



Overlook Views

your neighborhood newsletter

Vol 7 No 4

November/December 2010

Overlook Neighborhood Association, Portland Oregon
www.OverlookNeighborhood.org

Please stop and take a moment to acknowledge and thank four Overlook neighbors who have been working on your behalf for the last several years.

Clare Matthias, David Chott, Matt Scoggin and Ray Erickson must all be familiar names to our faithful OV readers; they have contributed stories about their activities over the past couple of years and have been tireless leaders in OKNA.

Clare will be missed as our Business Liaison; she worked hard to keep our business neighbors connected with OKNA. She also kept us in touch with the Interstate Farmers Market and is a great door prize collector and party planner!

David spent two years on the board, serving as Land Use Chair and this year as Co-Chair of the board. He's also a founding member of the Overlook Livability Team and continues to 'bust graffiti' every month.

Matt pursues volunteering like it's paying work. He has been involved in every OKNA project in the past two years that I am aware of, and many others that I may not have noticed. While leading

our Membership and Diversity efforts, Matt also took a turn as Co-Chair. His leadership skills are excellent and his input will be sorely missed.

Ray served us this year as an Area Representative and liaison to the schools, especially to Beach School.



Thank you for your service!

While all of them will be missed, we hope you will see these departures as opportunities for you to step up and become involved. If one of those areas interest you, please let us know by writing us at info@overlookneighborhood.org or talking with one of the board members at a meeting.


HEY, NEIGHBOR!

Remember to attend the
OKNA General Meeting

October 19th 7:00-9:00pm
@ Kaiser Town Hall
Corner of Interstate and Overlook Blvd

On the Agenda in October:
♦ Public Safety Report: Be Informed!
♦ Your Neighborhood District Attorney, Jim Hayden
♦ Board Reports and More!

3RD TUESDAY OF EVERY MONTH!



OKNA Holiday Potluck

See you for supper!



The OKNA Holiday Potluck will be held on **Friday, December 10 from 6:00-8:00pm** at **Daybreak Cohousing** at 2525 N Killingsworth Street. This will be a comfortable place to share a meal, catch up on chats, vie for door prizes and relax together before the season gets busy.

While we are still in the early planning stages at press time, this year's event will surely be as much fun as previous years. We'll have door prizes, activities for the kids and maybe even games for the non-kids.

The concept is simple: Make or buy your favorite holiday food item and bring enough to share. We'll have a buffet of treats and 'virgin' drinks and a couple of hours to sit and enjoy them.

If you'd like to help make this year's Holiday Party a success, please contact OKNA at info@overlookneighborhood.org or phone Alan Cranna at 503-285-7944.

OKNA Board Elected

September's General Meeting of the Overlook Neighborhood Association was another full evening, starting out with a report from our Portland Police Bureau neighborhood officer, Steve Jacquot. Steve, or one of his fellow officers, stops by each meeting to update us on crime issues and trends in Overlook. Steve is happy to be your resource for your Portland Police questions; he'll email you right back!

Steven.Jacquot@portlandoregon.gov

Neighbors also heard from Sue Glenn from Portland Parks & Recreation about Overlook Park; see her report on page 4. While you are there, be sure to see the Friends of Trees planting reminder. Garrett Phillips reminds us that volunteers are needed for January's planting day for a variety of fun and important tasks.

Watch for a new group forming in Overlook, to promote and participate in the Backyard Wildlife Habitat Program. Gaylen Beatty talked about native plants for our backyards and how we can knit together a habitat throughout our neighborhood to encourage and sustain wildlife.

Cynthia Sulaski also gave us a report of her luncheon with the Union Pacific Railroad executives, who visited Portland on their historic steam train #844.

Elections to the board were conducted on a slate again this year. All interested people put their names on the ballot for the 16 positions. The board will decide chair responsibilities among themselves at the October board meeting.

The 2010-2011 OKNA Board consists of Alan Cranna, Alan DeLaTorre, Cynthia Sulaski, Eric Gale, George Spaulding, Kent Hoddick, Leslee Lewis, Michelle Thompson, Steve Lanigan and Tom Kilbane.

Departures from the board this year mean that we have positions open, so this may be just the opportunity you have been waiting for to get involved!

While there are some fixed board positions, OKNA offers ways for you to pursue your particular interests; this year's addition of a Sustainability group is a great example. Neighbor Leslee Lewis is ready to champion her area of interest.

Please consider lending your talents to improve our neighborhood and city.. Perhaps you will find the experience to be, in the words of one board member, 'a way to promote the change *you* want'!

Become An Informed Voter

by Carol Cushman
Overlook Neighbor

The League of Women Voters (LWV) is a grassroots organization that promotes political responsibility through informed and active participation in government. League members fulfill the mission by educating and informing voters, studying issues of community concern, and engaging in advocacy. We are active at the local, regional, state, and national levels.

Each election season LWV registers voters, provides unbiased, non-partisan voter information through its *Voters' Guide*, candidate debates, and an active Speakers' Bureau. The *Voters' Guide* (available at www.lwvpdx.org) gives candidates an opportunity to respond to issue-oriented questions, which are then presented

unedited. League members research each of the ballot measures and provide an explanation, plus background information, and the main arguments of both the opponents and supporters. A new online feature this year, vote411, can be accessed through our web site; it provides a sample ballot to match your specific address with the information from candidates and about ballot measures. There is no charge to the candidates to be included or to citizens to access the material.

Member committees study issues, prepare reports, and when there is agreement develop a position statement on that issue. Neighborhood Associations were studied a few years ago; you can view the three reports written in 2005-2006 on our web site. LWV has local positions on housing, the library, and many more. Our current study topic is equity in the public schools in



Portland. Additional topics address state and national issues; water is the current study topic at the state level.

LWV also advocates for issues when the membership has studied and reached agreement on a particular topic. Campaign finance reform, affordable housing and police oversight are issues Portland LWV frequently speaks on, whether as opinion pieces, letters to the editor, or testimony at public meetings. You can access many of these items under "Issues and Advocacy" at our web site.

More information at www.lwvpdx.org also includes a membership form if you are interested in joining.



Surf to OverlookNeighborhood.org & sign up for the email list!

Neighborhood businesses are part of what makes living in Overlook so wonderful. Take a moment to find out what they have to offer...

EDGE Fitness offers you a FREE 7-day trial and, if you like what you see, new members receive a COMPLIMENTARY fitness and movement assessment, valued at over \$100. Visit us at www.edgefitnesspdx.com.

Overlook Collaborative Preschool is currently welcoming applications for. If your child is between 3 & 5 years old we would love to offer you a private tour. Please visit our website to find out more about our school. www.overlookpreschool.com

Winter is near! We weatherize, paint & spruce up to ensure your home is ready! Arciform's Carpenter on Call - Hourly rates for skilled help! Buy 8 hrs - 1ST HR FREE! (\$65 value) 503.493.7344 Expires 1/31/11

FREE Social Security Informational Seminar - Everything you wanted to know 11/18/10 from 6pm-7pm at the Odd Fellows - Peninsula Lodge 4834 N. Lombard, Portland, OR 97203 Coordinated by Dave Trabucco of Edward Jones RSVP to 503-247-7374

DiPrima Dolci—Pizzeria-Bakery-Ristorante, 1936 N. Killingsworth, 503-283-5936. Open for breakfast/lunch daily; dinner Thursday-Friday-Saturday, 5-9 pm. Special events: Festa di Vino, Oct. 14-16; and Festa di Carne, Nov. 11-13. Order Thanksgiving pies and Christmas specialties! www.diprimadolci.com

Sabi & Friends Vintage Home & Garden, 8402 N. Lombard, St. Johns, 503-719-6176. Stop by and mention "Overlook" and receive 20% off of your purchase. Check out "Shop St. Johns" on facebook to find additional exciting businesses.

Little Dragon Taekwon Do has a new home. Located in the Masonic Lodge on the corner of Fremont & Mississippi. Receive a free uniform with 3 month enrollment. Contact Ms. Davis 503-358-1413 or www.littledragontaekwondo.com for info.

Atomic Pizza not only serves great pizza, calzones, salads, sandwiches, beer and wine, but they also feature a new local artist every month. Local art work makes a great Christmas gift! 2150 N Killingsworth Street 503-285-5490 Closed Mondays.

Greeley Avenue Bar & Grill - NEW owners, NEW look, NEW menu. Happy Hour 3-6 11-close EVERYDAY! \$5 Burger & Beer Lunch Daily. All You Can Eat NFL Breakfast Sunday \$6.50. Corner Greeley & Killingsworth

Overlook Village businesses will be open on Halloween. If you are looking for a safe and friendly option to take your little trick-or-treaters out, how about visiting us on N Killingsworth.

Greetings from the Overlook House. Fall is indeed in the air. We had a successful wedding season. We are looking forward to a wonderful fall. Beginning in October the Open House/Tour Night will change dates and times to be every 2nd and 4th Tuesday of the month from 5pm-7pm."Our weekly classes are continuing as follows...

Monday and Wednesday evenings 5:30-6:30 pm: Join Heidi Jo Timm for Yoga in the basement, for more information contact heidijotimm@gmail.com or Maneena Douglas at maneena@gmail.com.

Monday evenings: Bring your knitting needles and join Lori Hoffman from 6:30pm-9pm for an evening of knitting. For more information, contact Lorainne Hoffman at lori_hoffman@comcast.net.

Upstairs on Monday evenings: Alejandro will guide you through a meditation from 7pm-9pm. For more information contact Alejandro alepawliszyn@yahoo.com, 503-914-7001.

Thursday mornings from 10am-11am: Join Elizabeth Zimmerman, The Story Lady in the basement for an hour of fun filled stories and activities with your child. Price is free, parents and children come see what awaits you.

Thursday evenings: Tai Chi is being offered in the basement of the Overlook House from 6:30pm-7:45pm. For information and pre-registration contact Steve Marsh taichimarsh@hotmail.com or 503-283-4991.

As always, we want to hear from you on your thoughts and suggestions for additional classes.

HALLOWEEN PARTY!

Spooky good times await at the Overlook House!
Sunday, October 31st 4:00pm-6:00pm

Overlook families with kids ages 1-5 are invited to come and enjoy fun activities & treats for the kiddos at the Overlook House. We'll have games and crafts.

Wear your costumes!

Volunteers needed! Please email catherinereynolds@comcast.net or call Overlook House if you can help setup, bring treats, or help in any other way!

Ice Cream Social and Silent Auction

Sunday evening August 29th may have had a touch of fall, but the enthusiasm was great by those in attendance at the annual Ice Cream Social and Silent Auction at Overlook House.

Thanks and kudos to Mary Ellen Baldauff for again chairing this



Dishing out ice cream loveliness!
Photo courtesy Steve Lanigan

event. Thanks also go to her and the committee, Nicole Thorburn, Matt Scoggin, and Carol Cushman, for organizing this event for our community. Many volunteers made light work for an enjoyable evening. Thank you to Carl Brendan, Jeff Barrier, Dawn Barry-Griffin, Lori Cieloha, Jane Finch-Howell, Shelley Gifford, Jim Heiman, Marcella McGee, Marsha Parks, Cynthia Sulaski, Katie VanZanten, and Christy, Sarah & Ben Zabo for their time and energy.

A big thank you to the neighborhood businesses that donated gift certificates and items to the silent auction: Ainsworth Drug, AlexSandra's,




A little goblin and her keeper at the Halloween Party. Photo courtesy Overlook House.

Tour Nights

Please stop by on the 2nd & 4th Tuesdays of the month from 5-7pm to view the house for the first time, check details for your event, or simply wander around the wonderful house and beautiful gardens.

Alibi Restaurant, Atomic Pizza, Beaterville Café, Eddie's Flatiron Pizza, Edge Fitness, Exodus SPA, Fire on the Mountain, Hop & Vine, Lucky Labrador Pub, Madrona Hill Café, Miller Paint, Mock Crest Tavern, The Naked Sheep Knit Shop, New Seasons Market, and Pause. A gift membership was donated by the Architectural Heritage Center and Overlook Restaurant donated ice cream for the event.

Thanks to attendees for making it complete. See you next year!



Santa Is Coming...
To The Overlook House!
Sunday December 12
11:00 to 1:00 PM

Parents mark your calendars; Santa will make his annual visit to the Overlook House!

Get ready for the annual Holiday Bazaar on December 4th and 5th here at the Overlook House.

Saturday 12/4 from 9:00-5:00 and Sunday 12/5 from 9:00-3:00. Browse your neighbors' homemade crafts and goodies. This entertaining fundraiser helps continue and support the community programs for you.

The Historic Overlook House:

If you have ideas for classes or events, please let Jessica know; she would love to hear from you. If you have a question or concern for the Friends of the Overlook House Board, Jessica will direct you to the right person. The Board meets on the 4th Tuesday of the month. Reach Jessica by email or phone or drop in during her office hours: Monday, Tuesday, Wednesday, 10-2 and Thursday 12-1
Email: coordinator@historicoverlookhouse.org
www.facebook.com/historicoverlookhouse
Phone: 503-823-3188
Web: Visit www.historicoverlookhouse.org for current event details



October 1st was Movie Night, another success. Families came together for a fun filled night to watch O Brother Where Art Thou. Watch for more free movie nights coming in the summer of 2011. If you have movie suggestions for next summer we would love to hear them.

Steve Lanigan & Michelle Thompson
OKNA Board Members

Our friends and Overlook neighbors at **Daimler North America** have again provided financial support for publication of the *Overlook Views* newsletter. This will help us to continue distributing the newsletter to nearly 8,000 Overlook residents, workers, and partners throughout the year. **Thank you Daimler North America for your ongoing support!**

Overlook Views is the recipient of another generous donation this year: Longtime OKNA Board member and Overlook resident **Alan Cranna** has donated \$500 to the newsletter this year, with a challenge to the neighborhood association to match it again next year. Alan is a long time volunteer for the Providence Bridge Pedal event, and receives funds each year, based on the number of volunteer water-bearers he recruits, to donate to the non-profit of his choice.



Alan already supports the newsletter as a Delivery Coordinator and is an enduring go-to guy for all things Communications

related and a regular participant in all neighborhood association events. As he's already a heavy-lifter for OKNA, we were surprised, and thrilled, with this latest gift. **Thank you, Alan!**

Newsletter Delivery Need

Great news! Overlook Views is seeking a few good delivery people; we're always hiring! Routes are short and easy to handle; we'll probably find you one right near your house. Every other month, you get to hit the streets and go door to door to deliver one of Portland's last free print newsletters, and join the ranks of our Dedicated Volunteer force.

Contact Alan and Michelle: views@overlookneighborhood.org or 503-285-7944.

BEACH SCHOOL
ESCUELA BEACH
**2011
BENEFIT
AUCTION**

Madeleine Hall • February 26, 2011
3123 NE 24th Avenue • Portland, Oregon 97212
5:00pm Silent Auction • 7:00pm Dinner

DONATIONS
Beach School is looking for donations of goods, services and/or art to be auctioned off at this year's Benefit Auction. Please contact Kelly Carlsmith at 503-335-0209 or gkujath@comcast.net.

TICKETS
\$35 per person if purchased prior to the auction, or \$45 at the door. Tickets can be purchased through the school office at 503-916-6236, or by contacting Pamela White at 503-740-9871 or mickey965@q.com.

SPONSORSHIP
If you would like to sponsor the Beach School Benefit Auction, contact Sarah Cloud at 503-307-5578 or sarah@hevanet.com

Beach School • 1710 N. Humboldt Street • Portland, Oregon 97217 • 503-916-6236
www.beachauction.org

Operation Paperback: Recycled Reading For Our Troops

by Warren Cassell
warrencassell@wcassell.com

Many of us disagree about the validity of the United States' participation in the Iraq and Afghanistan wars, both conflicts having split our nation asunder during the past seven years. In different ways, the chasm has been cause for concern for those of us on all sides of the political spectrum. However, contrary to this pugnacious taking of sides, there has been almost universal American approval and support for our troops whose lives are always at stake. (For a stunning account, see the new Sebastian Junger book, "War." This is a real eye-opener, no matter where one stands politically.)

As an expression of lending support to our troops I have become an official volunteer with a non-partisan organization called, "**Operation Paperback.**" It is run by a grass roots group of volunteers whose current primary mission is to send gently used books to our troops in the Middle East. OP has been doing this good work for the past ten years and with the help of thousands of volunteers like me, has shipped over a million books overseas. I have already sent several cases of books to individuals per their requests which I obtained from OP. In addition, I am in the process of rounding up several hundred books destined for three libraries being set up for military personnel who just recently arrived at their bases in Iraq and Afghanistan.

Unfortunately, I don't have an endless supply of books in my own library to meet all of the troops' needs and am asking you, my Overlook neighbors, for your help in providing books and/or

Following are samples of the feedback from Operation Paperback recipients; for me, they were quite moving:

"I would like to thank all those who have sent Books to myself and the 809 ERHS personnel. Each delivery is met with a smile and hands waiting to find the book that will take them to another place. The books have traveled throughout Afghanistan. Thanks again for all your support."
By: Mary S (Afghanistan), Left on 07/30/2010

"I would like to thank all of you for sending the various books and comics for our reading pleasure. A deployment can be mentally very taxing but it's always a pleasure to escape into a good book. "
By: Edgar E (Afghanistan), Left on 08/25/2010

"Dear Janet, Thank you so much for the books. Being stationed on a remote Base, we don't have a lot of diversions, and your books are a welcome relief. Please convey our gratitude to all the Operation Paperback volunteers. We really appreciate your support! "
By: Douglas L. MAJ (Middle East), Left on 08/22/2010

donating cash to cover the considerable cost of postage.

If you would like to help, please send an email to me with "Operation Paperback" as the subject line. Provide your telephone number, approximate quantity of gently used books and the names of the three largest genres* you will be contributing. If you have questions, let's use email as a means of talking for now. Eventually, depending upon the response I get from the neighborhood, I will give you a call to work out details and answer any additional questions. The cost for shipping books runs from thirty to sixty cents each, even at the lowest possible media mail rate. I would love to be able to cover the cost of postage, but Midas I'm not. If you would like to donate for this purpose, let me know. Your contributions will be tax deductible.



What I will do: after receiving and sorting your gifts of gently used books, I will obtain a list of individuals and units requesting books, pack them according to genre preference of the recipient(s), label each book as part of Operation Paperback, fill in customs forms (yes, even to APO's) and then make a beeline to the post office. I really felt gratified on my first trip to the post office with a carton of books destined for one of our troops.

So this is my pitch for a really good cause. I hope you can help me in this effort to support our men and women who are much at risk in service to our country.

*Genres by preference with Action/Adventure requested the most and Women's Fiction the least.

"I would like to thank you very much for the recent shipment of books I received. I was able to place them in our small library we have in our DFAC. The soldiers here that like to read are very thankful for you supplying us with some sort of relief. Thank you again for your support. "
By: Corina R. (Overseas), Left on 08/22/2010

"I am writing to thank you again for all of your outstanding support. All of the Soldiers really do appreciate the books and gifts that your organization has provided. I have truly enjoyed the outpouring of support from your great volunteers. Thanks so much."
By: Tony B. SFC (Iraq), Left on 08/22/2010

Real Estate Recap

Here is a round up of recent real estate sales completed in the past two months in the Overlook neighborhood.

Our thanks to neighbor Dawn Barry-Griffin of Paris Group Realty (503-381-7035) for sourcing this information for us!

Address	SF	Bed/Bath	List Price	Sold Price	Days on Market
4204 N Court	2954	3/3	375,000	370,000	7
1816 N Sumner	798	2/1	165,000	165,000	10
4081 N Overlook Blvd	2856	3/1.1	525,000	515,000	57
4822 N Gay	2456	4/2	359,900	329,000	176
4236 N Castle	2213	3/1.1	399,000	375,000	181



“Soupstainability” New Overlook Group

by Leslee Lewis
OKNA Board Member

Would you like to save money and be more ready to cope with unforeseen challenges? Do you want to explore what sustainability means? Want to enjoy some great soup?

Hi! I’m Leslee Lewis, your new board member and Sustainability Coordinator (I think I have the Environmental hat to wear, too). I’d like to invite all interested neighbors to join me for a soup pot-



luck, a one-hour movie, **The Power Of Community**, and a discussion of sustainability. I hope to form an **Overlook Neighbors for Sustainability** group, and talk about what we want our group to

do – some ideas might be to screen a film series, hold a reading circle, put together a tour of neighbors’ home energy upgrades, schedule a garden tour, form a tool library, etc.

Please come with your ideas about what you’d like the group to do, and also when you’d like the group to meet (what evening and time). If you can’t make this first meeting, please call or email me with your ideas on both topics! (503-282-6054, or email: kgllport@aol.com – and put “Soupstainability” in the subject line)

For this first time, we’ll meet at **Overlook House on Thursday, Oct. 21th at 6pm**. Please bring your favorite soup (and some bread? or salad?), and your own bowls/utensils/beverages/etc.

10/10/10 is the worldwide **Day of Action for Climate Change** being organized by 350.org.

My ‘Action’ – we’re going to build a greenhouse out of recycled wood and windows from the Re-building Center has been selected as a Top Cool Event (!) by that organization... isn’t that weird and wonderful?

Other activities include Community Native Planting @ Pittman Addition HydroPark, Styrofoam Collection for Recycling, Neighborhood Car Sharing brainstorm and A Morning of Mindful Trash Pick-Up. See 350.org for details!

My Life With Bees —

by Leslee Lewis
OKNA Board Member



Well, I’m now totally legal! I’d thought I had my bases covered when I talked to the two neighbors I share a property line with and got their enthusiastic responses to my desire to keep bees. But lo and behold, a letter arrived from the county Health Department reporting that a complaint had been made concerning my hive. As it turns out, **a permit is required to keep bees in Multnomah County** (who knew?!), and the application requires getting all the neighbors within 150 feet of the hive to ‘sign off’ on it. Well. Off I went to my immediate neighbors (“I haven’t noticed more bees around than before...”) and then ventured up the front steps of neighbors a bit farther up the block. It was great to meet them, and I’m happy to say that everyone supported my apiary ambitions: I now have my very own “Specified Animal Facility Permit” for the keeping of bees. Always good to stay on the right side of the law!

Greenacres: parks, open spaces & other green things

Overlook Park Updates

by Sue Glenn, Portland Parks N/E Zone Services Manager and Cynthia Sulaski, OKNA Board Member

Overlook Park was well served by Portland Parks & Recreation Rangers this summer. The ranger teams made 90 visits to Overlook Park and spent over 70 hours responding to calls for service, educating park users, rendering assistance and removing camps in the park. During the winter months the numbers of ranger teams are reduced and their availability is limited since they are covering all parks and natural areas throughout the City of Portland. General ranger assistance can be provided by contacting the PP&R ranger headquarters at 503-823-1637. If you see unlawful activity, please call the Portland Police Bureau’s non-emergency number (503-823-3333) for assistance.

This fall, the Bureau of Environmental Services will be contracting out sewer line repairs at Overlook Park. The sewer line was damaged by a root ball and has been repaired with a temporary fix. The more permanent solution will require excavation to install a new line slipped inside of the existing sewer line. The estimated construction time line will be in November. During that time period, **the off-leash dog area will be relocated** to the northwest corner of the park. Portland Parks will post signs two weeks in advance of the construction and fencing will block off the two excavation sites during the repair.



Portland Parks and Recreation was required to decommission all wading pools citywide due to new state health regulations. The current budget environment does not allow for the deconstruction of the existing wading pool structures. A study was completed to analyze wading pool replacements with interactive splash pads. ICURAC funding has brought several splash pads to North and Northeast Portland; Columbia Park, Kenton Park, Northgate Park, and Peninsula Park. The next splash pad will be constructed at Farragut Park. Portland Parks and the ICURAC Parks Committee will be exploring options for replacing the wading pool at Overlook Park. The next priority for a splash pad is in St Johns where there is an active summer and free lunch program.

Local Nonprofit Gives Free Healthy Home Check-Ups!

While most of us have heard of the environmental movement to keep our skies blue and our water clear, you may not have heard of those fighting to keep our indoor environment clean. The Josiah Hill III Clinic (JHC) wants to make sure your home is healthy place to live. Americans spend approximately 90% of their time indoors where the air is 2-5 times more polluted than the air we breathe in the great outdoors. Everyday cleaning supplies can be surprisingly toxic, harmless-seeming mold and mildew can trigger asthma and allergies, and the invisible presence of lead can severely affect the development of children.

Thanks to funding from the Environmental Protection Agency, JHC now offers free Healthy Home Check-Ups to North and Northeast Portland families with small children. During the one-hour Healthy Home Check-Up, a friendly volunteer or

Its Time to Order Trees!

by Garrett Phillips and Erika Reiber
Overlook Planting Coordinators

Hey Everyone! If you want to purchase heavily discounted trees for your yard or your sidewalk planting strip, the deadline for signing up is **December 20th**. Registrations are rolling in and it looks like record numbers of Portland residents have already signed up; they must be on to something! Actually they are — the website www.FriendsOfTrees.org. As outlined in the last edition of *Overlook Views*, here is a breakdown of what you would do to order trees:

1. Walk around your property, and think about where you might like to have a tree.
2. Visit the Friends of Trees website and register. (<https://friendsoftrees.org/order-street-and-yard-trees>). You don’t actually buy them until weeks later so you haven’t committed to anything yet.
3. After getting the results of your inspection from the Portland Urban Forestry Division (Friends of Trees takes care of the entire permitting process), go back to the website and purchase your steeply discounted tree(s). There is a secure ordering form and pricing guide.
4. Help plant your tree and your neighbors’ trees on January 29th at our event, or help out in one of many other great ways...

Every year dozens of Overlook residents come out to plant the trees at our event, and some more come out to help out in



other essential ways. This year is no different, so anybody who wants to use their pickup trucks to haul trees and anybody who wants to show off their awesome cooking skills to hungry volunteers should definitely contact us about volunteering on January 29th.

To learn more about what you can do with your neighbors to get trees in the ground, give us a call (503-422-5070) or send us an email (Overlook@PlantItPortland.org).

staff member will visit your home and assesses potential hazards, such as asthma, allergy, and migraine triggers; lead exposure from paint and other sources; mold and mildew; and toxic chemicals linked to adverse health outcomes. Once hazards are identified, JHC provides consultation on exposure elimination and provides helpful resources and household supplies to assist you in improving the health of your home.

For more information about Josiah Hill III Clinic’s programs for improving child health and well-being or to sign up for a Healthy Home Check-Up, contact Amanda Lawrence at Amanda@jhilclinic.org, 503-802-7389, or visit www.jhilclinic.org.

Thanks to Alan DeLaTorre for sharing this with us!



Should we know?
Email Michelle with
your neighborhood info:
views@OverlookNeighborhood.org

by Charity Chesnek
Beach Fundraising Committee

\$35,000 for arts enrichment and after school programs. That's the goal for the 2011 Beach School Auction, an annual event that is always widely supported by our neighbors and community.

Beach School is the pre-K through 8th grade Portland Public school serving Overlook and the annual Auction is their single biggest fundraiser. The 2010 Auction brought in over \$32,000 - in part, these funds have been used to create a robust after school program. The number of after school offerings have more than tripled and include diverse offerings in music, dance, sport and art. As in the past, the funds are used to help all of the students, including those most at risk.

Now is the time to come together to support our neighborhood school and ensure the best possible education for our community's children. We've enjoyed generous support from past donors like The Lucky Lab, Frank's 76 and Atomic Pizza; won't you join them this year with a donation of an auction item or cash? The Beach Auction not only raises much-needed funds but fosters a sense of community among our families and community members.

You can work side by side with us toward this important goal by making a donation, attending the auction and its festive dinner party or both!

Mark your calendars now for Saturday, February 26 at The Madeleine Parish Hall. The ticket price includes admission to the auction, appetizers, dinner and live entertainment. Please contact Kelly Carlsmith for donations, information and tickets at 503-335-0209 or gkujath@comcast.net.

Open Meadow Career Connections Training

is looking for motivated Portlanders 18-24 years old who want to start careers.

Start with a challenging 6 week training:

- Opportunities to increase confidence, motivation, & hope
- Networking with local professionals & exploring career options
- Learning résumé writing and interview skills that will get you noticed
- Identifying your strengths, skills & passions

Followed by: access to exclusive internships & three years of career support and job placement

Fall Training:

November 8-December 17, 2010

Monday-Friday 9am-3pm

- downtown Portland and North Portland

*income qualifications apply, this program serves low-income Portland residents

**Orientations are required:
October 13, 20, or 27.**

More info on this free program:
www.openmeadow.org/open/meadow/schools/C155/

To apply, contact Lee Ann Lawrence,
leeann@openmeadow.org, 503-488-5181.

Welcome Back, Students!

Assistant Principal Kris Meyer is sharing the writing of Beach School's students with us again this year, and we're so pleased to be able to listen in on our community's students. This issue brings us the fresh work of Stephanie MacDonald's 3rd/4th grade class and their 'partner poetry' project, where students use writing and drawing to describe a classmate. Enjoy!



Leni

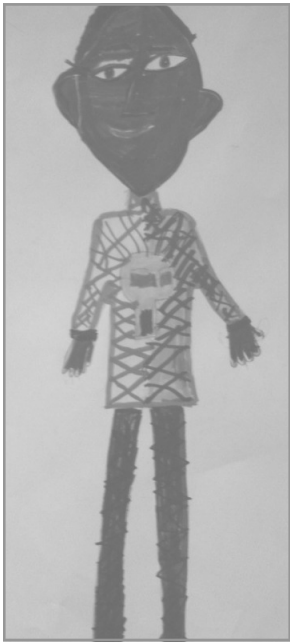
By Sean

Leni loves the way orange Jello giggles in her mouth.
BG plays video games all night long.
Big Kitty Cat Moo is a sun shining yellow like never before.
Monkey is a white whale roaring through the Pacific Ocean.
Leni is a slugbug driving to Vegas for the summer.
Leni is a Ferrari soaring and zooming to New Jersey.

Unique Seven

By Payton

Seven is the red in the American flag.
Seven is a lizard climbing in a tree.
Seven is an airplane speeding to California wasting no time at all.
Seven is a unique cheesy pizza sitting in the oven.
Seven is a basketball soaring through the air.
Seven is a Frisbee headed for his dog, Chico.
Seven is himself, enjoying himself at a party.
Sevino for short, Seven for long.

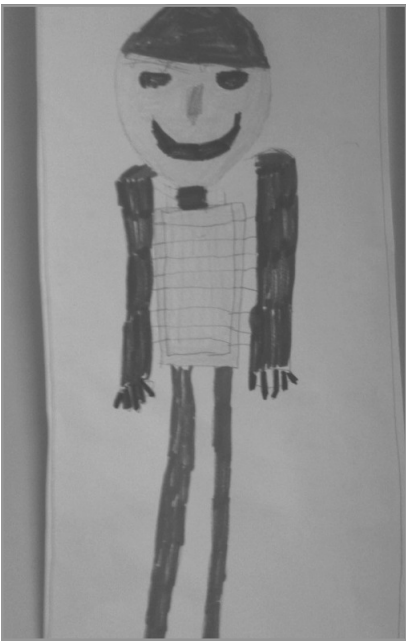


Ethan

By Gearicen

Ethan is a black and white cat scratching his owner. He is apples to apples, not the eating kind.

He's like fresh mac n' cheese out of the oven. He is Bark King the famous writer who is George Clooney's hero.



Bella's Poem

By Shamirah

Bella is a bowl of Izzy's as they call her that.
Bella is a neon orange like the tigers. Bella is as green as the pretty grass. Bella is a pink pretty pig. Bella is a Komodo dragon flying in the air. Bella is a volleyball flying across the net. Bella is a dog wagging her tail waiting for food. Bella is a guinea pig squeaking to get out of the cage. Bella is a cat purring.
Bella is a bowl of gnocchi on my plate. Bella is a hot piece of lasagna. Bella is a bowl of spaghetti. Bella and Bob are going to Italy, Paris and Coos Bay.

Anna

By Ellen

Anna is a bike riding up to Antarctica.
Anna is a penguin catching its food.
Anna is a soccer ball being kicked by its players.
Anna is an airplane flying to Hawaii.
Anna is a rabbit eating its food.
Anna is a fish swimming up and down.
Anna is an ear of corn being munched.
Anna is a strong happy girl.



Jefferson and Ockley Green Students:

We'd love to hear from you, too. Please contact us with your news!

views@overlookneighborhood.org



Surf to OverlookNeighborhood.org & sign up for the weekly email list!

Swan Island is an industrial section of town on the Willamette River in North Portland. At the Vigor Industrial shipyards they've used bikes to get around since WWII.

BikePortland.org Editor Jonathan Maus visited Overlook and snapped some great photos to show you the 'other' bikers in town. See these photos and more in color on the web. Thank you, Jonathan, for sharing with us.



Swan Island

Bikes at the Vigor Industrial ship yard
These images ©BikePortland



PSU Students Practice Building “Bottle Houses” in Overlook recycling puts trash to work

Overlook resident Alan DeLaTorre is an instructor for a Portland State University study-abroad program that takes between 10-15 students to Nicaragua each year to work with communities to improve the lives of older adults. The program, which has been ongoing since 2004, works with both undergraduate and graduate students on projects that focus on public health, community development, and other aging-related disciplines. One of the project teams for the 2010 program focused their efforts on constructing a small home for an older woman; her previous home had burned down, and the woman was living in a makeshift shelter constructed of tree branches and plastic sheeting.

The replacement home was to use traditional Nicaraguan building practices – a concrete and reinforced steel foundation, along with a galvanized steel roof – to create a skeleton that would then have walls constructed from 1.5 liter plastic bottles filled with dry, inorganic garbage. Poultry wire would encase the bottles, and then coats of cement were to be applied as the final layer for the walls. The students gathered in Overlook to practice building a model house

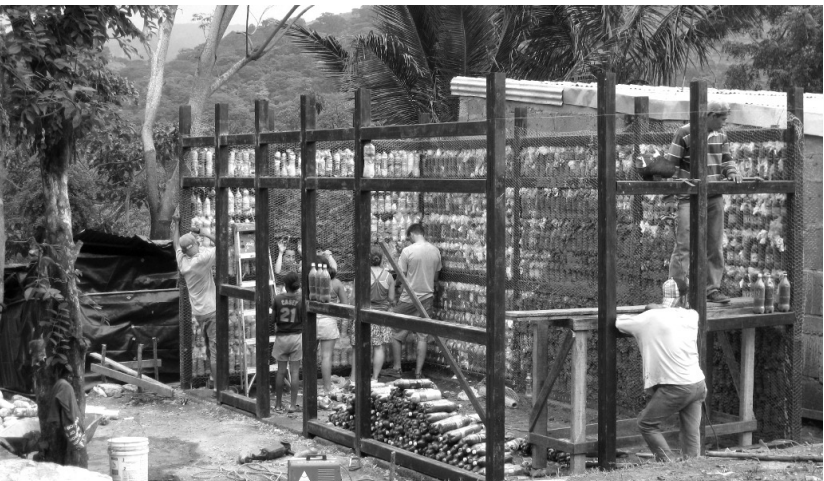


The Bottle House practice shed in Overlook
photo Alan DeLaTorre

– which will is now being used as a shed by the instructor – which prepared them for the actual work in Nicaragua which took place in late June.

Ultimately, the bottle house was estimated to have cost more than a home constructed using traditional building techniques. Nonetheless, several important outcomes were noted. First, the community in Nicaragua was surprised by the proposed materials for the house, as using recycled materials, including garbage, had not been considered a viable means for building a house. Thus, valuable education regarding environmental stewardship and recycling and reuse was provided. Second, the involvement of community members in the project was viewed as a great success. People of all ages participated. The effort seemed to create a new energy in the community,

and a desire for similar future projects has been expressed. Miles away from the project site, students and faculty were peppered by questions from peo-



The Bottle House under construction in Nicaragua
photo Alan DeLaTorre

Ride Connection’s Ride Together Program

Transportation for Elders
Includes Options



Ride Connection is seen as the center of the wheel that moves throughout our communities, offering essential transportation in a coordinated, collaborative, stable and reliable manner, keeping older adults and people with disabilities independent and mobile.

Ride Connection is recruiting volunteer drivers to serve in your neighborhood and beyond. The volunteer driver’s role is to provide necessary transportation services to older adults and people with disabilities in the tri-county area who are unable to drive and access public transportation for various needs, often for life-sustaining purposes. Volunteer drivers provide transportation in a Ride Connection vehicle or in their own personal vehicle to medical/dental appointments, shopping, volunteering and other personal business. This service enables these individuals to continue to live independent, quality lives. Last year over 370,000 rides were provided to customers through Ride Connection and its partner agencies.

The Ride Together program was developed under the auspicious of Ride Connection. It is designed to empower potential riders by having them recruit their own volunteer drivers. The drivers may be reimbursed for the costs incurred for mileage. Drivers will go through the Ride Connection approval process before they will be qualified for mileage reimbursement. They must also take classes pertaining to driving. This service is available to older adults and people with disabilities within Clackamas, Multnomah and Washington Counties.

Those individuals who have an interest in becoming a customer (rider) through this program may learn more by calling the Ride Connection Service Center at 503.226.0700. Customers are to refer their volunteer driver to Ride Connection by first giving them a driver packet. Drivers may include friends, neighbors, church members, or organizational volunteers who have driven for five years or more. To become a volunteer driver for this program please call Trink Easterday at 503.528.1738.

ple in other communities about whether they were the “ones working on the bottle house,” and these individuals seemed to be excited about new possibilities for the use of recyclables. Finally, an older woman without adequate shelter was provided with housing that made a marked improvement in her life. Her community, with the students, had worked to enhance her life.

For more information about the program, contact Alan at aland@pdx.edu

Notice

Starting in 2011, Overlook Views will be delivered four times per year, instead of six. Watch for our seasonal issues to appear quarterly, still packed with all the Overlook news that’s fit to print.

For your fix between issues, please visit the website www.OverlookNeighborhood.org



Picnic Recap

August's annual OKNA 'Picnic' at Pause Kitchen & Bar on N Interstate was a boomer... the largest turnout yet for this informal, organized way for us to all get together and visit, connect and enjoy summer in Overlook.

Special thanks this year go to our hosts at Pause; owners Mike and Cap and their stellar staff. Our dinner selection was robust, delicious and filling! And even when supplies ran low, no one knew because the kitchen whizzes were whipping up fresh batches of salads, sliders and restocking the ice cream.

Adding to the fun, OKNA Board member Kent Hoddick generously and secretly donated \$100 worth of Pause gift certificates and handed them out to surprised and happy neighbors as they checked in at the door. **Thank you, Kent!**

We are always looking for helpers to contribute to our neighborhood picnics.

If you've got some ideas for next August, it's never too early to let us know what you've got in mind!



Mike and Cap of Pause Kitchen & Bar

Last of the Summer Wine?

by David Chott
Overlook Neighbor

Summer brings abundance to our tables. Enterprising households use canning to preserve a taste of summer for the colder months. Little did I know a favorite taste of fall can be preserved in summer too.

June before last, a man knocked on my door and asked if he could have some walnuts from my tree. I was confused, since they don't ripen until October. Then he explained he needed green walnuts to make a French liqueur called vin de noix. And, that he'd give me a bottle. I readily agreed! Some months later he delivered an ambrosia made using red wine, green walnuts, neutral spirits, spices, and sugar. It resembled a marriage of tawny port and essence of walnut, and was very popular at my holiday party!

Fast forward to early this July, when three friends and I picked walnuts from the tree and gathered on my patio to make walnut liqueur. This was my second year making it, and they all wanted in after tasting some last winter. I had made three batches of vin de noix, each from a different recipe — but also an Italian liqueur called nocino, which dispenses with the wine. They adored the nocino, and that's what they were here to make.

So we quartered the green walnuts, still in their husks, and mixed them with vodka or grain alcohol. Throw in a vanilla bean, some cloves, some cinnamon stick. Maybe some fresh citrus zest. Maybe some star anise. No two recipes agree on which spices or how much, but it is hard to go wrong.

Then you wait a month or more, agitating the jars from time to time. Eventually, you strain out the liquid from the solids and add sugar before bottling and aging the liqueur. It starts out bitter, and takes on an almost black color from the compounds in the walnuts that stain your fingers (and can be used to stain wood). Over time, the bitterness mellows and the flavors mix into something extraordinary. If you want to make your own, search the internet for recipes. The pity is you'll have to wait until next June or July though, because now the shells on the nuts have hardened inside the husks.

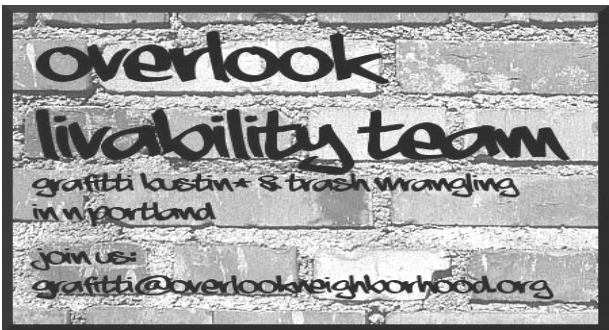
Back to my patio, we admired our assembled jars of this year's vin de noix and nocino while sipping some of last year's. I brought out walnuts from fall's harvest, and as we talked and cracked the nuts, we compared the perfection of the nut in its pure form to the perfection of the nut transformed and elevated in spirits.

Find an article with a recipe from The Oregonian here:
http://www.oregonlive.com/hg/index.ssf/2010/05/vern_nelson.html

Know Your Neighborhood
Building Community & Strengthening Readiness Among Neighbors

Host your own KYM meeting:

Stephanie Reynolds, Crime Prevention Program Manager
503-823-2030
stephanie.reynolds@portlandoregon.gov



Greetings Overlook Neighbors!

Your neighborhood graffiti busters have been hard at work cleaning up Overlook and keeping our graffiti and trash under control. I wanted to say a special thank you and great job to Beach Elementary School for removing large tags on three separate occasions just prior to the start of the school year so it was graffiti-free for opening day.

The Overlook Livability Team or OLT as we call it, has continued to do monthly and spot cleanings of our four areas covering Interstate from Ainsworth to Kaiser, Killingsworth from Interstate to Greeley, the Failing Street pedestrian overpass, and **our amazing pole painters Jon and Elizabeth**. We have been averaging about 15 volunteers and meet on the first Sundays of each month, unless there is a holiday we adjust. If you see OLT members out and about cleaning and picking up trash, please stop and say hi and thank them for their time and efforts!

Speaking of volunteers, **December marks our one year anniversary** of the formation of the OLT. This is a first of a kind graffiti / trash volunteer program that meets on a monthly basis for both Overlook and for the City of Portland! While we currently have some 30 trained volunteers and average 15-20 each month, we need more Overlook residents to help share the work and also adopt new areas of our neighborhood not currently serviced by OLT teams.

We will be holding a special December cleaning event followed by a fun social gathering at Atomic Pizza on **Sunday, December 5th**. We will be starting at 1pm and returning to Atomic at 4pm for pizza and refreshment, a group picture, and to celebrate a full year of dedicated volunteer clean ups for Overlook.

While we are going strong, we need more volunteers and also a new team leader (I'm stepping down but will still be on the team). So please come on by if you are interested on December the 5th and meet the team and find out how to join.

THANK YOU as always to our OLT team members!!

Crime Prevention Coordinator Mark Wells
8134 N Denver in Kenton
503.823.4098
Mark.Wells@portlandoregon.gov
Monday – Thursday

Neighbors Organize for Safety Patrols

Overlook Livability Team Update

updates from Mark Wells, your Crime Prevention Coordinator

Overlook Residents Step Up for Beach School Safety

In late September, I had the privilege of meeting and working with a dedicated group of Overlook residents, Beach school parents, and concerned citizens to start a Community Foot Patrol to focus on keeping Beach Elementary School safe and clean.

Beach has seen its fair share of graffiti and vandalism and occasional criminal activity and these residents contacted me to see what we could do. As of the writing of this article, a group of about 10 neighbors have been trained and will be participating in a Foot Patrol. Like your standard Neighborhood Watch, this group went through formal training and will be working closely with our North Precinct Police Officers, Crime Prevention, and Beach School staff to regularly patrol the school groups at various times and days of the week and help keep an extra set of eyes on the school and it's property.

Foot Patrol members are 100 percent Non-Confrontational and never put their safety in jeopardy. The Foot Patrol contacts the Police Precinct prior to every Patrol letting our Overlook patrol Officers know they are out and about. If and when suspicious activity is observed, they call the police or make the appropriate reports after their Patrol. Members wear clear, identifying clothing allowing responding Police to easily recognize them and also provide a visual deterrent to criminal elements in the area that trained neighbors are looking out for their community.

The Beach School Foot Patrol will initially focus on the school, but as time and hopefully the number of members grow, they may expand their Patrol area to include more areas in Overlook. Please contact me if you have any interest in joining this Foot Patrol or starting one of your own. A HUGE thank you to all the members who attending our initial training and to Beach School for their partnership in this project. We're hopeful this volunteer group will reduce crime in the area and keep Beach the safe and vibrant school it is.

Overlook Neighborhood Emergency Team
NET Team Leader Gayle Vrla

503.289.7158 –or- vrla@comcast.net

OVERLOOK ESSENTIALS

October 2010						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18 Overlook House •Yoga •Knitting & Crochet •Mindfulness Meditation	19 OKNA General Meeting 7-9pm Kaiser Town Hall	20 Overlook House •Yoga	21 Overlook House •Story Lady 10am •“Soupstainability” 1st meeting 6pm. See Page 4.	22	23 Overlook House •Tai Chi Chih
24 Is this your year to volunteer for the OKNA board? Committees are forming now.	25 Overlook House •Yoga •Knitting & Crochet •Mindfulness Meditation	26 Register now with Friends of Trees to get in on this year's planting! See Page 4.	27 •Yoga at O House PSAC: 7-8:30pm Life Fellowship Church, 3935 N Lombard * special location	28 Overlook House •Story Lady 10am	29	30

November 2010						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 31 Halloween! Come to the Overlook House-see Page 2	1 Overlook House •Yoga •Knitting & Crochet •Mindfulness Meditation	2 OKNA Board Meeting 7-9pm Overlook House	3 Overlook House •Yoga NET Team Meeting Contact Gayle Vrla vrla@comcast.net	4 Overlook House •Story Lady 10am	5	6 Daylight Savings ends tonight. Spring Forward, Fall Back.
7	8 Overlook House •Yoga •Knitting & Crochet •Mindfulness Meditation	9	10 Overlook House •Yoga	11 Overlook House •Story Lady 10am Veterans Day	12	13
14 Have you visited the new OKNA website? It's raining today, a good day to surf.	15 Overlook House •Yoga •Knitting & Crochet •Mindfulness Meditation	16 OKNA General Meeting 7-9pm Kaiser Town Hall	17 Overlook House •Yoga PSAC: 7-8:30pm Kenton Firehouse	18 Overlook House •Story Lady 10am	19 Register now with Friends of Trees to get in on this year's planting! See Page 4.	20 Overlook House •Tai Chi Chih
21	22 Overlook House •Yoga •Knitting & Crochet •Mindfulness Meditation	23	24 Overlook House •Yoga	25 Thanksgiving Day	26	27 Hope you saved some room for the OKNA Holiday Potluck Dinner too. See Page 1.
28 Consider having a Healthy Home Checkup. See Page 4.	29 Overlook House •Yoga •Knitting & Crochet •Mindfulness Meditation	30	December 1 Overlook House •Yoga NET Team Meeting Contact Gayle Vrla vrla@comcast.net	December 2 Hanukkah Starts Overlook House •Story Lady 10am	December 3	December 4 Beach School Auction tickets make a great gift! See Page 5.

Be sure to double check for Overlook House schedule for holiday season changes.

December 2010						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 Team Livability meets for 1-year Anniversary! See Page 7	6	7 OKNA Board Meeting 7-9pm Overlook House	8 Overlook House •Yoga NET Team Meeting Contact Gayle Vrla vrla@comcast.net	9 Overlook House •Story Lady 10am	10 OKNA Holiday Potluck Dinner Party! 6-8pm See Page 1 for details!	11 Newsletter Delivery positions available. Please see Page 3.
12 Santa visits the Overlook House! 11-1 See Page 2.	13 Overlook House •Yoga •Knitting & Crochet •Mindfulness Meditation	14	15 Overlook House •Yoga	16 Overlook House •Story Lady 10am	17 Deadline approaches for registering for Friends of Trees planting. See Page 4.	18
19	20 Overlook House •Yoga •Knitting & Crochet •Mindfulness Meditation	21 Winter Solstice No OKNA meeting tonight	22 Overlook House •Yoga	23 Overlook House •Story Lady 10am	24 Christmas Eve	25 Christmas Day
26 Kwanzaa Starts	27 Overlook House •Yoga •Knitting & Crochet •Mindfulness Meditation	28	29 Overlook House •Yoga PSAC: Call Mark Wells for details. See Page 7	30	31 New Year's Eve	Happy New Year! 2011

Where to go? Who to call?

OKNA Board Meetings
1st Tuesday Monthly 7- 9pm
Overlook House
3839 N Melrose Drive

OKNA General Meetings
3rd Tuesday Monthly 7- 9pm - Join us!
Kaiser Town Hall
Corner of Interstate and Overlook Blvd

Your Crime Prevention Coordinator
Mark Wells: 503.823.4098

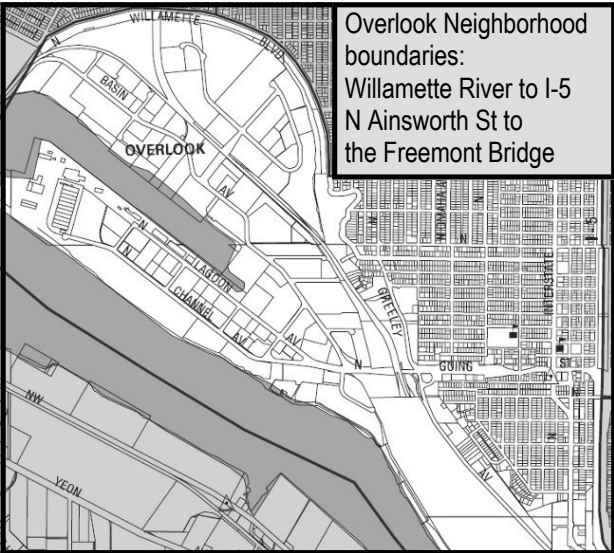
Police Non-emergency: Report it!
503.823.3333

Your Neighborhood Police Officer:
Steven.Jacquot@portlandoregon.gov

Graffiti Hotline, 503.823.4824
email graffiti@overlookneighborhood.org

Abandoned Auto 24hr Hotline
503.823.7309

Metro Recycling Information
503.234.3000
www.metro-region.org



Stay Connected!

For weekly emails about more time-sensitive items, visit www.OverlookNeighborhood.org, enter your email address in the Yahoo! box and join our mailing list. Emails go out once per week.

Overlook Neighborhood Association
2209 N. Schofield Street
Portland OR 97217
info@OverlookNeighborhood.org

Chair@OverlookNeighborhood.org reaches the Board Chair, or you may leave a message at North Portland Neighborhood Services: 503.823.4524

2009/2010 Chairs (rotating): Matt Scoggin, David Chott, **Kent Hoddick**, Clare Matthias

Treasurer: Kent Hoddick
Newsletter: Michelle Thompson
views@OverlookNeighborhood.org

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Warren Cassell, Charity Chesnek, David Chott, Carol Cushman, Lenny Anderson, Dawn Barry-Griffin, Jessica Coolidge, Alan DeLaTorre, Trink Easterday, Sue Glenn, Steve Lanigan, Leslee Lewis, Jonathan Maus, Garrett Phillips, Erika Reiber, Catherine Reynolds, Cynthia Sulaski and Beach Students: Ellen, Gearicen, Payton, Sean, Shamirah

Contribute your photos, letters, articles and information: views@OverlookNeighborhood.org