



# Overlook Views

your neighborhood newsletter

Vol 7 No 3

September/October 2010

Overlook Neighborhood Association, Portland Oregon  
www.OverlookNeighborhood.org

## Overlook Annual Picnic August 17, 5:00-9:00pm

Pause Restaurant at 5101 N Interstate



**When:** Tuesday, August 17, 5:00-9:00pm  
**Where:** Pause Restaurant at 5101 N Interstate  
**What:** Generous helpings of grilled deliciousness, salad & sweets. Veggie option available.  
**Why:** Because we love seeing you!  
**How Much:** \$7 at the door  
**Expect:** At least 100 of your OKNA neighbors and a rollicking good time!

**RSVP** by Aug 15 to qualify for your **free drink** by contacting Kent Hoddick: 503.286.9803 or hoddick@teleport.com

**Pay at the Door!**  
All are welcome, don't worry if you didn't RSVP. Come on by!

**Door Prizes:** Oh Yes, we've got 'em!

Surf to our redesigned website at



OverlookNeighborhood.org

Sign up for the email list, find back issues of the news letter and meeting minutes and tons of resources for Overlook neighbors.

Have an idea for the website? Drop us an email! We look forward to hearing from you.

## It's Ice Cream Social Time!

Friends of Overlook House Event is Fun for All

Mark your calendar in August for the Ice Cream Social on **Sunday, August 29th** from 6:00 to 8:00 pm. Overlook moms, dads, grandmas, grandpas, and ALL Neighbors who like to eat ICE CREAM WITH YUMMY TOPPINGS and visit on a warm summer evening mark your calendar with the date.

Contact Jessica at the Overlook House, 503.823.3188, if you're interested in volunteering or have any questions.



## OKNA Board Elections in September

The month of September marks the end for a lot of things — the summer season, vacations, and sunny weather here in Portland — but it also marks the beginning of some things, like the fall season, school for kids, and for OKNA, Board elections.

September's General Membership meeting, held at 7pm on Tuesday the 21st, will be the time & date for the election of OKNA's 2010-11 Board. Anyone who lives, works or owns property in the Overlook neighborhood, who has attended at least one General Membership meeting in the year prior, is allowed to apply for nomination to the Board. The elections will

be conducted in the same manner as last year, with the general membership (the people present) at the meeting voting for a slate of candidates to become OKNA Board members. Those Board members will meet in October to decide who will fulfill the leadership positions of Chair, Vice-Chair, Treasurer and Secretary. Interest and appointment for the other specific chair positions like Land Use, Membership, Environmental, Parks/Greenspaces and others will also be established then.

Please remember OKNA welcomes all neighbors and has room for everyone who has an interest in helping out. If you feel inclined to join the Board, please don't hesitate to become involved prior to elections: Attend an upcoming meeting, contact any of the current Board

members and introduce yourself. Being a Board member of OKNA isn't a huge time commitment, but it is very rewarding and your assistance and leadership within the association will go a long way to making sure that the Overlook Neighborhood continues to be a great place to live. For any specific questions please email: info@overlookneighborhood.org.

We'd love to hear from you and we hope to see everyone at September's General Membership meeting.

### Newsletter Delivery Need

You have been wondering to yourself.. How can I get involved with Overlook Views and still get my bi-monthly exercise quota filled?

Great news! Overlook Views is seeking a few good delivery people; we're always hiring! Routes are short and easy to handle; we'll probably find you one right near your house. Every other month, you get to hit the streets and go door to door to deliver one of Portland's last free print newsletters, and join the ranks of our Dedicated Volunteer force.

Contact Alan and Michelle: views@overlookneighborhood.org or 503-285-7944.

### Holiday Party Heads Up

OKNA is pleased to announce the date for our annual Holiday Potluck Dinner, and a new host venue!

This year's Holiday Potluck will be held on **Friday, December 10** at **Daybreak Cohousing** at 2525 N Killingsworth Street. This will be a comfortable place to share a meal, catch up on chats, vie for door prizes and relax together before the season gets busy.

If you'd like to help make this year's Holiday Party a success, please contact OKNA at info@overlookneighborhood.org or phone Alan Cranna at 503-285-7944.

## Polish Festival 2010 Portland's Best Kept Secret is in Overlook



The Polish festival is an event for families and singles, adults and children, for food connoisseurs, music lovers, concert goers, dance enthusiasts — It is for everyone.

The annual Polish Festival, one of Oregon's premier ethnic events, celebrates its 16th anniversary **September 25-26** on the Polish Library Hall and St. Stanislaus Church on the 3900 block of N Interstate Ave. Admission is free.

More than 12,000 people over two days are expected to attend; the festival runs from 11 a.m. to 10 p.m., Saturday, and noon to 6p.m., Sunday, with continuous stage entertainment and a Saturday night street dance. Free parking in the Kaiser Permanente lots, or take the MAX Yellow Line to the Prescott or Overlook Park stations.



The non-stage entertainment will include multi-ethnic performers from throughout the Pacific Northwest including the popular Polonez renaissance court dance company from Vancouver, B.C.

This year's festival foods will include pierogis, fruit-filled pastries and, delectable kielbasa sausages, and a beer garden featuring Polish lagers, porters and other beers. Chefs have ordered **15,000 pierogis** for the two-day fete and imported 6,000 bottles of Polish beers and wines.

For more information on the festival, contact Marek Stepien 503-810-6926.

Neighborhood businesses are part of what makes living in Overlook so wonderful. Take a moment to find out what they have to offer...

**Krakov Cafe & Pub** opens an international food cart August 15, at NE Killingsworth and 16th Avenue. Chef Tito Santamaria brings the Euro fusion menu with touches of his Seville, Spain and Mexico City heritage along with him and promises new and exiting things for you to try.

**Unfortunately, the Krakow location at N Interstate Ave & Shaver closed Aug 6**, a victim of the economy and times. The Overlook neighborhood will miss our café and Mark, Jane, daughters Grace and Pearl, Basia, Tito and the rest of the Krakow crew.

Check out [www.myspace.com/krakowkoffee](http://www.myspace.com/krakowkoffee) for the new cart menu and location.

**Copy Pilot** 5215 N Lombard between Hereford and Hodge streets open 9 -7 weekdays 10-5 Saturdays. Overlook residents Dave & Michelle Schleiger owner/operators. Mention Overlook views for 10% off copy services.

Visit the collection of over 500 hats dating to the 1960s and before at **AlexSandra's Vintage Emporium**. Mention OKNA and receive a free pair of clip on earrings. 6726 N Interstate Avenue. [alexsandras.com](http://alexsandras.com)

**The Service Bay Bar** at The Beaterville Cafe welcomes you to weekday and Saturday entertainment. Voted one of the best outdoor patios in Portland. "We were looking for something different, a tad off kilter, and brings a smile to your face."

Like to lower your utility bills this winter? **Dakota Home Improvement** can do a Home Performance review on your home. It takes 3-4 hours; cash incentives from Energy Trust make this a very affordable solution, Call Mark at 503.260.6112

Are you planning your home's summer chore to-do list? Let us help! **Arciform** offers maintenance & home repair services. Craftsmen available NOW! Schedule by 10/31/10 - receive 1ST HOUR FREE! (\$65 value) 503.493.7344

Come experience **Exodus Spa & Salon**—Where Neighborhood Roots Meet Spa Quality—and enjoy 20% off any single service. We offer hair services, nail care, skin care and massage. Visit [www.exodusspa.com](http://www.exodusspa.com) or call 503.288.3110 to learn more.

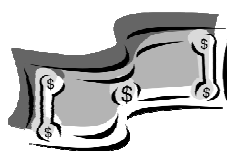
**DiPrima Dolci—Pizzeria-Bakery-Ristorante**, 1936 N. Killingsworth, open daily for breakfast and lunch; dinner Thursday-Friday-Saturday 5-9 pm. Special monthly events: Harvest Festa, Sept. 16-18; and Wine Festa, Oct. 14-16.

**Little Dragon Taekwon Do** which just opened at 4812 N Interstate had to close its doors due to some unforeseen financial setbacks. Classes continue at the new location in the Masonic Lodge nearby at 3503 N Mississippi and Little Dragon is happy to stay in the neighborhood. For information, please contact Ms Davis at 503-358-1413 or [littledragontaekwondo.com](http://littledragontaekwondo.com)



### Tour Nights

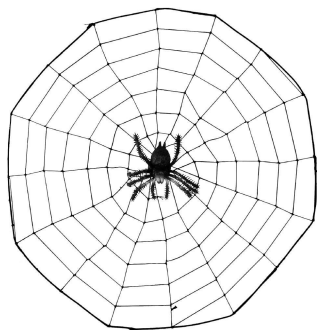
Please stop by on any Tuesday evening from 5-7pm to view the house for the first time, check details for your event, or simply wander around the wonderful house and beautiful gardens.



**Thursday, September 16<sup>th</sup>**  
from 10:00 -

11:30am join Dave Trabucco at the Overlook House for a **free** educational seminar called **FOCUS ON FIXED INCOME** - Taking an Interest in Bonds May Help Provide Interest for Your Future.

Dave Trabucco is a Financial Advisor with Edward Jones. Learn more about: Bond characteristics and features, The relationship between interest rates and bond prices, tax advantages of municipal bonds, how bonds may help you weather fluctuating markets. RSVPs appreciated. Contact Dave Trabucco at 503.247.7374.



### HALLOWEEN PARTY!

Spooky good times await at the Overlook House!

Sunday, October 31st 4:00pm—6:00pm

Ages: 1—5 years old

Overlook families with kids ages 1-5 are invited to come and enjoy fun activities & treats for the kiddos at the Overlook House. Wear your costume! Volunteers needed! Please email [catherinereynolds@comcast.net](mailto:catherinereynolds@comcast.net) if you can help setup, bring treats, or help in any other way!



### Free Seminar

Social Security 101:  
Everything You Wanted to Know

Guest Speaker: Alan Edwards -  
Public Affairs Specialist, Social Security Administration

Date: **October 20th, 2010**

Time: 6:00 pm

Sponsored by: Dave Trabucco -  
Financial Advisor, Edward Jones

**What's happening in your Overlook business? Please join our email list to speak directly to your neighbors and customers!**  
[views@OverlookNeighborhood.org](mailto:views@OverlookNeighborhood.org)

Greetings from the Overlook House. The new roof got a good test this spring with all the rain we had. But April, May and June showers brought lots of flowers to the gardens. They were spectacular this summer. Thanks to all that worked on the flower beds and pruning.

We had a festive summer wedding season. We are looking towards fall with a few more weddings. Our classes and workshops are continuing to be offered, so if you missed the opportunity to drop by for a class during the summer, take advantage of this opportunity this fall. Following are the listing of classes and when they are being offered. We hope to see you at one of them. As always let me know what other class ideas you have.

### Class Offerings:

#### Yoga

Bring your yoga mat and join Heidi Jo Timm and Maneena Douglas for an hour of Yoga Monday or Wednesday evenings from 5:30pm-6:30pm in the basement of the Overlook House. Cost is \$5 to drop-in or \$25 for the month. For further information contact Heidi Jo Timm at [heidijotimm@gmail.com](mailto:heidijotimm@gmail.com) or Maneena Douglas at [maneena@gmail.com](mailto:maneena@gmail.com).

#### Meditation & More

If you would like to try meditation, Monday evenings 7pm-9pm Alejandro Pawliszyn guides and instructs you through a free evening of meditation in the upstairs School Room. Since July of 2009, the Overlook House has been housing a grass root, local mindfulness meditation group whose growth reflects the interest of our neighbors, near and far. Over 90 participants have attended these free weekly gatherings open to the community at large. The group has no formal affiliations or doctrine, and it is governed by a clear preference for rational ideas, curious inquiry, and a lighthearted spirit of openness and reflection. The group strives to keep conversations free from metaphysical final answers or charismatic authority. In the process, there is plenty laughter as members examine how to live a better life. Topics revolve around mindfulness, with emphasis on Buddhism, personal growth, science, psychology, philosophy, social justice, ethics, environment, etc. Each meeting starts with a brief introduction to meditation, followed by 20 minutes of silent meditation practice and a group discussion. For questions contact Alejandro Pawliszyn at [alepawliszyn@yahoo.com](mailto:alepawliszyn@yahoo.com), 503-914-7001. To get a sense of some of the discussions visit <http://mindfulprocess.wordpress.com/>

#### Tai Chi Chih

If Tai Chi Chih is what you are after contact Steve Marsh at [taichi-marsh@hotmail.com](mailto:taichi-marsh@hotmail.com) 503.283.4991 [www.taichichih.org](http://www.taichichih.org). His classes meet the 4<sup>th</sup> Saturday of every month in the basement of the house; weather permitting you can find them outside.

Looking for something to help you feel more connected while allowing this flowing moving meditation to help slow you down and relax? Eight week class is designed for you to learn all 19 movements and final pose. No special abilities or coordination necessary. Many health and well-being benefits. It all begins on Thursday night, 9/9 from 6:30 p.m. - 7:45 p.m. in the basement of the Overlook House. Teacher Steve Marsh has also taught at the Chinese Garden, VA, and The Oregon Education Association--and co-hosts monthly FREE practices at The Chinese Garden and elsewhere. Class fee is \$60 with returning student fee of \$30. More info at movement website [www.taichichih.org](http://www.taichichih.org). Contact Steve for questions and required pre-registration at: [taichi-marsh@hotmail.com](mailto:taichi-marsh@hotmail.com) or 503-283-4991



photo courtesy Steve Marsh

#### Knitting Group

Bring your knitting needles and join the knitting group in the living room for a Monday evening of knitting (6:30 PM – 9PM.) For more information contact Lorainne Huffman at [lori\\_hoffman@comcast.net](mailto:lori_hoffman@comcast.net).

The first **Movie Night** at the Overlook House was a success. Friday, July 16<sup>th</sup> friends and neighbors arrived with blankets, ready to watch the featured film: Fantastic Mr. Fox. Thank you to University Park for donating the screen and sound system. Fun was had by all! Join us next summer for more movie entertainment.

#### FALL MOVIE NIGHTS?

Keep an eye on your email, or the OH notice board for late-breaking news on this proposed event; we're trying to organize a final Fall family movie night for September or October.

#### The Historic Overlook House:

If you have ideas for classes or events, please let Jessica know; she would love to hear from you. If you have a question or concern for the Friends of the Overlook House Board, Jessica will direct you to the right person. The Board meets on the 4th Tuesday of the month.

Reach Jessica by email or phone or drop in during her office hours:

Monday, Tuesday, Wednesday, 10-2 and Thursday 12-1

Email: [coordinator@historicoverlookhouse.org](mailto:coordinator@historicoverlookhouse.org)

[www.facebook.com/historicoverlookhouse](http://www.facebook.com/historicoverlookhouse)

Phone: 503-823-3188

Web: Visit [www.historicoverlookhouse.org](http://www.historicoverlookhouse.org) for current event details

# Steppin’ Out on Greeley

by Clare Matthias  
OKNA Board Member

More and more people in Portland are making an effort to shop locally and support small and local businesses. A notion to be applauded. Here in Overlook we have our own diverse, small business community, and they would love your support.

One business area that many of us drive through frequently on our way to and from other parts of North Portland is Greeley Avenue, from Killingsworth to Ainsworth avenues. Below is a partial list of the retailers and restaurants in this area.

Have a look and see if there is something right here in this corner of Overlook that interests you, and make a little time to stop and get acquainted with some of these nearby entrepreneurs.

Among them you’ll find restaurants and cafes, but also natural medicine practitioners and herbalists, insurance agents, realtors, hair salons, and old home remodelers.

## Home Energy Review Saves \$\$

from Overlook Views

Most of us are drawn to Overlook, in part, for the charming mix of older homes. Some of these seasoned vets have been updated, some are in process and some are still in a triage state. Having 16 years in an 85-year old home, I’m familiar with project prioritizing! However, one of the more mundane updates we did during our recent remodel has really paid off: Insulation. Our heating consumption last winter was the lowest we’ve ever had. And one of the first tools I used for information when I was prioritizing was a no-cost home energy audit. The folks at EnergyTrust of Oregon came to a recent OKNA meeting, and offer us the following:

### How do I know where to start saving energy?

You could be wasting as much as 60 percent of the energy used to heat and cool your home. Leaky ducts, inefficient equipment, poor insulation and air leaks may be inflating your energy costs. To find out what is causing the energy loss, use an online Home Energy Analyzer or schedule a Home Energy Review with Energy Trust of Oregon. An energy advisor will come to your home when it’s convenient, spend an hour walking with you through your home and visually assessing typical areas of energy loss. After the review, you’ll get customized recommendations on where to start, plus information on cash incentives available when you improve the energy efficiency of your home.

An extra bonus: you will receive free compact fluorescent lightbulbs, sink aerators and a water saving showerhead.. be sure to ask!

More bonus! It turns out that a genuine Overlook resident is one of Energy Trust’s Trade Allies. Meet Mark Tabert of Dakota Home Improvement.

Mark and his wife, Eileen, moved into the Overlook neighborhood last year. Prior to moving to Oregon, Mark owned an HVAC business in North Dakota for 25 years. After raising children and watching them all leave the state, he and Eileen decided it was time to go, too (I think he finds the winters here an improvement). He started Dakota Home Improvement in 2007, and while it began as a remodeling business, DHI

If we support our local businesses and enterprises and help keep them healthy, our whole neighborhood will benefit from the prosperity!



**Girl Talk by Leslie**  
Hand-painted glass stemware in colorful, fun and amusing styles, for parties, entertaining and gifts.  
5931 N Greeley Avenue  
503-236-0814  
www.lesliepaintedglass.com

**Kaya Construction**  
General Contractor offering remodeling, restoration and construction services. Specializing in older homes and businesses.  
5802 N Greeley Avenue  
503-283-8161  
www.kayaconstruction.com

**Madrona Hill Café**  
Coffee, espresso, sandwiches, pastries and free WiFi.  
5937 N Greeley Avenue  
503-289-7617

**Mio Sushi**  
Family-friendly Japanese eatery featuring an extensive menu of traditional and creative fusion dishes.  
2735 N Killingsworth St (Corner of Greeley )  
503-286-5123  
www.miosushi.com

**North Station Food Carts**  
Wide selection of lunch, dinner and dessert food carts open 7 days a week. Take-out or covered and heated on-site seating.  
2730 N Killingsworth (Corner of Greeley)  
503-675-3925

**Oregon Wild**  
An educational, scientific and charitable organization working to protect and restore Oregon’s wildlands, wildlife and waters. Volunteering opportunities and free staff-led hikes available.  
5825 N Greeley Avenue  
503-283-6343  
www.oregonwild.org

**Reliable Income Tax Services**  
Portland’s oldest professional tax service. Family owned and operated since 1945.  
5816 N Greeley Avenue  
503-289-4500  
www.reliabletax.net

**Yorgo’s Greeley Avenue Bar & Grill**  
Long-time local watering hole and sports bar with a popular menu of sandwiches, burgers, wings, hummus, microbrews. New outside patio.  
5421 N Greeley Avenue  
503-283-0676

## Real Estate Recap

Here is a round up of recent real estate sales completed in the past two months in the Overlook neighborhood.

Our thanks to neighbor Dawn Barry-Griffin of Paris Group Realty (503-381-7035) for sourcing this information for us!



Address	SF	Bed/ Bath	List Price	Sold Price	Days on Market
4035 N Castle Ave	2329	3/1	\$299,000	\$288,500	3
1541 N Humbolt St	2216	2/1	\$299,900	\$299,900	3
2145 N Webster St	2340	2/1.1	\$249,950	\$249,950	8
2416 N Alberta St	2508	3/2.1	\$489,000	\$449,000	105

## Ethos at IFCC: Welcome to Overlook!

### IFCC programming returns this Fall

Charles Lewis, Executive Director and Founder of Ethos Music Center sends us the following message about the future of the Interstate Firehouse Cultural Center on N Interstate Avenue.



Dear Friends,  
  
I am pleased to announce that Portland City Council voted unanimously in favor of Ethos operating the Interstate Firehouse Cultural Center (IFCC)!

Many of our friends and neighbors supported us during the competitive application process, and I know that if we work together, we can once again create a vibrant multi-use arts center at the IFCC.

IFCC has always been an inclusive arts venue for traditionally underrepresented communities. Ethos will continue this rich legacy and honor the individuals who organized and operated the center for over 28 years. We will work tirelessly to make IFCC an exemplary venue for music, dance, theater, and the visual arts. Ethos is currently working with a number of community partners to shape responsive arts programming to benefit past IFCC constituents while also expanding to reach new voices.

Ethos is also requesting panelists to help us guide programming decisions at the IFCC building. If you would like to apply to serve on one of these panels, please sign up online at <http://ethos.org/ethos-at-ifcc-panelist-application/>

IFCC is a community space. It is your space. With your help we can create a dynamic national example of quality programming and community collaboration. In the upcoming weeks, I will keep you informed about the ways that you can help shape Ethos at IFCC.

I would like to send sincere and humble gratitude to the countless individuals, neighborhood associations, nonprofit partners, and local government agencies that have helped us during the application process. I would also like to personally thank Portland City Council and most especially Commissioner Nick Fish for selecting Ethos in this competitive process. With your support, we're looking forward to quickly reinvigorating the arts in the IFCC building.

Please visit the Ethos website to learn more about upcoming programs at the IFCC and join their mailing list for more time-sensitive updates. Contact Charles Lewis at 503-283-8467



Surf to [OverlookNeighborhood.org](http://OverlookNeighborhood.org) & sign up for the email list!





## Overlook's Heritage Trees: plant your own personal legacy

By Erika Reiber  
Overlook FOT Tree Coordinator

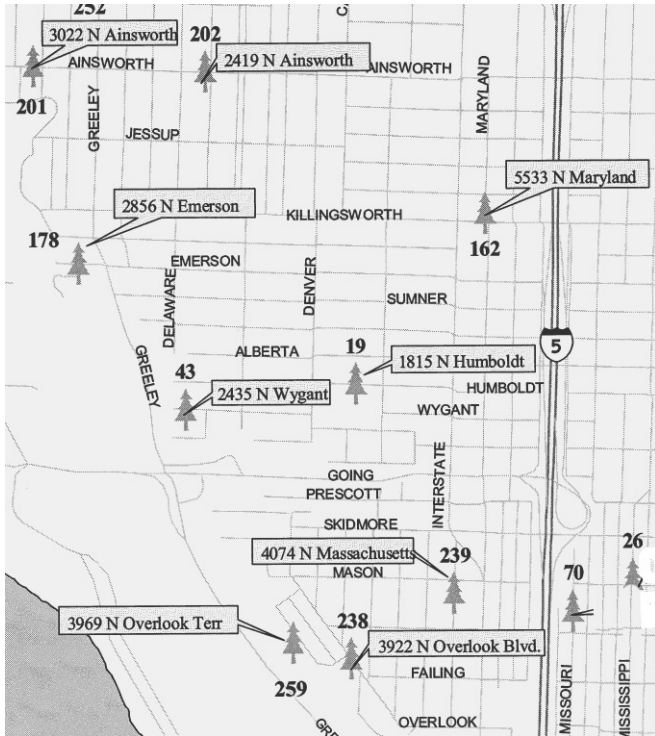
Portland City Code contains an ordinance which allows trees that have been approved by City Council to be designated as **Heritage Trees**. In addition to trees that are old or especially large, a tree that is a unique specimen or has an historical interest may

make it onto the Heritage list. Once designated, it is unlawful for a Heritage Tree to be removed or injured. The trees can be in public spaces, like right-of-ways or parks, or also on private land if it is visible from the sidewalk. Currently the City has nearly 300 Heritage Trees, representing over 100 species. Ten of these are in Overlook, and all are worth a look as you walk through the neighborhood.

Each tree will have a plaque which identifies the species and the year it became a Heritage Tree. *(Thanks, Matt Scoggin, for getting us a photo of one!)*

There are many species of oak trees but the **Scarlet Oak** (#259 on the map) is uncommon in the Portland area. The one at 3922 N Overlook Blvd is over 100' tall with scarlet foliage in the fall. Another tree, which is considered very rare in Portland, is the **Gray (Digger) Pine** (#239). There is one in our neighborhood on N Mason near the corner of N Massachusetts. Watch out for the spiky cones that can weigh up to 5 lbs! The first designated Overlook Heritage tree is an **Oregon White Oak** (#19), at 1815 N Humboldt; it could be one of the largest in the city at over 80' tall. There is a beautiful **Northern Red Oak** toward the back of Patton Park on N Interstate Avenue at N Maryland (it's not detailed on the map). During the recent heritage tree inspections, this one was the largest of the Heritage Trees in Overlook. It is **huge**; the trunk measured 16'8' in circumference and the canopy spread was 105'.

If you have a yard tree that you are particularly proud of, or have a favorite tree in the neighborhood, consider nominating it for heritage status. If accepted, you get the bragging rights! The

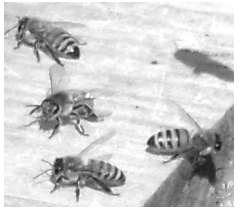


form can be found on [www.portlandparks.org](http://www.portlandparks.org). Nomination deadlines are August 31<sup>st</sup> and May 31<sup>st</sup>.

Where will the City's heritage trees come from 50 years from now? Regulations on the size and type of trees that can be planted in the right-of-ways are stricter now than when our houses were built. As our older street trees die off, they may not be able to be replaced with similarly large trees. On your property though, you can plant any species. Are you new to the neighborhood, or have a birth to celebrate? Consider planting a tree to commemorate a special event. Pass the tree's history onto your kids. You may be the one planting a future Heritage Tree for Overlook.

## My Life With Bees — The Adventure Begins

by Leslee Lewis  
Overlook Neighbor



This spring I decided to 'keep' bees. I'd been hearing through local permaculture friends about the trouble honeybees are having, and of their importance in pollinating our food crops. I signed up for "Bees – The Other Way", a class held in October on a farm in Battle Ground, WA. The instructor teaches what she calls **natural beekeeping**, which focuses on the health of the hive rather than honey production. I loved the class and her approach, so I decided to take the plunge. I got the name of a hive builder in Hillsboro, and I placed an order for a Warre hive.

My hive arrived in March, and later that month I traveled back to Battle Ground for another class – this time covering swarm capture, installing a swarm in a hive, good hive sites and good nectar plants for honeybees. Now I was ready to get a wild swarm for my hive.

In early May, I got an email saying there was a swarm that I could have – if I could be ready – that night! At 7pm the **'swarm wrangler'** arrived with an air-vented cardboard box that was somewhat heavy and emitting a low hum. She and I suited up in hats, veils and gloves and brought the box to the back yard where I'd set up the hive. I opened the hive, the wrangler unsealed the box and then, in a 'tornado' of mellow, honey-drunk bees, we shook and tapped and brushed – by her estimate – around 20,000 honeybees into the hive. I closed up the hive, we brushed each other off, and left them to get acquainted with their new home.



*The Warre hive, installed  
Photo Leslee Lewis*

The next day all the stragglers had found their way into the hive and worker bees were exploring the flowering plants around the neighborhood. Did you know a honeybee will travel 2 miles or more to a nectar source? The bees have settled in and have been busy in the month+ since they arrived. If you see a honeybee in your blossoms, it just might be one of 'mine'!

My hope is to provide good habitat for the bees, and in turn reap the benefits of their pollinating work. I think I'll wait until next spring to take a bit of honey, if there is some that they haven't needed for food during the winter. Imagine – Overlook Honey! I'd like to ask all my neighbors in Overlook to help me – and your gardens! – by not using chemicals that might harm them. I'll do my best on my end to see to their health.

PS: If you saw the front-page article in the Oregonian on July 13th (use this tinyURL: <http://tinyurl.com/367jlwq>), you know about the mites and other environmental challenges that are contributing to what is called Colony Collapse Disorder, a mysterious dying off of honeybee populations that is of grave concern to our farmers and orchardists. I hope you'll join my efforts to keep our neighborhood bees healthy – it will benefit us, too!

**Neighborhood Tree Planting Committee.** Very distinguished! Finally a **call to all renters** (I am a renter too). Tell your landlord that you will water any trees that they plant at your place, and then water those trees!

There is something for everyone to do on planting day or in the weeks and months leading up to it. To learn more about what crucial roles you can play, give me a call (503.422.5070) or send Erika and I an email ([overlooktrees@gmail.com](mailto:overlooktrees@gmail.com)). In the meantime, enjoy thoroughly the trees that other folks have planted and cared for in years past.



## Overlook Tree Planting Scheduled!

by Garrett Phillips and Erika Reiber, Overlook Planting Coordinators

Howdy Neighbors!

It's time to think about where you want trees planted and how you can help plant them. Our neighborhood's planting event is **January 29th**, but there is plenty to do in the meantime. If you want to take advantage of the super generous tree discounts offered through Friends of Trees, the deadline for signing up is **December 20th** (discounts apply to trees for your private yard too). You could wait until then, or **you could start now** and buy a tree while the kind that you want is still in supply. So far, record numbers of people have already begun the process. Here is a breakdown of what you will do to order trees and participate in the event:

1. Walk around your property, and think about where you might like to have a tree.
2. Visit the Friends of Trees website and register. (<https://friendsoftrees.org/order-street-and-yard-trees>).
3. After getting the results of your inspection from the Portland Urban Forestry Division (Friends of Trees takes care of the entire permitting process), go back

to the website and order your steeply discounted tree (s). There is a secure ordering form and pricing guide that makes the selection process pretty easy.

4. Help plant your tree and your neighbors' trees on January 29th at our event, or help out in one of many other great ways.

If you want more information, if you have any questions, or if you don't want to use the internet, please call me at the number listed below.

Some of you already have as many trees as you want on your property, but there are many ways to help without actually planting trees. If you have a pickup truck, we need you to put it to work on planting day! If you enjoy preparing and serving food and hot drinks to hungry people who have been working outside, we need you too!

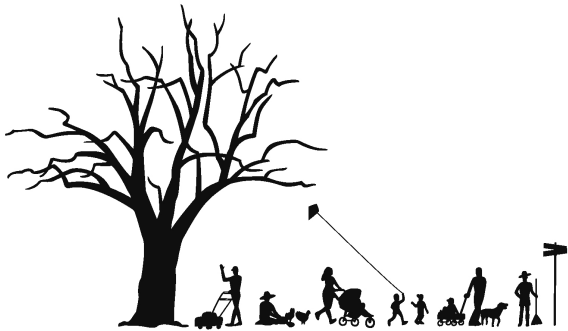
One more thing; actually a few more things. We want your help in making sure that your neighbors know about this awesome opportunity, so come out with us and talk to neighbors about how all of this works (or head out on your own after a very brief-briefing on how its done). Join Erika and I over the next few months coordinating all of the above. If one or more people join us, we can call ourselves the **"Overlook**

Our "Know Your Neighborhood" Meeting

by Deborah & Bill Kalapsa  
Overlook Neighbors

We had often thought it would be nice to pull neighbors together and get to know each other better. With a frustrating increase in crime in our neighborhood lately and realizing how important it is for communities to be prepared for natural disasters, I felt motivated to make it happen.

I was inspired by my late Uncle David, who built his home with his own hands in 1951 and watched it burn to the ground in the 1991 Oakland fires. You never think it will happen to you. But in 1991 a small brush fire grew to a blaze that destroyed hundreds of homes in his neighborhood. Standing on his property all you could see in any direction was ash and chimneys. He dealt with his loss by rebuilding on the same property. Then he proceeded to inspire his neighborhood to organize so to be better prepared as a community to survive a natural disaster and to prevent crime. They collectively were able to strengthen ties between their neighborhood and city agencies, police and fire; to gain fire and crime prevention training; to request as a group additional street lights and fire hydrants.



Finally I decided to research ways to organize as neighbors and was especially pleased to learn the City of Portland has its own 'Know Your Neighborhood' program in place. Many of you may have enjoyed the article in the spring edition of our own Overlook Views about the KYN program and may have attended the presentation that was held at the Overlook House this past spring. If you search 'know your neighborhood Portland Oregon' you will find the website complete with a description of the program and contact information so you can plan your presentation for your block.

Led by neighbors on N Concord Ave. who held

Another Great KYN Meeting, as reported by Michelle Thompson

You may recall my bold proclamation, made public here in Overlook Views on purpose, to organize a KYN meeting for our block. I did this publically so I would be accountable to my loyal readers, and they took me up on it! My neighbor Mary came and found me so she'd be sure to not miss the meeting. Since I had, to that time, procrastinated, I quickly deputized Mary to help me make it happen, and we did.. quickly, too! We were already ahead of the game; we had a map of who lives in which house, and phone and email contacts; choosing a date was the hardest part. Gayle and Edgar also conducted our KYN meeting; they are citizen volunteers who I thank again for sharing their evenings with us. What pleased me the most is our outcome. I felt the burden was on me, as organizer, to do the followup, however, spreadsheet whiz Alan is collecting our data in one place and brand-new neighbor Josh is plotting our homes for water & gas shut-off maps. We'll have more to share after our block party when we put all the data together and show off our 72-hour supply kits!

a KYN meeting in June, there have now been meetings for our block of Overlook Blvd., the block behind us on Overlook Terr. and a block on Castle Ave. It seems neighbors are excited to take advantage of this special program.

For our experience we mentioned the idea to neighbors Mark Sotta, John Klosterman and Elaine Mann, who jumped in to help coordinate the event. John provided childcare at his home. Elaine offered to host our event at her home. All helped with ideas for the evening, invitations and snacks. We created our own contact list for those who wished to share information with neighbors (much easier than trying to collect all the information at the meeting). We identified a person to create an email survey for neighbors who choose to be on a contact list and share information relevant to being supported in the case of a natural disaster. This information will also allow us to share in order to prevent crime and vandalism. There is the option to include special skills or tools you would be able to share in an emergency as well as special needs.

Contacting the city to request our presentation was simple. You can contact the KYN coordinator Stephanie Reynolds at: Stephanie.Reynolds@portlandoregon.gov to request your presentation. She will guide you from there.

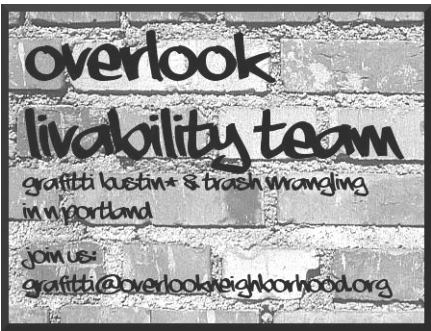
We created invitations and passed them door to door several weeks before our date. Once a date is established a trainer will be assigned to you. In our case we thank our wonderful trainers Gayle Vrla and Edgar Rodriguez.

I am pleased to say we had good response and enjoyed meeting each other, listening to the presentation and learning how we can share information and plan to support each other. The presentation informs us all of other programs and trainings we can choose to experience including opportunities to volunteer.

We are following up by contacting all the neighbors who were unable to attend, providing them with booklets and the option to share their information.

I like the way this program offers a structure and ideas for organizing as neighbors while supporting that we can choose as a group and as individuals to create our own plan of action and participate as we are each comfortable.

In the end, we are all closer as neighbors and one big step closer toward being more prepared to deal with a disaster and support each other in general. It was a very good experience!



OLT:

Overlook Livability Team Update

Crime Prevention Coordinator Mark Wells  
8134 N Denver in Kenton  
503.823.4098  
Mark.Wells@portlandoregon.gov  
Monday – Thursday

June and July were busy months for our Livability Team. On June 5th, we participated in the 3rd Annual North Portland Graffiti event sponsored by Life Fellowship church. Our team was among the almost **140 volunteers** who removed graffiti and picked up trash in most of the 11 neighborhood areas in North Portland.



As of the writing of this article, I'm happy to report the two long walls at the SE corner of Beach Elementary school remain one solid color of **Metro Storm Gray**. Extra paint was left with local neighbors in the area who have volunteered to use the matching paint to cover any future graffiti. A big thank you to all our OLT members and the many **students and parents** who showed up to help us out.



Our July event was business as normal, with each of our five teams hitting their

assigned areas. To give you a quick snapshot, my team (Team 2 on N Interstate from Ainsworth to Going), filled four full bags of garbage and found three hypodermic needles along with a few other "nasty" things. One of these needles was laying right on the sidewalk on N Interstate. We also removed multiple graffiti tags along our route.

December will be the one-year anniversary of the Overlook Livability Team, and I am both proud and optimistic on the team's success and future. If you are interested in joining the team, please drop me an e-mail anytime: mark.wells@portlandoregon.gov or 503-823-4098 Monday – Thursday. THANK YOU OLT MEMBERS!! And thanks, Steve Lanigan, for the fotos!



*Know Your Neighborhood*

*Building Community & Strengthening Readiness Among Neighbors*

Host your own KYM meeting or learn more about Emergency Preparedness and Crime Prevention:

**Stephanie Reynolds**  
Crime Prevention Program Manager  
Office of Neighborhood Involvement Crime Prevention Program  
503-823-2030  
stephanie.reynolds@portlandoregon.gov

**William Warren**  
Office of Emergency Management  
wwarren@portlandoregon.gov

**More info on Disaster Response:** go to the Portland Office of Emergency Management (POEM): [www.portlandoregon.gov/oem](http://www.portlandoregon.gov/oem)  
Click on the "Community Resources" tab then "N'hood Emergency Teams"  
Click on "Get Prepared" for lots of preparedness info

**Neighborhood Emergency Team Training**  
@ [www.portlandoregon.gov/oem](http://www.portlandoregon.gov/oem)  
Click on "Training" tab  
Hold the cursor over "Training Calendar" the "POEM Classes Registration" link will show up.

For info on our **Overlook Neighborhood Emergency Team** contact:  
Gayle Vrla: [vrla@comcast.net](mailto:vrla@comcast.net) 503 289 7158  
Meetings: 1st Wednesday every month (call Gayle for location)

# Block Party Central!

from Suzanne Clarke  
Overlook Neighbor



"It would be wonderful if Overlook became known as the neighborhood with the most block parties."

Neighbor Suzanne dropped an email on us at [views@OverlookNeighborhood.org](mailto:views@OverlookNeighborhood.org) brimming with photos of a roaring block party she and friends put together. We're just getting ready for the Castle Ave party here at the end of the month; it's something I've always loved about living here. Let us know what your block is up to after you read over my shoulder... Michelle

Wanted to send you some photos of the Humboldt Street block party that happened on June 26th. The party took place on Humboldt St. between Concord

and Interstate. I'm told by neighbors that have lived on the street for many decades that there's never been a block party at this location. Over 75% of the neighbors on the street participated by setting up tables, grills and chairs in the street, which we blocked off. The kids loved that they could run and play in the street. In fact, they were the first ones out as soon as the blockades went up.

Many neighbors from adjacent streets stopped by to say hello and to listen to the music. Folks played ping pong, corn hole and ladder golf while being further entertained by three live bands -- Secret Highways, Mostly Dimes and local band All About You.



Neighbors organized the block party because we wanted to get to know each other beyond the occasional hand wave. The block is an eclectic street with long-time homeowners, very recent homeowners and youthful renters. It was easy to throw the party together. The permit to shutdown the street was free and the noise permit only cost \$61.

Pamela Plance from the Office of Neighborhood Involvement assisted me with the process. Then, all the neighbors brought food for their group and a little extra dessert to share with

neighbors. We'll definitely be having another one next year. Hopefully, next year I'll be more on the ball by advertising the party in the Overlook Newsletter.

Reach Pamela through North Portland Neighborhood. Services at [www.npnscommunity.org](http://www.npnscommunity.org) or 503-823-4524.



## Swan Island

### UPS Opening New Facility

UPS announced in July it is opening a large, modern package sorting and delivery facility in Portland, doubling the capacity of its older building. The new \$86 million facility, including parking and trailer staging areas, spans 46 acres.

"The new Swan Island building will allow us to process more package volume in less time and with less effort, which will definitely benefit our customers and our employees," said



Nancy Koeper, president, UPS Northwest District. "We see significant growth potential in this part of the country and this facility positions UPS to provide the

best of service for years into the future."

The facility at 6707 N Basin Ave is an expansion of the old building, which was built in 1971. The new building covers 263,488 square feet; can accommodate up to 265 delivery trucks, and can sort up to 40,000 packages per hour. The old building could service up to 204 trucks and was able to sort half as many packages as the new structure. The new facility also features a modern customer counter inside to handle any shipping need. An automated "tilt tray" sorting process has been added for the sortation of small packages.

Other enhancements include technology upgrades that will decrease the effort needed to sort packages and improve sorting accuracy resulting in reduced fuel consumption, miles driven and carbon emissions. UPS's proprietary routing technology has helped the company avoid driving 119,000,000 miles since 2001. This facility further features a Bio Swale waste water recycling system, super energy efficient lighting fixtures, above-ground fuel tanks and increased recycling capability for solid waste.

 Metro | People places. Open spaces.

## Metro Helps Portland Get RID of Junk

### Regional Illegal Dumping Patrol

At the July OKNA General meeting, Tiffany Gates from Metro's RID Patrol came by to tell us how to combat illegal dumping. Interestingly enough, we'd received an inquiry on the OKNA hotline ([info@OverlookNeighborhood.org](mailto:info@OverlookNeighborhood.org)) regarding some illegally dumped concrete wastage, so it seems like a good time to share this with the rest of OKNA.

Metro's RID Patrol tackles the problem of illegal dumping in multiple ways: cleaning up dump sites, investigating evidence found at the dump sites, issuing citations to the guilty parties, investigating haulers that are illegally dumping and working with law enforcement agencies and communities that need education and help to reduce dumping in their neighborhood.

But, they count on your help; Alert the RID Patrol! If you see anyone dumping illegally, write down a vehicle license plate number and other identifying information. You can report online or by calling Metro Recycling Information at 503-234-3000.

Tiffany reminded us of what her team knows: If you leave it, the situation will get worse. Garbage seems to attract garbage. Illegal dumps diminish the quality of life and livability of the neighborhood. Illegal dumping of trash, garbage, discarded appliances, old barrels, used tires, furniture, yard debris, oil, anti-freeze and pesticides can threaten human health, wildlife and the environment. Dumps can pollute local waterways and groundwater or cause injury to children or pets playing in or around the dumps. Tires become breeding grounds for mosquitoes and other noxious insects. Some dumps have become home to rodents. Illegal dumps depress the value of surrounding land. That could be your property value affected.

Beware of "freelance" haulers

You could become the victim of con artists who dump your trash illegally. The result could be an environmental eyesore and even a citation and fine for the resident who was only trying to save a few dollars. Contact your regular garbage hauler about removing large or unusual items, or give Metro a call for a referral.

Metro works closely with other local government agencies and local law enforcement to assure that illegal dumps are quickly and thoroughly cleaned up and investigated. Metro handles illegal dump cleanup services on publicly owned land. Metro can assist private property owners with investigation of illegal dumps on private property.

Need assistance?  
Metro Recycling Information  
503-234-3000  
[mri@oregonmetro.gov](mailto:mri@oregonmetro.gov)



Should we know?  
Email Michelle with  
your neighborhood info:  
[views@OverlookNeighborhood.org](mailto:views@OverlookNeighborhood.org)





## Trillium Charter School's New Cob Walls

by Kerri Creager  
Overlook resident, Trillium parent,  
Together for Trillium president

Thanks so much to all the Overlook neighbors — residents and business owners — who pitched in during the Village Building Convergence in May and June to help create the new cob walls along the Interstate side of Trillium Charter School.

We had wonderful community support: Donated food, cash donations for supplies, and lots of amazing volunteers—from all over the city but particularly from right here in our neighborhood. Even on the rainy days it was uplifting and just fun to have so many people volunteering their time and energy to work together to beautify the school grounds with sustainable local materials. The vast majority of Trillium's students and staff and many parents and siblings helped mix cob and construct the walls with it. We also really enjoyed having groups of students from Beach Elementary and Opal Charter School have a hand (or foot) in it.

If you haven't seen the cob walls, stop by and take a look: 5420 N Interstate, next to the

---

*Energy Review, continued from Page 3*

has evolved, and Mark has been trained by Energy Trust as a Certified Home Performance Contractor. Once you've had the free Home Energy Review, and decide you want more information, a consultation with Mark can be the next step. He does a more in-depth review of your house, a blower door test, checking indoor air quality and more.

Mark looks for fixes that are simple to do, aren't all that expensive and that will pay off. When it comes to bigger changes, he can help a homeowner evaluate cost savings and ROI to help you get the most bang for your buck. Mark, and the other CHPCs, offer a sales-free place to get solid, personalized information.

Sign-up online at [www.energytrust.org/her](http://www.energytrust.org/her) or call 1.866.368.7878 for your Home Energy Review.

And now, the small print. Customers of Portland General Electric, Pacific Power, NW Natural and Cascade Natural gas can participate with Energy Trust.

Oregon homes that heat with oil, propane, kerosene, butane or wood can conduct their own energy audit and apply for cash rebates for installed weatherization upgrades through the Oregon Department of Energy's SHOW (State Home Oil Weatherization) program.

Check out the website at [energytrust.org](http://energytrust.org) or call our recent presenter Donald Shaw at 503-523-4855.

IFCC. As you'll see, we aren't quite finished. Right now, the cob is drying thoroughly in the summer weather. In August, the cedar shingle roofs for the 2 walls will be completed, to protect the cob from rain next fall.

Community members are constructing a metal gate that will be installed between the two walls to finish the enclosure of what we're calling Trillium's Front Yard. Once school begins, students and staff will plan and implement the final plastering and painting that will further protect the walls from the elements and make the structures even more creative and beautiful.

Most likely there will be a chance for community members to get involved with the plastering so keep a lookout for news about volunteering/learning opportunities.



Photos from Matt Scoggin show that the new cob wall is beautiful from the inside, too, and offer a ground-level peek at the rooftop garden beds.

## Daycare Options for All Overlook Families

Peninsula Children's Center is a well-rounded place!

Come join the diverse group of happy, engaged children, parents, and teachers at Peninsula Children's Center. A nonprofit organization certified by the Oregon Child Care Division, Peninsula has served the N/NE community with high quality early childhood education and family support services for nearly 40 years.

- We serve three meals daily: breakfast, lunch and snack.

- Our Head Teachers have, on average, 10 years of experience in early childhood education with the age groups they play and learn with every day.

- Our Preschool Program has a 1:10 teacher to child ratio, and volunteer Foster Grandmothers participate in our classroom activities 4 days per week

- Our play-based curriculum supports intellectual and physical development. Our large preschool playground includes a learning garden, trike path, and climbing structures.

- We offer free, on-site parenting classes and parent nights on topics such as doing yoga with your child(ren) and positive discipline (dinner and childcare provided!)

- We offer free, on-site physical and mental health services.

We're conveniently located one block from the MAC Yellow Line and close to I-5 at 4720 N Maryland Avenue. Please call today to schedule a tour with our Director of Education Sue Stauber at 503-280-0534, ext. 36. She would love to talk with you today about our program and how we can fit your family's needs. Monday – Friday 6:30 a.m. – 6:00 p.m.

Our Children. Our Community. Growing Together.  
[www.penchild.org](http://www.penchild.org)



## eat the roof!

### Edible Roof Garden Takes Root

by Erin Altz  
Trillium Charter School Partner

At Trillium Charter School an edible rooftop garden is the grounds for garden-based education and public-private partnership. Edible Skylines, LLC was responsible for installation and worked with PSU, PCC and Trillium students in an educational capacity to build the raised beds and install the edible green roof. Trillium students were able to put in their first round of seeds and starts at the end of the school year and are looking forward to coming back to harvest lots of tomatoes, lettuce, peppers and more!

Trillium students utilize the rooftop garden to learn about where food comes from, how to seed, transplant, create planting plans, organic fertilizers, storm water management and how to incorporate what they are growing into weekly cooking lessons. Produce from the student garden will be used in the school lunch program aiding students to see the food cycle come full circle, learn about supporting the local food economy and gain access to more healthy, nutritious and culturally appropriate foods.

Edible Skylines manages the edible green roof and is selling vegetables and micro greens to local restaurants and Trillium families. Edible Skylines is donating 20% of profits back to the school to support the school's garden fund. Students benefit from a democratic learning style in which each student's choices are valued and reflected in the work they are performing in the garden.

At Trillium, students take part in the larger picture of food security and storm water management by learning stewardship principals and taking ownership in the space the rooftop garden has created. Interested in buying micro greens from the rooftop garden? Contact: Edible Skylines/Erin Altz: 503-544-8727



## Campus Clean Up Day!

Join us on **Saturday, August 28** from 9am – 1pm to tidy up the grounds, prune some shrubs and generally get the house in order for the start of the new school year.

### Beach Registration

Kindergarteners and new enrollments, stop by the office any time after August 17 or call 503-916-6236.

## Willamette Bluff Lightposts

The City of Portland will distribute a brief written survey during the month of August to residents **in and around Willamette Bluff** to gather feedback on the various new street lighting systems under evaluation there. Residents will be asked to answer approximately ten questions on a form and return it in an enclosed, stamped envelope.

Responses are greatly appreciated and will help the City in making future street lighting decisions.

# OVERLOOK ESSENTIALS


## August 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 Southeast Sunday Parkways includ- ing the Hawthorne Street Fair 503-823-7599	16 Overlook House •Yoga •Knitting & Crochet •Mindfulness Medi- tation	17 OKNA Annual Picnic! Pause Restau- rant 5pm-9pm See Page 1	18 Overlook House •Yoga Interstate Farmers Market 3-7	19 Overlook House •Story Lady 10am	20 Be sure to answer your light pole survey if you re- ceived one! Page 7	21 Heritage Tree nomination dead- line is coming; See Page 4 to be in- cluded.
22 Did you LOVE Sunday Park- ways? Lobby to include Overlook Park in the future.	23 Overlook House •Yoga •Knitting & Crochet •Mindfulness Medi- tation	24	25 Overlook House •Yoga Interstate Farmers Market 3-7 PSAC: 7-8:30pm Kenton Firehouse	26 Overlook House •Story Lady 10am	27	28 Overlook House •Tai Chi Chih  Beach School Cleanup 9am-1pm See Page 7
29 Friends of Over- look House Ice Cream Social! 6-8pm for genteel socializing. See Page 1.	30 Overlook House •Yoga •Knitting & Crochet •Mindfulness Medi- tation	31 Keep watering your newly planted trees: 10+ gallons per week. Glug!	Sept 1 Interstate Famers Market 3-7 NET Team Meeting Contact Gayle Vrla vrla@comcast.net	Sept 2 Overlook House •Story Lady 10am	Sept 3 Register now with Friends of Trees to get in on this year's planting! See Page 4.	Sept 4

## September 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 Team Livability meets: See Page 5	6 Tomorrow is the first day of school! →	7 OKNA Board Meeting 7-9pm Overlook House	8 Overlook House •Yoga Interstate Famers Market 3-7	9 Overlook House •Story Lady 10am	10 Have you planned your KYN meeting? See Page 5 for details.	11
12 Deadline for the next issue of Overlook Views is coming up. Con- tact Michelle.	13 Overlook House •Yoga •Knitting & Crochet •Mindfulness Medi- tation	14	15 Overlook House •Yoga Interstate Famers Market 3-7	16 Overlook House •Story Lady 10am	17 Help plan the OKNA Holiday Potluck Party! See Page 1 for details.	18
19 Register now with Friends of Trees to get in on this year's planting! See Page 4.	20 Overlook House •Yoga •Knitting & Crochet •Mindfulness Medi- tation	21 OKNA General Meeting 7-9pm Kaiser Town Hall ELECTIONS	22 Overlook House •Yoga Interstate Famers Market 3-7 PSAC: 7-8:30pm Kenton Firehouse	23 Overlook House •Story Lady 10am  Beach Open House (current students) 6pm-8pm	24	25 Overlook House •Tai Chi Chih  Polish Festival! See Page 1
26 Northwest Sunday Parkways 503-823-7599  Polish Festival! See Page 1	27 Overlook House •Yoga •Knitting & Crochet •Mindfulness Medi- tation	28	29 Last Day for Interstate Farmers Market 3-7	30 Overlook House •Story Lady 10am	Oct 1	Oct 2 YOU could deliver the next issue of OV. Please see Page 1 for exciting opportunities!

## October 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 Team Livability meets: See Page 5	4	5 OKNA Board Meeting 7-9pm Overlook House	6 Overlook House •Yoga NET Team Meeting Contact Gayle Vrla vrla@comcast.net	7 Overlook House •Story Lady 10am	8 New OKNA com- mittees have now formed. What would YOU like to do this year?	9
10 Have you visited the new OKNA website? It's rain- ing today, a good day to surf.	11 Overlook House •Yoga •Knitting & Crochet •Mindfulness Medi- tation	12	13 Overlook House •Yoga	14 Overlook House •Story Lady 10am	15	16
17	18 Overlook House •Yoga •Knitting & Crochet •Mindfulness Medi- tation	19 OKNA General Meeting 7-9pm Kaiser Town Hall	20 Overlook House •Yoga	21 Overlook House •Story Lady 10am	22 Register now with Friends of Trees to get in on this year's planting! See Page 4.	23 Overlook House •Tai Chi Chih
24	25 Overlook House •Yoga •Knitting & Crochet •Mindfulness Medi- tation	26	27 Overlook House •Yoga PSAC: 7-8:30pm Kenton Firehouse	28 Overlook House •Story Lady 10am	29	30 
31 Halloween! Come to the Over- look House-see Page 2	Nov 1 Overlook House •Yoga •Knitting & Crochet •Mindfulness Medi- tation	Nov 2 OKNA Board Meeting 7-9pm Overlook House	Nov 3 Overlook House •Yoga NET Team Meeting Contact Gayle Vrla vrla@comcast.net	Nov 4 Overlook House •Story Lady 10am	Nov 5	Nov 6 Daylight Savings ends tonight. Spring Forward, Fall Back.

### Where to go? Who to call?

Overlook House  
503.823.3188  
3839 N. Melrose Drive  
www.HistoricOverlookHouse.org  
**OKNA Board Meetings**  
**1st Tuesday Monthly 7- 9pm**

Kaiser Town Hall  
Corner of Interstate and Overlook Blvd  
**OKNA General Meetings**  
**3rd Tuesday Monthly 7- 9pm - Join us!**

Crime Prevention Coordinator  
Mark Wells  
503.823.4098

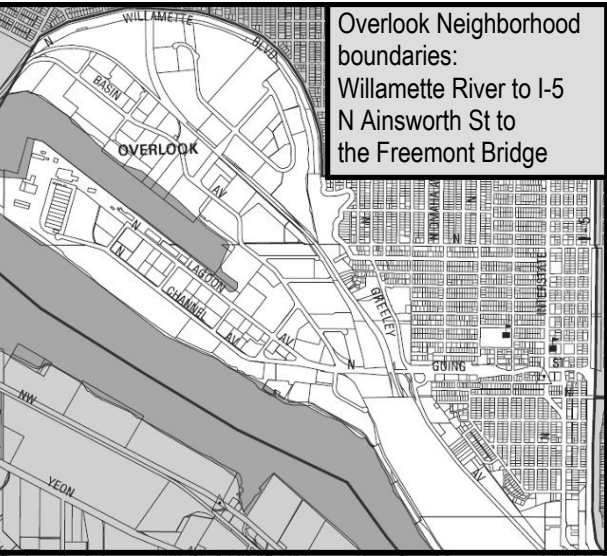
**Police Non-emergency: Report it!**  
**503.823.3333**

Graffiti Hotline, 503.823.4824  
email graffiti@overlookneighborhood.org

Abandoned Auto 24hr Hotline  
503.823.7309

Metro Recycling Information  
503.234.3000  
www.metro-region.org

Beach School  
www.beach.pps.k12.or.us  
503.916.6236



### Stay Connected!

For weekly emails about more time-sensitive items, visit [www.OverlookNeighborhood.org](http://www.OverlookNeighborhood.org), enter your email address in the Yahoo! box and join our mailing list.

**Overlook Neighborhood Association**  
2209 N. Schofield Street  
Portland OR 97217  
[info@OverlookNeighborhood.org](mailto:info@OverlookNeighborhood.org)

[Chair@OverlookNeighborhood.org](mailto:Chair@OverlookNeighborhood.org) reaches the Board Chair, or you may leave a message at North Portland Neighborhood Services: 503.823.4524

**2009/2010 Chairs** (rotating): Matt Scoggin, David Chott, **Kent Hoddick**, Clare Matthias

**Treasurer:** Kent Hoddick  
**Newsletter:** Michelle Thompson  
[views@OverlookNeighborhood.org](mailto:views@OverlookNeighborhood.org)

**OVERLOOK VIEWS** is published 6 times per year by the Overlook Neighborhood Association (OKNA). This paper is 40% post-consumer waste content; please recycle!

**Special thanks to the Overlook Views contributors!**

Erin Altz, Lenny Anderson, Suzanne Clarke, Dawn Barry-Griffin, Jessica Coolidge, Alan Cranna, Kerri Creager, Deborah & Bill Kalapsa, Sally Kavanagh, Mark Kirchmeier, Steve Lanigan, Charles Lewis, Leslee Lewis, Clare Matthias, Garrett Phillips, Erika Reiber, Catherine Reynolds, Matt Scoggin, Mark Tabert, Mark Wells

**Contribute** your photos, letters, articles and information: [views@OverlookNeighborhood.org](mailto:views@OverlookNeighborhood.org)