



Overlook Views

your neighborhood newsletter

Vol 6 No 5

January/February 2010

Overlook Neighborhood Association, Portland Oregon
www.OverlookNeighborhood.org

OKNA Holiday Party: Join Us For Merriment!

The time is nigh for the annual
OKNA Holiday Potluck Party!

Our traditional midwinter potluck dinner is scheduled for **Tuesday, December 15, 6:00pm-8pm** in lieu of our monthly General Meeting.

The OKNA supplies drinks, silverware, plates, and napkins.
You should bring a potluck dish of your



choice, everything is welcome. Please bring a serving spoon if your dish needs one.

The **Mad Scientists** will be there to entertain one and all with their brand of educational fun (read more about them on Page 2), and in keeping with an annual tradition for the OKNA Holiday Potluck we'll have door prize drawings, with prizes generously donated by Overlook businesses. This year, we're grateful for a terrific selection of

gifts for the lucky winners in attendance!

Each business has donated one or more fun and timely gifts for the holiday season. Make sure you're there to throw your hat in the ring and maybe be one of the lucky winners! Perhaps you'll take home something fun for yourself, or a gift certificate that would make a great gift for someone on your holiday list.

DOOR PRIZE DONORS

Atomic Pizza — 2150 N. Killingsworth

Edge Performance Fitness — 1502 N. Ainsworth

Naked Sheep Knit Shop — 2142 N. Killingsworth

*** Gratitude All Year ***

by Michelle Thompson
Overlook Views Coordinator

Composing Overlook Views takes a lot of living in the future; the OKNA Board publishes this newsletter 6 times per year with volunteer labor. Since we all have regular jobs and other commitments, this long lead time makes for a strange time-warp. To stay timely, I procrastinate, I mean, purposely delay, creating my own submissions but this issue, the timing was perfect. I'm writing in the run up to **ThanksGiving**, and recently I've been thinking about how thankful I am for a particular group of people who participate in our neighborhood association:

The Overlook Views Delivery Team.

By the time you're reading this paper, it's been:

★ Carted in from our printer in Gresham — **Thank you, Community Newspapers**, and Don Atwell!

★ Delivered to our tireless super-volunteer Alan Cranna, who, with early-rising Delivery Co-Captain Carol Cushman, divides and counts out manageable stacks of papers.

★ Distributed to dozens of locations, complete with route maps and checklists so no Overlooker is missed.

Thank you, Alan and Carol!

★ Finally, taken door to door in the largest volunteer team project OKNA contributes! These folks beat the streets, going to every house, business and apartment building in Overlook, leaving a copy of the paper for each.

I am especially grateful for their contribution at this time of year, when the skies are grey, the temperatures low, and the ground wet.

★ You folks are my heroes; **THANK YOU!** ★

By now you're wondering how *you* can get in on this great gig and become a delivery team member; terrific! We always need substitute team members or extra hands on deck. Please contact us soon at
Views@OverlookNeighborhood.org



Extra-special recognition for our
2009 Overlook Views Delivery Team!

As this is often a family affair, please extend our gratitude to everyone in your home who participates!

- | | |
|---------------------|---------------------|
| ★ Amy Altenberger | ★ Jim Heiman |
| ★ Mattie Davis | ★ Beth Horine |
| ★ Kathryn Beamer | ★ Jay Hunt |
| ★ Jeff Berebitsky | ★ Deborah Kalapsa |
| ★ Jeff Berrier | ★ David Klosterman |
| ★ Nancy Bishop | ★ Jerry Lindsay |
| ★ Molly Brady | ★ Steve Marsh |
| ★ Carl Brenden | ★ Mike & Kathy |
| ★ Barbara Brooks | Murphy |
| ★ Maggie Byrkit | ★ Courtney Olive |
| ★ Valeria Campbell | ★ Debbie Omev |
| ★ David Chott | ★ Christine Quigley |
| ★ Pat Collins | ★ Mark Schuford |
| ★ Diane Green | ★ Mathew Scoggin |
| ★ Dan Haneckow | ★ Aaron Smirl |
| ★ Adelle Harris | ★ George Spaulding |
| ★ Jane Finch-Howell | ★ Christy Zabo |

Thanks to Atomic Pizza, Edge Fitness and Naked Sheep Knit Shop for adding to the fun!

The Holiday Potluck is at **Trillium Charter School** 5420 N. Interstate Ave. from 6:00pm-8pm. See you there!

Overlook Views encourages submissions from our neighbors; the following item came to us for this issue. We applaud the thought and effort!

Letter to Overlook Neighbors

November 13, 2009

Dear Neighbors,

Hi, I'm Ben in 5th grade at Arbor School. My friends and I are doing a project on bottled water. We did a double blind taste test with Aquafina, Dasani, Arbor tap water, Portland tap water, and Evian. Portland tap water won! Dasani came in second. Our conclusion is that local water tastes better because of less time sitting around in the plastic bottle. (Dasani comes from the Willamette river.) Sometimes a chemical called BPA leaches out of plastic and into the water. Evian comes from France so maybe it tasted the worst because it had farthest to travel.

One thing we have learned about is the high transportation costs with bottled water. We learned that a lot of energy is put into bottled water. In 2007 32-54 million barrels of oil was used to produce the amount of bottled water consumed in the U.S. That's 2,000 times more than tap water. It is used for making the plastic bottles and for transporting them.

Evian comes from France. That is 5,138 miles away. Aquafina comes from Harrisburg, Pennsylvania. That is 2,762 miles away. Dasani comes from the Willamette, which is much closer, but making the plastic bottles still takes oil.

Right now Oregon requires a 5 cent bottle bill. In 2005, before the bottle bill, Oregon recycled 32.6%. We do not know the answers after because the bottle bill hasn't been happening for very long, but my guess is that it will not be as high as Michigan. I was wondering if you could help us raise it to 10 cents like Michigan's bottle bill. They recycle about 95% of their water bottles. Anyway bottled water costs 500 times more than tap. So everyone who drinks bottled water should try tap for a day.

Sincerely,
Ben K-H, Overlook Neighbor

You can read the latest developments and all the background about the Oregon Bottle Bill online at: www.deq.state.or.us/lq/sw/bottlebill

Your stories, letters and photos are always welcome at:
Views@OverlookNeighborhood.org

BEACH SCHOOL
ESCUELA BEACH

2010 BENEFIT AUCTION

Madeleine Hall • February 27, 2010
3123 NE 24th Avenue • Portland, Oregon 97212
5:00pm Silent Auction • 7:00pm Dinner

DONATIONS
Beach School is looking for donations of goods, services and/or art to be auctioned off at this year's Benefit Auction. Please contact Charity Chesnek at 503-997-1372 or cchesnek@gmail.com

TICKETS
\$35 per person if purchased prior to the auction, or \$45 at the door. Tickets can be purchased through the school office at 503-916-6236, or by contacting Pam Lyons at 503-481-9138.

SPONSORSHIP
If you would like to sponsor the Beach School Benefit Auction, contact Sarah Cloud at 503-307-5578 or sarah@hevanet.com

Beach School • 1710 N. Humboldt Street • Portland, Oregon 97217 • 503-916-6236

Business in Overlook

Neighborhood businesses are part of what makes living in Overlook so wonderful. Take a moment to find out what they have to offer...

Stop by **The Naked Sheep Knit Shop** for some unique holiday shopping. We have gift items for the knitters, and not-yet-knitters, in your life! We're here to help! 2142 N Killingsworth 503.283.2004

Visit **AlexSandra's Vintage Emporium** and see the quality and often union-made vintage clothing and accessories that predate 1968. **Mention OKNA for \$5 off your next purchase of \$20 or more.** 6726 N Interstate www.alexsandras.com

Home "to-dos" on your holiday list? Don't wait for the elves to show up! **Arciform** offers maintenance & home repair services! Craftsmen available NOW! **Schedule by 1/31/10 - receive FIRST HOUR FREE!** (\$65 value) 503.493.7344

Catch the **Krakow Café** vibe and enjoy the exotic European accents of Ivana and Basia as they prepare ethnic & American cuisine. Basia serves **plum and strawberry crepes** learned at her Babushka's knee. Ivana also dishes free metaphysical advice. 3990 N. l'state. 503.954.2200.

Sabi Vintage Home & Garden (Killingsworth) moved to neighboring St. Johns @ 8402 N. Lombard. Come visit from now until the end of February 2010 for a **20% discount (mention Overlook)**. 503.719.6176 or www.sabiandfriends.blogspot.com

Art & Sole - Comfort Footwear: we also have hand-made knit hats, gloves and scarves AND do minor shoe repair. The exclusive dealer of the **ever-popular "nopo" t-shirts!** Tue — Fri 10-6 and Sat 12-5. Call 285.SHOE.

MiHO Izakaya features a dizzying array of traditional Japanese food. "A place people go at the end of the day to drink, eat, and **say bad things about the boss**". Wed—Sun 4pm- Midnight. 4057 N. Interstate.

Copy Pilot: Your Mom & Poppy - Ship & Copy. Overlook residents Michelle and David Schleiger are independent owners and operators. Copy Pilot offers full service Copy and Digital Printing, Faxing, and Shipping. 5215 N Lombard **www.copypilot.com**

What's happening in your Overlook business? Please join our email list to speak directly to your neighbors and customers!
views@OverlookNeighborhood.org

Food Cart Craze Comes to Overlook

by Clare Matthias
OKNA Board Member

The growing prevalence of food carts around Portland is a trend that is getting a lot of ink the local press lately. Many of you may have already seen or tried out the new food cart court that recently opened at the corner of N. Skidmore and N. Mis-

Mad Science Makes a New Home in Overlook

by Clare Matthias
OKNA Board Member

Making children's science education fun and imaginative is no experiment for Mad Science of Portland and Vancouver. It's been their specialty for more than 13 years, serving the area with their unique brand of engaging and educational live programs and activities through school and community groups, as well as summer camps.



Until recently, Mad Science operated from a site at 10th and Burnside, but have recently relocated to Overlook, calling their new location at the corner of Ainsworth and Interstate home to their interactive laboratory and classroom.

Mad Science offers school-based After School Enrichment classes, In-class Field Trips to local schools, Special Events (such as assemblies) and also Summer Camps, Scout Group events and private birthday parties. The business is a local franchise of an international science enrichment and entertainment provider for school-aged children.



issippi. Now, Overlook is getting its own food cart development.

Slated for opening on December 1, the North Station food cart court is situated at the corner of N. Killingsworth and N. Greeley, at the location of the long-vacant, empty lot just west of Sagittarius. Once full, the site will host 13 outdoor food cart trailers, one indoor food retail space, indoor restrooms, and an outdoor seating area. The existing building on site is being renovated as an indoor seating area for customers to use during cold and rainy days/evenings. An on-site ATM will also be available.

Confirmed Food Cart tenants include Starchy & Husk, and Brother Bob's Roving Bakery. The Jacobsen Real Estate Group who are developing the cart court say they have many applications coming in daily from other interested vendors. For information about the cart development, or renting a cart site, contact Steve Bae at The Jacobsen Group: Steve@jacobsengroup.com or 503-675-3925.

Owner Sue Theissen said that their Portland/Vancouver local branch has just recently won the Franchise of the Year Award for the Mad Science global network, the second time they have earned this worldwide honor. The first time came in 1997 after they had been open just 13 months.

For those interested in a peek under the curtain, Mad Science will host an Open House at their new location (1522 N. Ainsworth) on Saturday, December 12 from 10am to 4pm. All are welcome to come and check out the Mad Science laboratory and join in the fun with some high-energy, hands-on family friendly science experiments and demonstrations at Make & Take Activity Booths and Science Discovery Stations. If you miss the Open House, look for the Mad Scientists at the OKNA Holi-

day Potluck Dinner on Tuesday, December 15, where they are bringing entertainment for all.



More information about Mad Science is available by calling 503-230-8040 or by visiting www.madscience.org/portland.

Mad Science is a member of the National Science Teachers Association (NSTA) and the American Association for the Advancement of Science (AAAS).



What a Fun Year with Instructor, Debi Davidson & the Bean Sprout Class!

Overlook parents and their children would like to give Debi a HUGE HUG for bringing this multi-faceted children's hourly program to the Overlook House. It has been full of fun & creative activities ended daily with story time captivating the smallest of imaginations! Debi, we appreciate your energy, enthusiasm and positive interaction with our most precious residents - the children of the Overlook area.



Submitted by Carol D. Padden
Overlook Resident

Parent & Infant Program

This revived program has taken off again! Parents with infants meet on Monday afternoons to communicate with each other about their feelings, insights and questions. Parent-to-parent mentoring is an enormous help to individuals and strengthens our community. Share the joy of parenting with others!

Mondays: 12:00-1:00pm
Age group: Infant - 18 months
Free, in the carpeted living room

Do you want to be notified about Children's Events at the Overlook House?

In addition to newsletter notices, email notifications are occasionally sent out about specific events. If you want to be informed about these events, please email: catherinereynolds@comcast.net with your name, email address & optional mail address/phone number.

See the entire Overlook House schedule posted at www.HistoricOverlookHouse.org

Investing 101: Your Investor IQ Starts With the Basics

Don't let fear of the unknown prevent you from investing in your future. Getting started can be easier than you think if you understand the basics. Whether you are new to investing or need a refresher, join Dave Trabucco for his free **Foundations of Investing seminar** to learn more about:

- The key features of bonds, stocks and mutual funds
- The importance of asset allocation
- The impact of inflation on your long-term goals

When it comes to investing, there's no better place to start than with the basics.

Call today to reserve space for yourself and a guest at this free educational seminar — Dave Trabucco, Financial Advisor: 503-247-7374

Monday, January 4th, 2010
Time: 6:30 pm - 8:00 pm
Overlook House Living Room

Focus on Fixed Income Bonds

Taking an interest in bonds may help provide interest for your future.

Learn how fixed-income investments may make sense for you. This free educational seminar discusses how owning investments that may provide you with a regular income can be a smart decision.

Attend Dave Trabucco's free seminar to learn about:

- Bond characteristics & features
- The relationship between interest rates and bond prices
- Tax advantages of municipal bonds
- How bonds may help you weather fluctuating markets

Call today to reserve space for yourself and a guest — Dave Trabucco, Financial Advisor: 503-247-7374

Saturday, January 30, 2010
10:00 am—11:30 am
Overlook House Living Room

Neighbors Act to Save Trees

Dutch Elm Disease and Black Walnut Decline in North Portland

by Karl Dawson
City Nature Outreach, Portland Parks & Recreation

This summer, five elm trees were diagnosed with Dutch Elm Disease on the North Omaha Park Blocks in Arbor Lodge Neighborhood. These trees were immediately removed to prevent the spread of Dutch Elm Disease. DED spreads to adjoining trees through root grafts, and by the Elm bark beetle, so we could see Elms in the Overlook Neighborhood succumb to DED this summer. Currently there is no cure for an elm that has been diagnosed with Dutch Elm Disease. But there are preventive measures that can be taken to reduce its spread. These include: pruning out dead wood (where the beetle can live), properly disposing of elm wood by grinding it up, not pruning elms during the summer when the elm bark beetle is active, and treating healthy trees with a fungicide to prevent infection.

Treating Dutch Elm Disease with fungicide is done every three years and can cost upwards of 300 dollars, depending on the size of the tree. For 15 years the Ladd's Edition neighborhood in SE Portland has been treating their American Elms with Alamo fungicide with great success. To coordinate the inoculation of elms neighbors have created the non-profit **Save Our Elms** which, through its affiliate program, works with other neighbors to stop the spread of Dutch Elm Disease. To learn more about Save Our Elms go to www.saveourems.org or info@saveourems.org.



Overlook Park Walnut Tree photo by Karl Dawson

Coming Soon! Interstate Farmers Market Fundraiser Event :

The Interstate Farmers Market will host its first-ever fundraising event on a date to be determined in March 2010. This family-friendly event is tentatively slated for March, before the start of the Market season, and will involve partaking in some kind of delicious food for all who attend. Watch the *Overlook Views* and/or your neighborhood association emails for more details to come.

Urban Wildlife

by Michelle Thompson
Overlook Views

One of the best things about living in Overlook is the easy access we have to Downtown and all the urban amenities Portland has to offer. But something you may not think about every day is the easy access we have to nature, and the wildlife that comes with it.

Recently, we received an email from a neighbor who commutes down N Greeley who 'd had a startling encounter. "This morning I witnessed a deer running along Greeley near Adidas America HQ, on the side opposite from the river (ie on the bluff

Dutch Elm Disease is not the only worry for our urban trees. Black Walnuts trees (*Juglans nigra*) are also in decline. For the past 10 years there has been a mystery disease that has been killing mature Black Walnuts in the Northwest. Currently it is unnamed and simply called **Black Walnut Decline**. Studied by J.W. Pscheidt and Dave Shaw at Oregon State University Dept. of Botany and Plant Pathology, the disease's origins are elusive but it



Neighbors come together to replant North Omaha Park Blocks with Oregon White Oaks, Accolate Elms and Big Leaf Maples.

photo by Karl Dawson

symptoms are obvious. Over the span of four years (or sooner) a Black Walnut will go from healthy to dead. Starting from the tips the tree will lose its leaves or not develop them at all and very quickly whole sides of the trees will be dead. Both of these diseases could have a devastating effect on Overlook Park which has two very prominent Walnuts just north of Fremont Streets and a beloved elm tree in the center of the park. As of now the elm is looking fine but the same can not be said of the Walnuts; they were showing signs of decline this summer and Portland Parks & Recreation will be keeping a close eye on them next summer.

For more information on Portland Trees contact Portland Parks & Recreation City Nature at 503-823-4489 or trees@ci.portland.or.us or Overlook's very own Tree Steward Cynthia Sulaski at csulaski@comcast.net if interested in preventing DED or tree planting.



Coyote analogs stalking Canada geese on Swan Island
photo & tip by Josh Armstrong

side)." This isn't the first time he'd seen deer in the area, but this time, the doe looked panicked and our neighbor was afraid she would get hit by a car or cause an accident. He also wondered, just how can a deer survive in the middle of the city?

For answers, we contacted Oregon Department of Fish & Wildlife, and asked them to investigate our doe. Tonya Moore, the Wildlife Biologist who checked the situation for us says that deer are amazingly adaptable creatures and have learned to 'make a living' alongside human environments. "Urban deer" can get alarmed or confused if they wander into a new area, but they generally work it

Mark Your 2010 Calendar Now!

By Cynthia Sulaski
OKNA Board Member

Helping neighbors plant trees in Overlook is one of the traditions we've established in the last 11 years. It's a fun way to get some exercise, meet new people, and help build a legacy for generations to come.

Join us on **Saturday, January 30th**, at Kaiser Town Hall on Interstate Avenue. As we did last year, we'll partner with our neighbors to the north—Arbor Lodge. Arrive at 8:30 to sign up for a planting crew, register for raffle prizes (coupons and other goodies from local businesses) and enjoy coffee and breakfast munchies. After planting, you'll be invited to join us for a delicious lunch back at Kaiser.



photo from Darcy Cronin

If you have children, bring them along. They'll enjoy the experience of getting dirty for all the right reasons! Email me if you have any questions at csulaski@comcast.net.

Friends of Failing Pedestrian Bridge

More Friends are needed to keep OKNA's commitment to sharing responsibility for the Failing Street Pedestrian Bridge across I-5. Members regularly keep it clean/litter-free, remove graffiti and stay in touch with ODOT for maintenance issues. If you use this bridge to reach the Mississippi District and/or are interested in participating, please contact Cynthia Sulaski at csulaski@comcast.net



Should we know?
Email Michelle with
your neighborhood info:
views@OverlookNeighborhood.org

out on their own. Usually only if the deer is trapped with no way out on their own, does ODFW consider capture and relocation. Deer are pretty sensitive, and could die from the capture drugs, or run into traffic after being darted. ODFW decided to leave the Overlook Black Tailed doe where she is, and she seems to have wandered away to denser grounds. Yes, we wondered too, if this is the same deer that was spotted earlier this year in the streets just east of the Adidas campus...

In an item better suited for News of the Weird, neighbor Josh Armstrong sent me a photo of fake coyotes that he spotted on Swan Island. After checking with our Swan Island, Parks, and BES contacts and a little web searching, it turns out that these are legitimate bird-repelling devices used by airports and gold courses. I'm thinking one would make a fun addition to my front garden, but I don't want to scare my birds away!

Portland Bureau of Environmental Services has done extensive expensive landscaping around the new trail by the Big Pump Station and they're using the coyote statues to scare geese and crows away until the plants and grass are established. Good thing they're not permanent — they're a little terrifying looking!

We've written about the real coyotes before, and Tonya has shared some good information with us for next issue of the newsletter. Our local coyotes are likely tucked up in their dens for the winter now, but if you have an urban wildlife story to share, please write to me at Views@OverlookNeighborhood.org

Overlook Kids Are Writing!

by Beach School Students & Michelle Thompson

The Beach School students and teachers are again sharing their writing skills with us at Overlook Views. We hope you are enjoying their prose as much as we are.

Recently, 6th - 8th Science Teacher Kristi

Burnham gave her classes the following assignment:

Imagine that you are living a long time ago. You might transport yourself to the Coast of North America, the mountains of Nepal, the African Savanna, a Pacific island, or anyplace else, but



Try to visualize Earth, animals, plants, the sky, the Sun, the Moon and stars in this imaginary world of long ago. Modern science and "conventional knowledge" of the universe are still far off in the future. Make up a myth that explains something about the Moon - its origin, appearance, or behavior. Write a myth that tells a story. Here is one submission...

The Battle of Alina & Zaphon

by Ada

Have you ever wondered why the Moon revolves around the Earth? What ever happened to it that makes it continue to circle around the earth for thousands of years? The true story of why is slowly fading, because the truth is only known by the descendants of an ancient Greek family. I am one of the last members of the family, and I know the truth.

Long ago, there were two children. Well, now they're more like legends. They were brother and sister. Her name was Alina and his name was Zaphon. They were both incredibly athletically gifted and were both blessed with magical powers assigned to them by the planet and space gods. Alina was always very competitive and could not stand the thought of losing or being anything less than the best.

Zaphon was also competitive, but fair. He was happy that he could play football (which is now known as soccer) well. He would be happy for the other person if they won, but tried his best when playing. They were both amazingly talented and had played in many different competitions, all in which Alina had won. Zaphon's space and planet power was the Moon, so he played best at night, while Alina's power was the Sun, so she played best in the daytime.

One day, while Alina was practicing her kickball, one of her teammates came up to her and said, "Do you really think you are the best player out there?" "Why of course I am!" Alina said to him. "I have never lost a game in my life!"



"But you are only so powerful because of your powers from the sun. Your brother is getting better and better; I wouldn't be so cocky if I was you. Consider yourself lucky," he replied. "I don't need luck. I know that I am the best there is," she said with a smirk. "Then prove it," he said. "I challenge you to play against your brother tomorrow night." "No problem! I will win for sure." "AFTER sunset..." he added.

Alina said nothing. After standing there for a few seconds, she walked away in silence. Alina went to bed, worried about the game. "What am I going to do?" she thought to herself. "Get a hold of yourself, Alina! You are the best player there is," she told herself. Her confidence was slowly turning into being self-absorbed. "You're the best. No one can beat you. You can do this. You will win!" She went to bed with a smile, prepared and excited for the challenge.

The next day when she woke up, she went up in the sky to talk to the Sun. "I heard you have another

competition tomorrow," said the Sun. "Indeed I do. But this one is at night!" The Sun looked surprised. "Night? I don't think that is a very good idea, Alina." "Why not? I am the best there is!" she said with a confident tone. "You are indeed the best, but only during the day. I will give you all the help I can, but I cannot help you during the night. You may lose." "Lose?!" Alina said in shock. "Ha!" "Good luck," said the Sun.

"I don't need luck. I know that I am the best there is. I can win no matter what! Just watch me!" And with that, she went back down to the Earth.

As soon as nightfall came, Alina walked out to the playing field, where everyone else was already waiting. "Are you ready, Brother?" she said intimidatingly to Zaphon. "I am ready, but don't be upset if you lose." "I will win!!" she said angrily, and kicked the ball hard, starting the game. The ball flew into Zaphon's side. It went fast, but he quickly lunged at it and threw his foot forward, sending it flying back to his sister's side. Things were getting hard, but she was ready. After her brother had kicked the ball back, Alina looked surprised; she had never seen her brother play so well before. She ran over to the ball and kicked it with all her might, which apparently wasn't much; the ball flew to the side and out of bounds, losing her a point. Alina was appalled. Her eyes narrowed and she crouched forward. She was **not** about to lose. Zaphon kicked the ball with extreme force and speed back to her side. She lunged in front of the goal as fast as she could, but she was a few seconds too early and the ball flew above her and into her goal, making Zaphon the winner. The crowd cheered for the new champion. Alina seethed with anger. Her face grew red with fury. She was in shock, she didn't know how anyone but her could have won! "All because of his stupid Moon powers....!" she thought. Then, with all the anger she could find, she went up to the Moon and kicked it so incredibly hard that it was sent flying around the Earth.

To this day, the Moon continues to spin around, forever a reminder of Alina's anger from her loss. *fin*

Beach 2nd Graders were contacted by NASA employees and asked to participate in a mission to the moon. Students were asked to write up the bio of their future self/character to describe themselves to the space experts.

If they are good enough for NASA, watch out Portland! We have some talented kids ready to explore....

NASA MISSION BIO

by Essence

My name is Captain Essence. Captain Essence is 19 years old. Captain Essence is a singer. Captain Essence goes to PCC. Captain Essence likes to go to the mall, swimming and going to Oaks Park with her friends.

NASA MISSION BIO

by Ariel

Hi, my name is Captain Rex. I am 30 years old, and I am born in Mexico. My job is at NASA but I still go to the US Army. NASA gave me a mission to the moon. I have 7 siblings. For fun, I get my jet pack and fly, and my place in NASA is a pilot.

NASA MISSION BIO

by Anna

Hi, my name is Lisa. I come from Texas. Now I live in Portland. I am 27 years old. My job now is a moon walker. I used to work on our farm with my dad for 3 years. I have five siblings, three brothers and a pair of twin sisters. For fun, I go horseback riding with my 20-year old sisters. Back in Texas, my horse's name is Cash.

Surf to OverlookNeighborhood.org & sign up for the email list!



Should we know?
Email Michelle with
your school or
neighborhood info:
views@overlookneighborhood.org

Open Meadow Career Connections Healthcare Pathway

We are looking for motivated Portlanders 18-24 years old who want to begin careers in Healthcare

Start with a challenging 5-week training:

- Opportunities to increase confidence, motivation, & hope
- Networking with local professionals & exploring career options
- Learning résumé writing and interview skills that will get your noticed
- Identifying your strengths, skills & passions

Followed by: access to **exclusive internships & two years** of career support and job placement

**Winter Training: January 4-February 5
Monday-Friday 9am-3pm
Downtown Portland**

*income qualifications apply, this program serves low-income Portland residents

More info about this free program:
www.openmeadow.org/open/meadow/schools/C155/
To apply, contact Lee Ann Lawrence at 503-488-5181 or leeann@openmeadow.org.



Crime Prevention Update

by Mark Wells
Crime Prevention Coordinator

Overlook has experienced a significant increase in car break-ins and there have been reports of residential burglaries as well. I am experiencing the same increase in similar crimes in all of my other assigned neighborhoods.

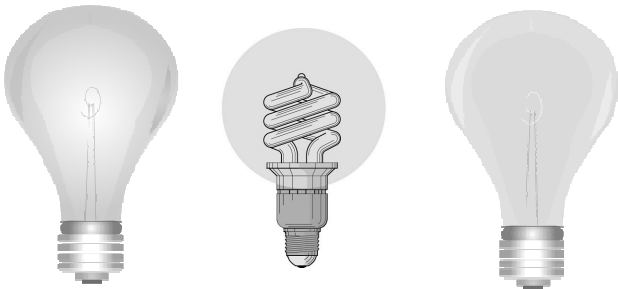
Please ensure you remove all valuable items from your car and lock your doors. Many of the victims I spoke with left valuable items in plain view and even left their car unlocked. These are simple crimes of opportunity. Also lock all your doors and windows of your residence at night and anytime you are not home. CALL THE POLICE IF YOU SEE ANYONE SUSPICIOUS AROUND YOUR HOME OR NEIGHBORHOOD. Use the non-emergency number **503-823-3333** and call 911 if you are witnessing a crime in progress.

We are starting the first of a kind “**Livability Team**” in Overlook and hold the first training on December 13. I am very excited about this project and have almost 20 volunteers already who are ready to start removing graffiti and trash and helping to keep our neighborhoods safe.

The next **PSAC** meeting is December 16th. We will resume the normal schedule in January (the fourth Wednesday of each month).

With the continued decline in the economy, we should anticipate a continued increase in property crimes. Overlook continues to be a very safe area and luckily we have not seen a dramatic increase in violent crimes. Please be extra vigilant, **look out for your fellow neighbors**, and report all crime. It is more important than ever as we start into what will be another very difficult budget year.

Please don’t hesitate to call me **503-823-4098** or e-mail me at mark.wells@ci.portland.or.us if I can be of any assistance and have a Happy and Safe Holiday Season and New Year.



Turn your porch lights on!

The dark and dreary days are upon us, and once the twinkly lights come down in the new year, it will be even darker. Light up your block and make your street safer by leaving your porch and side lights on, leaving fewer shadows for creeps to hide in.

Public safety officers say this is a form of CPTED (Crime Prevention Through Environmental Design), and statistics say that houses with lights turned on are much less likely to be burglarized. Even more, cars and garages are less likely to be broken into.

Keeping the front porch light on at night is a great way to reduce the chance of crime occurring at your home. The cost is minimal compared to the security it offers.

Don't just do it yourself - talk to your neighbors too! Light up the whole street at night, and keep it safe for you and your neighborhood.

Help Keep Overlook Clean and Safe — Join a Livability Team today

What is a Livability Team?
These are groups of local residents and business owner volunteers who adopt a section of roadway or an area in their neighborhood and routinely provide graffiti documentation, reporting, and removal, general trash pickup, and report suspicious or criminal activity to law enforcement. It’s a mix of an “Adopt a Highway” and “Neighborhood Watch” program focusing on a very specific area that is important to residents.

Why form or join a Livability Team?
City and County resources are stretched to a breaking point due to the recession and large cuts to operating budgets. Residents and business owners need to get involved and volunteer their efforts in a coordinated and organized way to reduce property crimes such as graffiti and keep our streets and neighborhoods looking clean and vibrant.

What is involved in joining a Team?
Livability teams must have at least one group leader and members must be willing to commit to the team for at least one year. Initial and recurrent



training is provided by your local Crime Prevention Coordinator and you will learn how to properly document and report graffiti along with ways to safely remove graffiti. You will also learn how to work with your local police officers to report problems and concerns and act as a second set of eyes for our police.

How often do I have to volunteer?
Livability Teams meet once a month on the day or evening of their choosing. The key to reducing property crimes such as graffiti is routine and consistent removal of graffiti and reporting problem locations quickly. Depending on the size of the assigned area, the day may last only a few hours or all day. Teams have great flexibility on where and when they work. The key to these Teams is being organized, following directions and procedures, and making a firm commitment to keeping their neighborhoods clean and safe. Teams are issued a basic supplies to remove graffiti and safely collect trash.

I pay my taxes, shouldn’t the City do this already?
Yes and No.....technically the City is required to removed graffiti on City-owned property just like you and I are on our own property; however, budget cuts have left only a handful of City employees tasked with the removal of graffiti and general maintenance. By organizing and partnering with the City, individuals and groups of residents can reduce criminal activity by keeping their neighborhoods clean and working closely with their police and crime prevention staff.

How do I get started?
Call City of Portland Crime Prevention Coordinator Mark Wells at 503-823-4098 or email at: mark.wells@ci.portland.or.us, and he can review the program in more detail and walk you through the process.

The Overlook Livability Team has formed! The first meeting is Sunday, December 13 from 1:00-3:00pm, meeting at Atomic Pizza on N Killingsworth.

Contact Mark to be included in upcoming Team Meetings (food, beer and fun have been promised!). Let’s have a good time looking out for our neighborhood and each other!

Neighborhood Emergency Teams: Would You Help?

by Gayle Vrla
NET 24 Team Leader

If a neighbor needed you, would you help? Probably so. But what if you didn’t know what to do and there was no one nearby who did?

Imagine this.

It’s a Thursday afternoon. You’re home from work that day for some reason other than sickness. Next door to the left lives an 80-year-old woman. Next door on the right lives a family and you know the mom stays at home to care for their 2-year-old twin daughters. At 3:45 pm, **a major earthquake hits**. It shakes so hard you fall to the floor. The rolling makes you feel kind of sick. You huddle up under your dining room table while all your bookcases fall over and everything that was in a cupboard falls to the floor. You realize this earthquake is worse than anything you’ve heard about on the news. You wait for it to be over but it seems to go on forever.

Finally, after several minutes, it’s over. You get up and look around. The power is out. Your carport and garage have collapsed. As you move outside, you hear water running somewhere, you hear someone yelling about the gas line being broken and you hear dogs barking. You see trees down in the street and a fire in the distance. You see devastation all around you. Most immediately, you see that the old woman’s house has moved off the foundation a few feet and that a tree has collapsed a portion of the second story of the family’s house onto the first. You hear the babies crying.

What would you do?



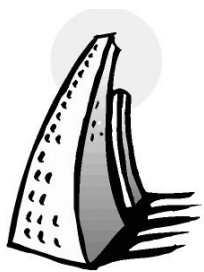
Source: Portland Office of Emergency Management

Would you sit and wait for Portland Fire & Rescue to show up? Or would you realize that you’re on your own because Fire & Rescue is so busy with other major situations they won’t be able to come soon and can’t get to you now anyway because of the downed trees?

If you had taken the **Neighborhood Emergency Training (NET)** offered by the Portland Office of Emergency Management, you would know exactly what to do. You would have the skills and the resources to take care of the emergency situations and you would know where to meet with your other team members to organize rescue operations.

The NET training is offered in the Fall and Spring each year. It is free to anyone from age 14 up who lives or works in Portland. It gives you a feeling of responsibility and security that is obtainable from few other activities.

story continues on Page 6



On the Grow!

Bike Boulevard Includes Overlook Streets

by Tomoko Kanai
Overlook Neighbor

Sharing a road between cars and bikes is challenging. Nobody wants to get involved in an accident, but when it happens, cyclists are usually the ones who get hurt. With Portland witnessing an increase in bicycle ridership, why not improve our streets so that people can drive and bike more safely and comfortably together? While Denver Ave. and parts of Interstate Ave. have bike lanes, another tool to do that is a bike boulevard.

The city of Portland is proposing a bike boulevard on Concord Ave. from Interstate Ave. in Kenton to Overlook Park, which will connect the Overlook, Arbor Lodge and Kenton neighborhoods. What does that mean to us?

Disaster Response: Be Self-Sufficient

Continued from Page 5

Last year during the major snowfall, some of our NET team with 4-wheel drives rescued Tri-Met drivers who had been stuck in their buses all day. NET members are assisting now with H1N1 vaccination clinics.

The earthquake scenario described above is *not* just a possibility used to describe the value of the NET training. Type “Cascadia Subduction Zone Earthquake” into Google to learn about these earthquakes that have hit the Pacific coast from BC to northern California many times.

We know about these earthquakes from geologic evidence and the stories passed from generation to generation by Native Americans. We know from Japanese records that *the last one hit at 9:00 pm on January 26, 1700*. We now know that they occur every 300 to 350 years so we’re overdue.

Please heed well the following words said by an Oregon geologist recently:

It is not a question of *if* this earthquake will hit this area but *when*.

There is a very good possibility that your house will never have a fire. But you have smoke alarms in your house, don’t you? You should also prepare for this earthquake.

The 2010 Spring training begins in March. Go to www.pdxprepared.net to make an inquiry about the training.

You are welcome to join our team meetings (even before you train). They are held the first Wednesday in every month at 7:00 pm at Eddie’s Flat Iron Pizza at 1218 N Killingsworth St. You can also contact me at 503-289-7158 or vrla@comcast.net.

Gayle Vrla: NET 24 Team Leader
(Overlook, Boise, Humboldt neighborhoods)

Are we going to see more high-speed cyclists? The answer is probably yes, but I expect that we will also see more kids biking to school.

A bike boulevard is a shared road system designed to give priority to cyclists. A shared road allows the roadway to be shared by cars and bicycles, unlike a bike lane where the space for bikes is separate and clearly marked. If a bike boulevard is installed, Concord Ave. will carry slower traffic, with new 17 speed bumps from start to finish. All crossing streets (except major intersections like Lombard and Killingsworth) will have stop signs, which are intended to reduce conflicts at intersections. Crossing at major intersections will be easier with new pedestrian amenities, such as refuge islands that are meant to alert oncoming traffic to slow down due to pedestrians and cyclists. The end result may be slower traffic, but a safer environment for those on foot, on a bike, or in a car.

maps & photos of proposed changes are online



Source: Portland Office of Transportation

Hopefully, more kids at the Beach Elementary School will be encouraged to bike to school because the bike boulevard will provide a safe, direct route to school. On Concord, east of the school (from Humboldt St. to Blandena St.), the road will be converted into one-way street, except for bicycles. More spaces will be added for cyclists by removing the west side parking spaces. Part of the funding for this project will come from the **Safe Routes to School program**, a Portland Bureau of Transportation program. Learn more about the national Safe Routes to School program at www.saferoutesinfo.org

Other bike boulevard projects have been very successful in Portland. Portland’s Bicycle Transportation Alliance is currently advocating for a complete system of boulevards throughout the city as they are considered quieter, prettier, healthier, safe, and more welcoming to those of all ages and riding abilities. Personally, SE Lincoln St., a designated bike boulevard, is **one of my favorite streets to bike on** because I don’t have to worry about cars as much as enjoying my ride.

The main objectives of Overlook’s part of this project are to help to provide a family-friendly route to Overlook Park and connections to safe commuting routes into downtown Portland by helping get bicycles off busy Interstate Avenue.

The project is currently in the final design and permitting stage. At least two meetings have been held for residents on N. Concord Blvd. for feedback and to inform them how their block will be affected. If you are interested in learning more about the project, visit Portland Office of Transportation’s website www.portlandonline.com/transportation/index.cfm?c=50518&m, or contact the project manager, Kyle Chisek at 503-823-7041 or kyle.chisek@ci.portland.or.us.



Source: Portland Office of Transportation

New Electronics Ban Goes Into Effect January 1, 2010

Oregon E-Cycles, Oregon’s free electronics recycling program, will become even more popular when the state’s disposal ban on computers, monitors and televisions goes into effect on January 1, 2010. After that date, **Oregonians must recycle** these electronics – they will no longer be allowed to be disposed of in the garbage or at disposal sites such as landfills, transfer stations and incinerators.

The purpose of the ban isn’t to make it difficult to clean out your stash of electronics, but to require reuse or recycling instead. Reuse and recycling save energy, conserve resources, and reduce greenhouse gas emissions and other environmental impacts. In addition, requiring manufacturers to take responsibility for end-of-life management of their products encourages them to design products with less waste and fewer toxics. Cathode ray tubes found in televisions and computer monitors typically contain about four pounds of lead, while printed circuit boards and batteries in computers contain toxic heavy metals such as cadmium and mercury.

“Ultimately, the goal is to reduce environmental impacts over the life of these electronics and ensure they are safely managed when discarded,” says Kathy Kiwala, Oregon E-Cycles Project Lead.

IMPORTANT INFORMATION!!!

If your garbage or recycling is picked up at the curb:

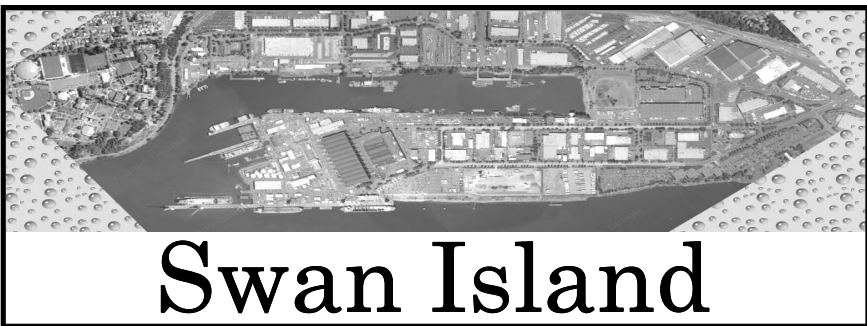
Don’t place computers, monitors and TVs in your trash, recycling bin or at the curb. These items require special handling and cannot be collected via your regular curbside service.

The good news is that even now before the ban takes effect, Oregonians have **free recycling** options near them. The same law that created the ban also created Oregon E-Cycles, a network of collection sites and services that offer free recycling throughout Oregon. Anyone can take up to seven computers, monitors and TVs at a time to participating collection sites and events. Electronics manufacturers finance Oregon E-Cycles and jointly implement the program with the Oregon Department of Environmental Quality.

What’s more, Oregon E-Cycles ensures proper handling and management of the materials collected. All participating recyclers are required by DEQ to follow certain environmentally-sound management practices, including tracking and documenting recycling locations and how the materials were handled until they are reused or processed into commodities such as glass, steel and plastics. This level of due-diligence provides assurance to Oregonians that their discarded electronics are safely reused or recycled and that toxic materials do not harm people or the environment here or abroad.

To find an Oregon E-Cycles location near you, visit www.oregonecycles.org or call 1-800-5-ECYCLE (1-800-532-9253).

If you are a business or nonprofit with more than 10 employees, you may still take your computers, monitors and TVs to an Oregon E-Cycles collection site for recycling, but you may be charged for items over the seven item limit. There are also many other recyclers outside of the Oregon E-Cycles program that can provide recycling services. To find other electronics recyclers near you, go to www.deq.state.or.us/lq/ecycle/consumers/otherrecyclers.htm



Swan Island

Greenway Trail Brings River Access Together

by George Lozovoy, Portland Parks & Recreation and Francie Royce, npGREENWAY

npGREENWAY is an advocacy group promoting a connected multi-use trail; they envision a trail system providing access to and along the Willamette River enveloping the north riverfront from the Steel Bridge in downtown Portland to Cathedral Park near the St. Johns Bridge and extending through Baltimore Woods to Kelley Point Park.

Their goal is to link North Portland neighborhoods with the Willamette River for recreation and access to jobs. This expansion of the Willamette River Greenway will include a network of trails used for activities such as walking, running, cycling, skating, skateboarding, fishing, boating and wildlife viewing. The North Portland Greenway trails will connect with the existing Willamette River trail system serving residents and visitors throughout the region.

npGREENWAY is working collaboratively with community stakeholders to realize this goal.

Please visit www.npgreenway.org for details and a comprehensive look at the Vision Map.

Transportation for Those Who Need it Most



by Lydia Corran
Ride Connection

Not having access to transportation leaves people vulnerable. Transportation is a vital component in helping

older adults and people with disabilities maintain their independence and remain active in their communities. Ride Connection provides essential transportation for all trip purposes, including errands like grocery shopping and banking. In addition, Ride Connection and its partners provide trips to places like local senior centers, offering up a way to combat social isolation.

Ride Connection, a private non-profit organization, provides transportation options, services, and resources for older adults and people with disabilities by coordinating services of over 30 different community partners. Last fiscal year, Ride Connection provided over 370,000 rides to over 10,200 individuals. The services that Ride Connection provides are largely volun-

Ride Connection helps people like Beth.
At the age of 60, a heart attack left Beth fearful of being alone and leaving her home. A counselor suggested using Ride Connection to visit the local senior center. "I didn't want to be there around all those old people," she said with a laugh. Now she's a regular who takes tai chi classes and plays pinochle. Had it not been for Ride Connection, "I'd be put away somewhere," Beth said. "The best thing I did was go off and meet all these people." She especially likes how people ask where she's been if she's gone a few days. "It's nice to be missed."

The **Waud Bluff Trail** is a short connector that provides access from North Willamette Blvd. near the University of Portland to North Basin Avenue on Swan Island. The informal trail down the bluff is in disrepair and it ends at the railroad tracks at the foot of the hill. This project will upgrade the existing path and provide a bridge over the railroad tracks. Even though Swan Island's bikeways, sidewalks, and off-street trails are not currently completed, this upgraded trail will make it much safer to walk or bike to Swan Island businesses, the Willamette Greenway trail, and McCarthy Riverfront Park.

There are great views of the Willamette River and Swan Island from Willamette Blvd. in North Portland. For many years, citizens and trail planners have dreamed of a safe new trail that bridges the railroad tracks and provides a connection to the North Willamette Greenway. Thanks to funding from the Oregon Transportation Enhancement (TE) Program, design and construction of a formal trail, bridge and staircase over the railroad tracks will soon be underway.

For more information contact George Lozovoy at Portland Parks & Recreation 503-823-5595 or pkloz@ci.portland.or.us

Please visit www.portlandonline.com/parks/index.cfm?c=51450 for project information and details of recent Open Houses.

teer based and are no cost to the customer, but donations are gladly accepted. Ride Connection serves individuals over 60 and people with disabilities.

Services are offered between the hours of 8am and 4:30pm, Monday through Friday and include, but are not limited to:

RideWise Travel Training: A program that teaches individuals how to use public transportation and can range from a simple conversation to one-on-one training.

Door-to-Door Service: A driver will pick you up at your preferred location in a vehicle (equipped with a Lift system if necessary) and will drop you at your destination.

Community Shuttles: Fixed-route shuttles often dedicated for grocery trips. There are currently six in the tri-county area.

If you or someone you know would like to use the service, call Ride Connection's service center at 503.226.0700. Once connected, one can register to ride, schedule trips and find out more about services specific to the Overlook Neighborhood.

Daimler Trucks North America: here to stay on Swan Island

Lenny Anderson
Swan Island TMA

At the Waud Bluff Trail open house this week a friend commented..."didn't Freightliner leave?" I have heard this comment too many times, so repeat after me..."Freightliner has NOT left and IS NOT LEAVING Swan Island." But, Freightliner now has a new name: Daimler Trucks North America. Please repeat 10 times!

Daimler Trucks NA is the largest heavy-duty truck manufacturer in North America and a leading producer of medium-duty trucks and specialized commercial vehicles. Headquartered in Portland, Oregon, DTNA manufactures, sells and services several commercial vehicle brands, among them Freightliner Trucks, Western Star Trucks and Thomas Built Buses.

At multiple locations on Swan Island, DTNA designs, builds, tests, and markets products for North America and over 35 international markets outside North America. The newest heavy-duty truck, the Cascadia, was designed in Portland using the new Wind Tunnel which opened in 2004 along the Swan Island La-



The Truck Manufacturing Plant will continue operating at the end of N. Fathom on Swan Island building Freightliner brand trucks for the US military and Western Star brand trucks for the Pacific Rim. One thousand engineers are designing the next generation of heavy-duty trucks along the River at corporate headquarters.

Freightliner/Daimler Trucks Timeline:

- 1942 Leland James founds Freightliner (truck production suspended during WWII)
- 1947 Freightliner truck production resumes with opening of Portland Truck Plant.
- 1952: Freightliner moves to Swan Island
- 1960: 931 trucks built
- 1970: 6,206 trucks built
- 1970's: current headquarters building constructed
- 1981: Freightliner purchased by Daimler-Benz AG, headquartered in Stuttgart, Germany
- 1992 Freightliner becomes leading heavy duty truck manufacturer in North America
- 2004: Wind Tunnel opens on Swan Island
- 2008: Freightliner LLC becomes Daimler Truck North American LLC
- 2009: New president & CEO, Martin Daum takes the helm and settles in Portland.
- DTNA announces that Truck Manufacturing Plant on Swan Island will remain open in Portland producing Freightliner brand trucks for the US military and Western Star brand trucks for the Pacific Rim.
- 2010 & beyond: who knows?



Surf to OverlookNeighborhood.org & sign up for the weekly email list!

OVERLOOK ESSENTIALS

December 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 Overlook House •Holiday Bazaar 9am-3pm	7 Overlook House •Parent/Infant Group •Penny's Puppets •Mindfulness Meditation (upstairs)	8	9 Overlook House •Yoga	10 Overlook House •Bean Sprout Story Hour •Register NOW for T'ai Chi Chih	11	12 Mad Science Open House Event 10am to 4pm 1522 N. Ainsworth
13 Overlook House •Santa Visits! 11am-1pm Livability Team 1-3pm See Pg 5	14 Overlook House •Parent/Infant Group •Penny's Puppets •Mindfulness Meditation (upstairs)	15 OKNA Holiday Potluck Dinner 6-8pm Trillium School	16 Overlook House •Yoga Special Night! PSAC: 7-8:30pm Kenton Firehouse	17 Overlook House •Bean Sprout Story Hour •Register NOW for T'ai Chi Chih	18 Healthcare Career Training Program Starts in January. See Page 4 for Details.	19 Tickets to the Beach Auction make a great gift!
20 Winter School Break Begins this week! Winter Solstice is tomorrow.	21 Overlook House •Parent/Infant Group •Penny's Puppets •Mindfulness Meditation (upstairs)	22	23 Overlook House •Yoga	24 Overlook House •Bean Sprout Story Hour •Register NOW for T'ai Chi Chih	25 Christmas Day	26

January 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 27	December 28 Overlook House •Yoga •Knitting & Crochet •Mindfulness Meditation (upstairs)	December 29	December 30 Overlook House •Yoga PSAC: 7-8:30pm Kenton Firehouse	December 31 Overlook House •NEW T'ai Chi Chih Session is not a drop in class. Register now.	January 1 Happy New Year 2010!	January 2 Tickets to the Beach Auction make a great thank-your host-ess-gift!
3 •Investing 101 Class tomorrow at Overlook House 6:30-8:30pm	4 Overlook House •Penny's Puppets •Knitting & Crochet •Mindfulness Meditation	5 OKNA Board Meeting 7-9pm Overlook House	6 Overlook House •Yoga NET Team Meeting 7pm Eddie's Flat Iron Pizza	7 Overlook House •Bean Sprout Story Hour •NEW T'ai Chi Chih Session Start!	8 New Rules for Electronics Recycling. See Page 6 for more information.	9 npGREENWAY Open House 3pm See Page 7
10	11 Overlook House •Parent/Infant Group •Mindfulness Meditation (upstairs)	12	13 Overlook House •Yoga	14 Overlook House •Bean Sprout Story Hour	15	16
17 Register for NET Training NOW. Starts in March. See Page 5-6	18 Overlook House •Penny's Puppets •Knitting & Crochet •Mindfulness Meditation (upstairs)	19 OKNA General Meeting 7-9pm Kaiser Town Hall	20 Overlook House •Yoga	21 Overlook House •Bean Sprout Story Hour	22	23
24	25 Overlook House •Yoga •Knitting & Crochet •Mindfulness Meditation (upstairs)	26	27 PSAC: 7-8:30pm Kenton Firehouse	28	29 Overlook House •Focus on Fixed Income Class is tomorrow from 10am-11:30am	30 Tree Planting Day! 8:30am Kaiser Town Hall

February 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 31	1 Overlook House •Parent/Infant Group •Penny's Puppets •Mindfulness Meditation (upstairs)	2 OKNA Board Meeting 7-9pm Overlook House	3 Overlook House •Yoga NET Team Meeting 7pm Eddie's Flat Iron Pizza	4 Overlook House •Bean Sprout Story Hour	5	6
4	8 Overlook House •Parent/Infant Group •Yoga •Mindfulness Meditation (upstairs)	9	10 Overlook House •Yoga	11 Overlook House •Bean Sprout Story Hour	12	13 Register for NET Training NOW. Starts in March. See Page 5-6
14 Valentine's Day	15 Overlook House •Parent/Infant Group •Penny's Puppets •Mindfulness Meditation (upstairs)	16 OKNA General Meeting 7-9pm Kaiser Town Hall	17 Overlook House •Yoga	18 Overlook House •Bean Sprout Story Hour	19	20
21	22 Overlook House •Parent/Infant Group •Yoga •Mindfulness Meditation (upstairs)	23	24 Overlook House •Yoga PSAC: 7-8:30pm Kenton Firehouse	25 Overlook House •Bean Sprout Story Hour	26	27 Beach School Benefit Auction 5:00pm Madeleine Hall

Always check times and dates for events around the holidays. Overlook House events are posted at www.HistoricOverlookHouse.org

Where to go? Who to call?

Overlook House
503.823.3188
3839 N. Melrose Drive
www.HistoricOverlookHouse.org
OKNA Board Meetings
1st Tuesday Monthly 7-9pm

Kaiser Town Hall
Corner of Interstate and Overlook Blvd
OKNA General Meetings
3rd Tuesday Monthly 7-9pm
Please join us!

Crime Prevention Coordinator
Mark Wells
503.823.4098

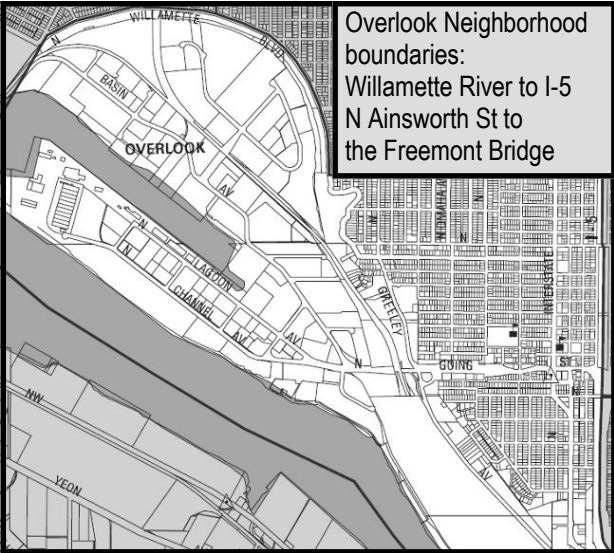
Police Non-emergency
503.823.3333
Report it!

Graffiti Hotline, 503.823.4824
Cell phone photos help!

Abandoned Auto 24hr Hotline
503.823.7309

Metro Recycling Information
503.234.3000
www.metro-region.org

Beach School
www.beach.pps.k12.or.us
503.916.6236



Stay Connected!

For up-to-the-minute reminders about your neighborhood happenings, surf over to www.OverlookNeighborhood.org, enter your email address on the home page and join our mailing list.

Overlook Neighborhood Association
2209 N. Schofield Street
Portland OR 97217
info@OverlookNeighborhood.org

Chair@OverlookNeighborhood.org reaches the Board Chair, or you may leave a message at North Portland Neighborhood Services: 503.823.4524

Newsletter: Michelle Thompson
views@OverlookNeighborhood.org

OVERLOOK VIEWS is published 6 times per year by the Overlook Neighborhood Association (OKNA). This paper is 40% post-consumer waste content; please recycle!

Special thanks to the Overlook Views contributors!

Lenny Anderson, Lydia Corran, Karl Dawson, Ben K-H, Tomoko Kanai, George Lozovoy, Clare Matthias, Carol Padden, Francie Royce, Cynthia Sulaski, Gayle Vrla, Mark Wells and Beach students Ada, Anna, Ariel, and Essence

Contribute your articles and information by email: views@OverlookNeighborhood.org