Wednesday of each month at the Kenton Historic Firehouse, 2209 N. Schofield, 7-9pm. Contact Mark Wells to be added to the e-mail list for reminders and advance agendas.
- 2) **Get involved in the City of Portland's budget process.** Public Safety Bureaus are looking at potential 4% or 6% cuts, which could mean as many as 50 fewer sworn police officer positions next year. PSAC is a great place to hear the latest details on public safety budgets at both the City and County level. Please get involved and speak up for the services you support and feel should not be cut.
- 3) **Get involved with existing public safety groups.** Our neighborhood is very lucky to have the Beach School Foot Patrol and the Overlook Livability Team. Start or rekindle a Neighborhood Watch group on your street. Contact Mark Wells for more information on these programs.

### Overlook Neighborhood Emergency Team

#### Gilah Tenenbaum, NET Team Leader

503-281-2980 or [seabird24@yahoo.com](mailto:seabird24@yahoo.com)  
Monthly preparedness group meetings, specialized training available.

Like OKNA!  
[www.facebook.com/OKNAinPDX](http://www.facebook.com/OKNAinPDX)

# OVERLOOK ESSENTIALS

## February 2012

| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday                                    |
|--|--|--|---|--|---|---|
| 12   | 13<br>Overlook House<br>•Qi Gong AM&PM<br>•Yoga<br>•Storyteller                          | 14<br>Happy Valentine's Day!                                       | 15<br>Overlook House<br>•Family Yoga<br>•Yoga                                       | 16<br>Overlook House<br>•Qi Gong AM&PM<br><br>TaxAide-N Portland Library. Page 3 | 17  | 18<br>Overlook House<br>•Kid's Qi Gong      |
| 19<br>Volunteer your time to help a reader with SMART. See Page 6. | 20<br>ONeST Film<br><i>The Farmer and the Horse</i><br><br>Regular Overlook House Events | 21<br><b>OKNA General Meeting 7-9pm</b><br><b>Kaiser Town Hall</b> | 22<br>Overlook House<br>•Family Yoga<br>•Yoga<br>PSAC 7-8:30 pm<br>Kenton Firehouse | 23<br>Overlook House<br>•Qi Gong AM&PM<br><br>TaxAide-N Portland Library. Page 3 | 24<br>Are you working on your presentation for a future OKNA meeting? Page 3. | 25<br>Overlook House<br>•Kid's Qi Gong      |
| 26   | 27<br>Overlook House<br>•Qi Gong AM&PM<br>•Yoga  | 28<br>TaxAide-Peace Lutheran Church. Page 3.                       | 29<br>Overlook House<br>•Family Yoga<br>•Yoga                                       | March 1<br>Overlook House<br>•Qi Gong AM&PM                                      | March 2   | March 3<br>Overlook House<br>•Kid's Qi Gong |

## March 2012

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday                               |
|--|--|--|--|---|--|--|
| 4<br>Livability Team Meeting Day (page 7)                    | 5<br>ONest General Meeting 6pm (page 5)  | 6<br><b>OKNA Board Meeting 7-9pm</b><br><b>Overlook House</b>      | 7<br>Overlook House<br>•Family Yoga<br>•Yoga<br>NET Team Meeting (Page 7)          | 8<br>Overlook House<br>•Qi Gong AM&PM<br>TaxAide-N Portland Library. Page 3   | 9  | 10<br>Overlook House<br>•Kid's Qi Gong |
| 11   | 12<br>Overlook House<br>•Qi Gong AM&PM<br>•Yoga<br>•Storyteller                          | 13<br>TaxAide-Peace Lutheran Church. Page 3.                       | 14<br>•Friends of Patton Park meeting  | 15<br>Overlook House<br>•Qi Gong AM&PM  | 16<br>Have you considered being a tree planting coordinator? See Page 4! | 17<br>Overlook House<br>•Kid's Qi Gong |
| 18<br>Be an Overlook Views Delivery Hero! See Page 3.        | 19<br>ONest Film & Food<br><i>In Transition 2.0</i><br><br>Regular Overlook House Events | 20<br><b>OKNA General Meeting 7-9pm</b><br><b>Kaiser Town Hall</b> | 21<br>Overlook House<br>•Family Yoga<br>•Yoga                                      | 22<br>Overlook House<br>•Qi Gong AM&PM<br>TaxAide-N Portland Library. Page 3. | 23   | 24<br>Overlook House<br>•Kid's Qi Gong |
| 25<br>Sign up for next month's Rain Garden workshop. Page 5. | 26<br>Overlook House<br>•Qi Gong AM&PM<br>•Yoga<br>•Storyteller                          | 27<br>TaxAide-Peace Lutheran Church. Page 3.                       | 28<br>PSAC meeting<br>Kenton Firehouse.<br>Overlook House<br>•Family Yoga<br>•Yoga | 29<br>Overlook House<br>•Qi Gong AM&PM  | 30<br>Get ready for Beach Campus Clean Ups, coming next month.           | 31<br>Overlook House<br>•Kid's Qi Gong |

## April 2012

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday  |
|---|--|--|---|--|---|---|
| 1<br>Overlook Livability Team. Page 7.<br>Ice Cream Social at Overlook House! Page 2. | 2<br>ONest General Meeting 6pm (pg 5)<br>Overlook House<br>•Qi Gong AM&PM<br>•Yoga<br>•Storyteller | 3<br><b>OKNA Board Meeting 7-9pm</b><br><b>Overlook House</b>      | 4<br>Overlook House<br>•Family Yoga<br>•Yoga<br>NET Team Meeting<br>Contact Gayle Vrla (Page 7) | 5<br>Overlook House<br>•Qi Gong AM&PM                                    | 6<br>Save a Saturday for Earth Day; the OKNA Clean Up is on the 21st.                 | 7<br>Overlook House<br>•Kid's Qi Gong<br>Beach Campus Clean-Up 10-12 (page 6) |
| 8   | 9<br>Overlook House<br>•Qi Gong AM&PM<br>•Yoga<br>•Storyteller                                     | 10<br>TaxAide-Peace Lutheran Church. Page 3.                       | 11<br>Overlook House<br>•Family Yoga<br>•Yoga   | 12<br>ONest General Meeting (page 5)<br>Overlook House<br>•Qi Gong AM&PM | 13  | 14<br>Overlook House<br>•Kid's Qi Gong<br>Beach Campus Clean-Up 10-12         |
| 15<br>Have you 'liked' us on Facebook yet?<br><b>OKNAinPDX</b>                        | 16<br>ONest Film TBA (page 5)<br>Overlook House<br>•Qi Gong AM&PM<br>•Yoga                         | 17<br><b>OKNA General Meeting 7-9pm</b><br><b>Kaiser Town Hall</b> | 18<br>Overlook House<br>•Family Yoga?<br>•Yoga  | 19<br>Overlook House<br>•Qi Gong AM&PM                                   | 20<br>Go for a Walk With Words.. See Page 6 and the Poetry Posts.                     | 21<br><b>OKNA Earth Day Clean-Up!</b><br>(see page 5)                         |
| 22  | 23<br>Overlook House<br>•Qi Gong AM&PM<br>•Yoga<br>•Storyteller                                    | 24   | 25<br>PSAC meeting<br>Kenton Firehouse<br>Overlook House<br>•Yoga                               | 26<br>Overlook House<br>•Qi Gong AM&PM                                   | 27  | 28<br>Overlook House<br>•Kid's Qi Gong<br>Beach Campus Clean-Up 10-12         |
| 29<br><b>Rain Gardens 101 Workshop</b><br>Free<br>See Page 5.                         | 30<br>Overlook House<br>•Qi Gong AM&PM<br>•Yoga<br>•Storyteller                                    | May 1  | May 2<br>Overlook House<br>•Yoga  | May 3<br>Overlook House<br>•Qi Gong AM&PM                                | May 4<br>Clean up, clear out.. the Overlook Yard Sale & Free Share is coming in July! | May 5<br>Overlook House<br>•Kid's Qi Gong                                     |

### Where to go? Who to call?

**OKNA Board Meetings**  
**1st Tuesday Monthly 7- 9pm**  
Overlook House  
3839 N Melrose Drive

**OKNA General Meetings**  
**3rd Tuesday Monthly 7- 9pm - Join us!**  
Kaiser Town Hall  
Corner of Interstate and Overlook Blvd

Your Crime Prevention Coordinator  
Mark Wells: 503.823.4098

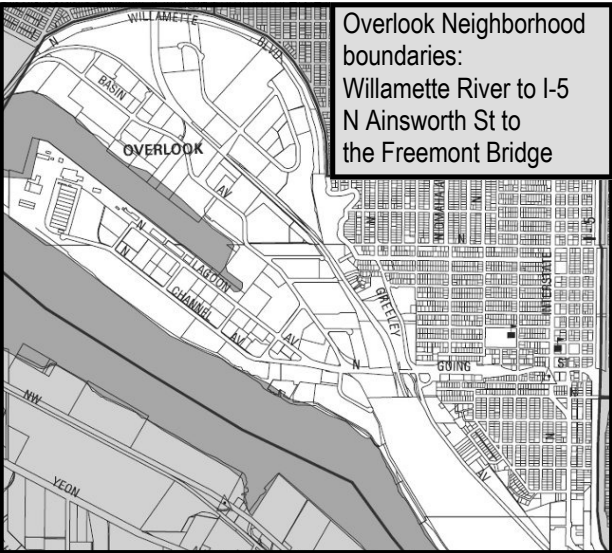
**Police Non-emergency: Report it!**  
**503.823.3333**

North Precinct Neighborhood Response  
Officer: 503-823-5700

Graffiti Hotline, 503.823.4824  
email graffiti@overlookneighborhood.org

Abandoned Auto 24hr Hotline  
503.823.7309

Metro Recycling Information  
503.234.3000  
www.metro-region.org



Overlook Neighborhood boundaries:  
Willamette River to I-5  
N Ainsworth St to the Freemont Bridge

### Stay Connected!

For **weekly emails** about more time-sensitive items, visit **www.OverlookNeighborhood.org**, enter your email address in the Yahoo! box and join our mailing list. Emails go out once per week. Submit your short item to info@OverlookNeighborhood.org with ‘Post to List’ in the subject line. All submissions subject to review and edit.

Can’t wait? “Like” us on **Facebook**: facebook.com/OKNAinPDX and you can share your thoughts immediately. Business neighbors: your commercial postings are OK.

**Overlook Neighborhood Association**  
2209 N. Schofield Street  
Portland OR 97217  
info@OverlookNeighborhood.org

Chair@OverlookNeighborhood.org reaches the Board Chair, or you may leave a message at North Portland Neighborhood Services: 503.823.4524

**Newsletter:** Michelle Thompson  
views@OverlookNeighborhood.org

**OVERLOOK VIEWS** is published 4 times per year by the Overlook Neighborhood Association (OKNA). This paper is 40% post-consumer waste content; please recycle!

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**Special thanks to the Overlook Views contributors!**

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**Contribute** your photos, letters, articles and information: views@OverlookNeighborhood.org